

YO  
GOTTA'  
GROOVE  
IN

rajneerh  
spontaneous talks





spontaneous talks  
mystic rose gatherings

world tour 2010  
ukraine



ukraine  
kiev  
9 august 2010

## mystic rose gathering

rajneesh enters  
everything becomes still  
sitting in silence with closed eyes  
soft music playing  
the music builds into a rhythm  
rajneesh gets up and we all move into dance  
dance dance dance ...higher and higher to a peak...peaked  
crescendo  
stop  
the music stops  
everything stops  
we sit still in deep total silence

to reach this silence...  
a deep inner stillness...  
as simple as that  
how to become absolutely silent and still...  
this is the whole message  
the mind is always searching outside  
searching for something  
looking for an answer  
seeking the truth  
all moving outside  
all moving away  
it wants to search  
it wants to know  
it wants to be  
it wants to become  
the mind wants to achieve



the inner journey is so utterly simple  
no searching...no wanting...no becoming...nothing  
just the way you are  
exactly the way you are  
not searching and seeking and running for answers  
but dissolving into a deep silence and stillness  
in this deep state you will discover  
that you are already home  
i am not here to teach you anything  
you already know too much  
i am not here to show you anything  
just to indicate to you what you have present within you  
just to remind you that all that you are searching for  
is already silently contained within you

understand what you are carrying within you  
i am not here to add any more rubbish  
you are already carrying too much  
i am here to show you how to move inward  
deeper and deeper into your own inner being  
the inner journey is of utter innocence and simplicity  
stop searching for answers outside  
the outside can only be understood by the mind  
you cannot drink the outside  
but you can live your inner silence  
you can drink your inner being  
and you can drown into your own inner sky  
and that is the finding or rather the disappearing

truth is so simple  
but you have forgotten the language of silence  
you have forgotten how to be still  
how to listen deeply within your inner being

you have lost your inner trust  
you have lost the way to love yourself...to be yourself  
always being somebody else  
living for others...loving others...trusting others...asking others  
completely forgetting your inner master  
this is the way back home  
all it needs is an open heart  
a deep innocence and a silent watching  
i am here to show you what you have  
remember i am not a group leader or a therapist  
it is their business to show you what is wrong with you  
what is missing in you  
i am a mystic  
i am here to show you what is right in you  
what is beautiful in you  
the life that is flowing within you  
you have simply no blocks...nothing whatsoever !  
you do not need to overcome anything  
simply drown and in that drowning  
the secret inner light will simply reveal itself to you

i am a mystic...i only see what is right  
and from your strength i give you more strength  
to grow higher and higher  
use your strength to fly  
use what you have to grow  
i am not interested in anything that you do not have  
these are the shadows...do not fight with your shadows  
if you do not have something let it not be there  
see the infinite life that you have within you  
go deeper into this livingness within you  
spread your love...share your love  
trust your inner silence

i am a very different kind of person  
it will take you some time...  
to get acquainted with my simple innocence  
i know nothing !  
i am not here to teach you anything  
absolutely none whatsoever  
you already have it all within you  
a simple knack  
a simple understanding

there are some people here  
who are mad enough to dance with me  
and you can see them all sitting here smiling  
what are they smiling about ?  
they have gotten out of the trap of learning  
they are beginning to taste the living  
and a great relaxation is happening around them  
and they are simply laughing...it was so easy...

i am not here to philosophise with you  
learn to drink one glass of water with me  
and you have learned the art of drinking  
how to get drunk with the divine...  
how to dance in pure ecstasy...  
and in that ecstasy the showering of the universe is a living experience  
and you are so drunk and fulfilled the mind simply disappears

in fact when you are so drunk you do not know the way anymore  
the search for truth is getting lost and lost  
and getting so lost that the one who went to find the truth  
got lost...he disappeared  
and this new mystery became his home  
he simply drowned into a deep silence  
with nothing left  
no search...no seeker...

simply no one present...  
that empty sky is the universe that you carry within you  
you are not a small human being  
when you dissolve this bodymind and its boundary  
you become one with all that surrounds you  
get drunk...disappear into that innocent beauty that you carry  
if you want to understand that  
then spend some time with me

i do not treat sick people  
you are not sick at all !  
i create more blissfulness in you  
you are carrying it  
just by watching somebody dancing  
something in you triggers  
just drop the mind  
become totally the dance and you will understand

**question** *i wanted to meet you and ask a question...i had many questions  
and i met you and i found answers to my questions...  
i read your book...now i do not need to write my book because it is not  
so important where it is written under the bodhi tree or under some  
other kind of tree...the meaning of this book is one...  
just thank you*

almost twenty years since that explosion of silence...  
the grace of my beloved master osho...  
when my heart opened...the sky opened...  
it made me so shy and silent  
it took me twenty years  
and i am still not able to express that showering...  
in gratitude to my master

and i am grateful to each person who reads it  
i feel grateful that you have absorbed the message  
it is very rare  
the only wish in my book is that it triggers your inner search...  
that it invites you to dance...  
that it inspires you to move in...  
and if you have read that message i am grateful to you  
this is why the book was written !

and do not say you will not write your book  
i will wait for your book !

you need to express yourself...your finding  
and each and every person who expresses themselves and their finding  
creates trust in those seeking the truth

i will wait for your book

do not escape...share your understanding  
it is very easy to hide the truth and run away

when you know the world is going to stone you and beat you and judge you  
you need to come with your compassion  
accept this as part of the journey  
so my beloved friend...do not hide...  
write your book...we are all waiting !

each and every person write in your own way  
just write your book...sing your song...dance your joy...  
celebrate your understanding  
the world needs more celebrants  
more dancers...more lovers and people of silence

silence has become so invisible in the world  
the silent people need to express themselves  
they need to share it...courageously  
we need to share it in any way or form...  
through your painting... through your sculpture...  
through your dance...through your music

we need more and more of such people  
strangely the world is filled with noise  
those people who are used to making noise  
are growing more and more stronger  
and these silent mystics...  
so humbly silent...are being crushed  
and are disappearing from the world

this is why osho triggered so many people  
we need the silent ones to speak  
we need the lovers to express themselves  
we are coming to a new world  
this message is important  
see the beauty and celebrate it

i am grateful that you have read my book  
and it has touched your heart  
it has given me something  
i feel so blessed that it can inspire anybody  
it has done its job !  
thank you my friend  
and i am waiting for your book

**question** *can you tell something about your journey to ukraine ?*

this is my first time here  
i have been travelling for the past three years  
almost every five days i am in a new city  
the last year...in twelve months...i did forty events  
that means i am travelling every seven days to a new place  
a new bed...a new space...new people...  
and i am beginning from abc again



it has been a beautiful and a great learning for me  
how to express myself to people...from different backgrounds...  
different countries...different understandings...all over the world  
every five days to a new city and again i meet new people  
and i have to begin from the very beginning again

it is a beautiful experience  
and you can see i have been travelling continuously for the last three months now  
during all my travels...  
so many beautiful people have the courage and the love to invite me  
it is not easy to invite me  
i am easy but the invitation sometimes creates problems...  
to speak the truth is to remove the vested interests  
of those parasites and bloodsuckers  
who are lying to you all the time

my work is very strange  
it is a work of innocence and love  
and these are the most feared things in the world  
knowledge can fight knowledge  
i have nothing but innocence  
it is dangerous  
because you cannot fight a person who is innocent  
you cannot fight love  
you can hide from love  
but you cannot fight it  
and a person of love and innocence in this world today  
is far more dangerous  
than all the people in power and with vested interests  
    innocence does nothing in itself  
    it simply exposes the lies  
    and the lies will collapse  
    and what is revealed is the truth of your inner beauty

very strange phenomenon  
why people are so afraid of me ?  
i am simply an ordinary person  
but this innocence...silence...and people are afraid

aakash here...he is translating...he said you must come to ukraine  
so i said yes...absolutely yes...i am coming to ukraine  
and i thank you all for such a beautiful and loving welcome  
whenever i go to any place i have only one insistence  
that all my events are to be done in nature...  
near a river...in a forest...the open sky...  
so they have organised a tour of ukraine

we are here to share our love  
it is not a business for me  
i have no needs whatsoever  
all the people who create these events work very hard  
first to invite me then to find nice natural environments for meditation  
and keep the cost affordable for everybody  
we will have a very beautiful tour  
they have managed with great effort  
whosoever can come and be with us  
do not miss the opportunity  
normally they are saying do not miss...  
i am saying do not miss the opportunity...  
hmm ?

i do not know when i can come again  
i have promised people in south america...  
in canada...in australia...in asia...  
i am one man  
not so easy to create these events  
whoever can join...join...

**question** *i spent the last week in a very beautiful place surrounded by mountains and forest...we have been meditating in the day and night also we made some drawings according to the state of meditation and many of us felt very happy...we go to sleep under the sky... under the stars...but the time comes to go back to our places in kiev in this place in kiev our obligations and work and such things are waiting for us...sometimes i understand that i have to play this game because i have no idea how to remain in the forest forever...but i start to lose the state day after day...i become tired... frustrated...i have a headache... no time to have a conversation with my friends...i lost this silence whatever i gained in this forest...what to do with this ? how to take what i gained in forest back to city ?*

every person on the search  
always comes across the same situation...  
how to balance the inner with the outer  
how to balance the inner silence with the outer world...

when we come back to the world  
this is the test of your silence  
i say it clearly  
if your silence is authentic  
if you have come to the state of inner understanding  
then you can go right to the middle of the city  
and that city centre will remind you more of your silence than of noise

there comes a moment in your inner being  
when that silent explosion happens  
you can go underground in the metro  
and all you will feel and hear is the silence within you  
it is a great test  
so do not be frustrated  
it is creating a beautiful contrast for you

on a blackboard you need to write with white chalk  
so enjoy the beauty of the mountains and the rivers and the forest  
and when you come back to the world  
if you are very alert and sensitive  
you will be carrying it silently as an undercurrent within you  
that is why i say continuously  
there is no such thing as meditation being done  
it is meditateness

you can watch my actions and my gestures  
i am in the middle of the market place  
i am walking in the middle of ukraine...in the airports...  
travelling the whole world...in all the noise...  
but something within me  
is so deeply silent  
it moves silently within me  
the silence you have found in the mountains...  
in the rivers...in the forest...  
continuously moves within you  
as a current in the midst of all the noise

i am traveling three years...nothing can touch me  
you can put me in the middle of the market  
my ecstasy will go far deeper  
because the noise will be so much  
and my silence will be so strong...  
the contrast is so great  
it has happened...  
i am walking in the middle of the street in russia...slowly  
the people are stopping...what is wrong with this man ?  
how come this meditateness ?  
i am in the middle of the airport and people are stunned...  
what is going on here ?





they cannot drown your silence  
you can drown their noise ! easy !!  
silence is so powerful  
it is so magnetic  
that all the noise will look foolish in front of it  
wherever i go...i am not defeated by the noise  
they are defeated by my silence

look the other way round  
when you come back to the city express that joy  
feel the silence in your actions...  
move gracefully...  
go to your office and work gracefully...  
bring your meditative presence into your actions  
and all the people will ask you what happened to you  
you just remain silent  
your silence can trigger people

you have to be around me for a little while  
and you will understand  
i will show you how to be in the middle of the market  
carrying something magnetically silent and strong within you  
that is the difference  
and it is not a great difference  
just how to transform your silence into action  
how to move meditatively  
and the greater the contrast the easier for you

when you see many mad people around you  
if you are sane...your sanity will show more  
you see what i am saying ?  
change the emphasis  
do not be afraid of the world  
let the world be afraid of you !  
the world is so unloving...so greedy...so filled with anguish  
you simply look at them innocently

they will be surprised by looking at your eyes  
what kind of person are you ?  
have you seen a baby ?  
all the grown ups are jealous when they look at the face of a child  
he is just giggling...hahahaha  
and even the presidents and the prime ministers  
and the powerful people look at that little child with envy...  
be a mystic and you will understand...everything is possible

**question** *is your state of being a peaceful state of your soul  
or it assumes the point of balance inside you ?  
is it a state of peacefulness or is it a state of balance ?*

nothing is permanent  
there is no perfect balance forever  
perfect balance forever means death  
life is movement  
yes and no...good and bad...  
this movement is constant

the whole world is a lesson in movement  
nothing is constant in me  
i have to find it every moment  
i have to attain to that state every moment  
that is why i am alive  
deepening the balance moment to moment...moment to moment...

there is a certain point where the balance always remains  
as an undercurrent  
you can easily understand...a deepening of balance  
but each time you deepen to a new state  
a new sky opens  
and again you have to find balance

the higher you go and the deeper you go  
at each and every layer...you have to find balance...  
the higher you go the more the balance  
not the other way round  
the higher you go the more balance you need

it is like walking on a tightrope  
the higher you go your skill has to deepen more  
in fact that is a beautiful word...responsibility...  
the higher you go in spiritual growth  
the deeper the balance...the more responsibility  
so it is not constant

constant is only dead  
i am in a flux...moving...  
finding balance every moment makes me alert  
it makes me enjoy the beauty of life

in each moment i need to respond  
and find the deepest sense of balance in that moment  
that has become my way of living  
always alert...  
like walking on a tightrope...  
have you seen me walking ?  
very slowly...  
that is my balance for the moment  
nothing constant

and i am not perfect...i am not stupid !  
i am perfectly imperfect...i am simply human  
i am not a perfectionist  
each moment has its own beauty  
and it need not be perfect  
in how many dimensions will you find perfection ?  
at which level of life will you find perfection ?  
in the material plane ? emotional plane ?  
in your relationships with others ?  
in the spiritual plane ?  
all different levels of human consciousness  
so many layers of understanding...  
things can never be perfect...it is impossible

but you can learn to live in the moment  
accepting everything as it is  
because you are not a perfectionist  
you are simply an ordinary person  
pulsating your life totally the way you are  
people who are perfectionists want to control everything around them  
they want to dominate each and every aspect of their life  
they do not adjust to others...everybody must adjust to them  
the perfectionist wants things perfect  
you are not important  
these are the idiotic people  
i am perfectly imperfect  
and i am never right

i am always wrong  
because i give way to the other  
if i am content where i am...  
if i am happy where i am...  
and i see the other in misery  
i give the other person first chance  
you understand ?

always give way to others  
enjoy their happiness  
you are happy in their bliss  
just be easy and life will give you so many treasures  
when you are at ease with life

**question** *can you sing a song ?*

with great difficulty i have you sitting here  
if i start singing you will all run away !  
do not take such a risk !!  
but in our tour  
we have a beautiful singer coming  
her name is tanmayo  
she is coming especially for the tour  
and somewhere in the back is ojas  
where is he ?

there is a beautiful groovy guy  
he is ojas  
he is a great musician  
so we will have some live evening music  
some experiments  
hmm mm  
thank you ojas !

**question** *please tell us what is your attitude toward peoples sins or what is bad...*

no sins !  
sin ?  
all the juicy people are sinners  
sin is nothing but others judgment...  
that you are enjoying yourself too much...  
there is no sin but unconsciousness and consciousness  
everything that is done unconsciously is a sin  
it is not a question of good or bad  
even your good intentions  
to help another can be a sin  
when it is done unconsciously...  
when it is done out of greed...

if you are super conscious  
and you let a person fall  
that will not be a sin  
because you allowed the person to fall  
you know he is going to stand up  
he will find the balance  
he will walk

the do gooder will give you a stick to hold onto so you do not fall again  
ah...he is such a nice man...he gave you one stick so you do not fall  
the whole life you got a stick now !  
all these good people are creating handicaps within you  
they are your handicaps  
all these good people are creating guilt within you  
these are the sinners

the so called sinners are just drunkards...  
smoking a few cigarettes...chasing a few women...  
just innocent sins...  
and they are called sinners...  
they are living their lives !



the person who is finding your sin wants to do what you are doing...  
but he does not have the guts  
i am supporting sinners  
all sinners are my friends  
all holy people run away  
they are parasites...hypocrites...creating guilt in others...

i detest non sinners  
all these holy people are creating misery in the world...  
comparison...judgment...heaven and hell  
what do you think god is  
do you think god is heaven ?  
absolutely not !!  
god is creating hell !!

if you have god you have to have heaven  
the moment you have heaven you have to have hell  
heaven without hell has no meaning  
if god exists he has to create the devil  
without him he cannot judge the people

just imagine heaven...how it can exist ?  
if you have a heaven you need an embassy  
then you need a diplomat...  
then you need a visa...  
and then you need control...  
god...the priests...the popes...  
the teachers...the cardinals...  
what will happen with the person going to hell ?  
he has to be kept in some waiting room...  
so you need the police...and the inspectors...  
and the judges...and the courts...  
who is the greatest most responsible criminal here ?  
the non sinner called god  
god has created this hell !

there is no such thing as sin  
life is so beautiful  
how many sins can you commit that you will go to hell ?  
sin as much as you can  
and the people who are not sinning teach them a few sins  
let them enjoy also a little bit  
there is no sin in the world...  
just people enjoying...innocently...  
do you enjoy sinning ?  
start enjoying !!

**question** *i would like to ask one more question about this topic...  
what about morality decency ? if you say there are no  
sinners...no good peoples...no saints...  
when you talk about such simple people who drink vodka  
and smoking i understand but what about people who can  
harm other people ? who can destroy ? kill ? who are really  
dangerous...what about them ? the real criminals...*

anybody who is not blissful in himself  
is going to do something miserable for another person  
it is as simple as that  
anybody who is put under pressure  
sooner or later will become a criminal  
the society...the world we live in...is not compassionate enough  
the person who is a criminal  
perhaps is the weakest in society  
that he has been influenced wrongly

just understand what i am saying to you  
if you are strong  
you cannot be influenced wrongly  
the person who is the weakest can be influenced to do something wrong



society should have more compassion towards these weak people  
and not judge them straight away  
you should understand the cause  
why is he doing this ?  
nobody does things without reason  
somewhere the society is responsible for that persons actions  
somewhere the conditions in society  
are not helping that individual to behave in a loving manner  
no child is born a criminal  
something goes wrong along the way  
the influences of the world  
the pressures of the world

this uncompassionate inhumane society  
drives these people to this madness  
so these people need more love...  
more attention...  
we need to take more care of these people  
please understand  
these are the weaker people in the world

you can see in the united states of america...  
eighty percent of the people in jail...  
eighty percent of the people in jail are black americans  
do you think that there is something wrong with them ?  
or do you think the society has forced these people  
into poverty and small petty crimes ?

all crimes are from unconsciousness and inner misery  
how to make people more blissful ?  
how to create more love in our world ?  
i would not blame these people  
i would be careful to blame these people and label them criminals

a very strange experience happened to lao tsu  
one man went and robbed a rich mans house  
and lao tsu was asked to make a judgment  
on the person who stole from the rich mans house  
lao tsu said...five years jail for the person whose house it is  
and one year jail for the criminal...  
the person who has stolen one year jail  
and the rich man gets five years jail !!  
we have to be very alert  
how we judge our so called criminals  
they do not need prisons...they need love  
you cannot change a prisoner by threatening him more  
he will become harder

what makes you a criminal is that you got caught  
that is the crime !  
if you did not get caught...you are not a criminal !  
the one who does not get caught is a true criminal  
so the people who are in jails are stupid criminals  
they are not good enough !  
a real criminal does not get caught

and then there are the politicians...  
one nuclear bomb on nagasaki and hiroshima  
millions of people died with one button  
this president has pushed the button  
and killed a million innocent people  
what is his sin ?

you can see all the wars  
where great killings have happened  
licensed people with guns  
we call them army and police  
they are allowed to kill  
is that not murder ?



think carefully...be more alert  
start questioning who are the criminals  
and who create these criminals  
the crime creators are the priests and the politicians  
i am not against the individual criminal at all  
i am against these collective criminals...  
the politicians and the priests who create guilt in you  
look deeper into the layers of society  
do not just look at the cause  
see where it came from

it is important to know  
why that human being did what he did...  
if you have not understood this  
and simply put that person in jail  
then you are as mad as that person  
because you have not given a solution for this crime  
you are simply punishing him  
punishment is not a solution

i am not against the criminal  
i am against misunderstanding...  
and not trying to understand the criminal...  
turning a blind eye to that poor mans misery  
when you turn a blind eye to someones misery  
you are adding crime  
strange ?

too many serious topics  
any jokes around here ?







ukraine  
kiev  
10 august 2010

welcome  
this is our first meeting  
it takes time to get acquainted  
with anything that is new and mysterious  
you must be wondering what you are all doing here  
this man is dancing...  
what are we doing ?

it is new and unfamiliar  
it is the search of the state of nomind  
the mystic is one who is searching a state  
a state where mind simply disappears

that is the opening of the inner mystic within you  
it is not a search for knowledge and information  
but for that innocent silent space  
and how to touch the beyond within you

anybody can communicate words  
anybody can transfer information  
anybody can give you techniques of meditation

i am not a group leader or a therapist

i am a mystic

i create a silent pool of stillness

and slowly slowly raise that pool higher and higher and higher

till we touch the very peak in you

and the moment you reach that peak experience

that orgasmic peak...everything stops

everything becomes silent

and the sky above you opens

and your presence filters within you

slowly slowly it settles in your body

and you begin to feel this presence of yours

it creates a deep silence within you...a stillness...

it settles deep into a state of meditateness

do you understand ?

this is not simply sitting in meditation

this is peaking the energy to the state of nomind

and allowing it to settle into a deep state of stillness

in that state sitting is so effortless

it is connected to the peak within you

the peak and the valley...

if these two spaces in you can meet

you will understand your vertical presence

you will understand this moment

and you understand this pulse of life

that is given to you moment to moment

this is the experience i am trying to transmit to you

i can speak to you...it is very easy

but my dance allows you to experience your totality

it is an energetic transformation

i am an energetic message

we are living flames of life

and we are here to experience our vertical presence

talk is very easy

everybody talks about truth

such rubbish !

how to come to that state of utter silence within you ?

there is only one way

there is only one window

and that window is taking your energy vertically higher and higher

this is the vertical transformation of energy

understanding transformation

is energetic movement and flow in the herenow

it is not becoming a better person

it is not changing you in any way

you are not to become another

you are not to try to change into something else

understand that you are perfect already

just the way you are herenow

it will transform you

and you will simply be the way you are

do not add anything extra to you

understand the inner process

of raising your energy higher and higher

in the next few days i will keep bringing you back to you

i am not here to give you any information

i am not a teacher and i have nothing to say

there will be a qualitative inner understanding

of what you already have within you

you are carrying all this within you

you do not need to add anything



hence with me it will be a little different  
you will become confused  
you are so used to learning  
you are so used to adding  
so used to becoming better  
trying to be better  
trying to change yourself

because nobody accepts you the way you are !

you have forgotten the inner language of transformation  
it will take some time to become acquainted  
because you have been hypnotised  
you have been lied to by all these teachers  
that you are not enough unto yourself

i am here to show you clearly  
that you are enough unto yourself  
the buddha that is within you is sleeping  
it is very easy to awaken it  
you do not need to add anything...please !  
you have too much knowledge !  
you know too much !  
drop it...forget it...it is not worth it

live this moment in its totality  
and drink from this well...deeper and higher  
the inner is utterly simple  
so silent and innocent...  
do not forget the inner search...  
do not get lost in the outer...

you are trained to search outside  
you are used to group leaders and therapists and informers  
i have no information to give you so do not waste your time  
if you want to experience yourself and the taste of you  
then come and dance with me

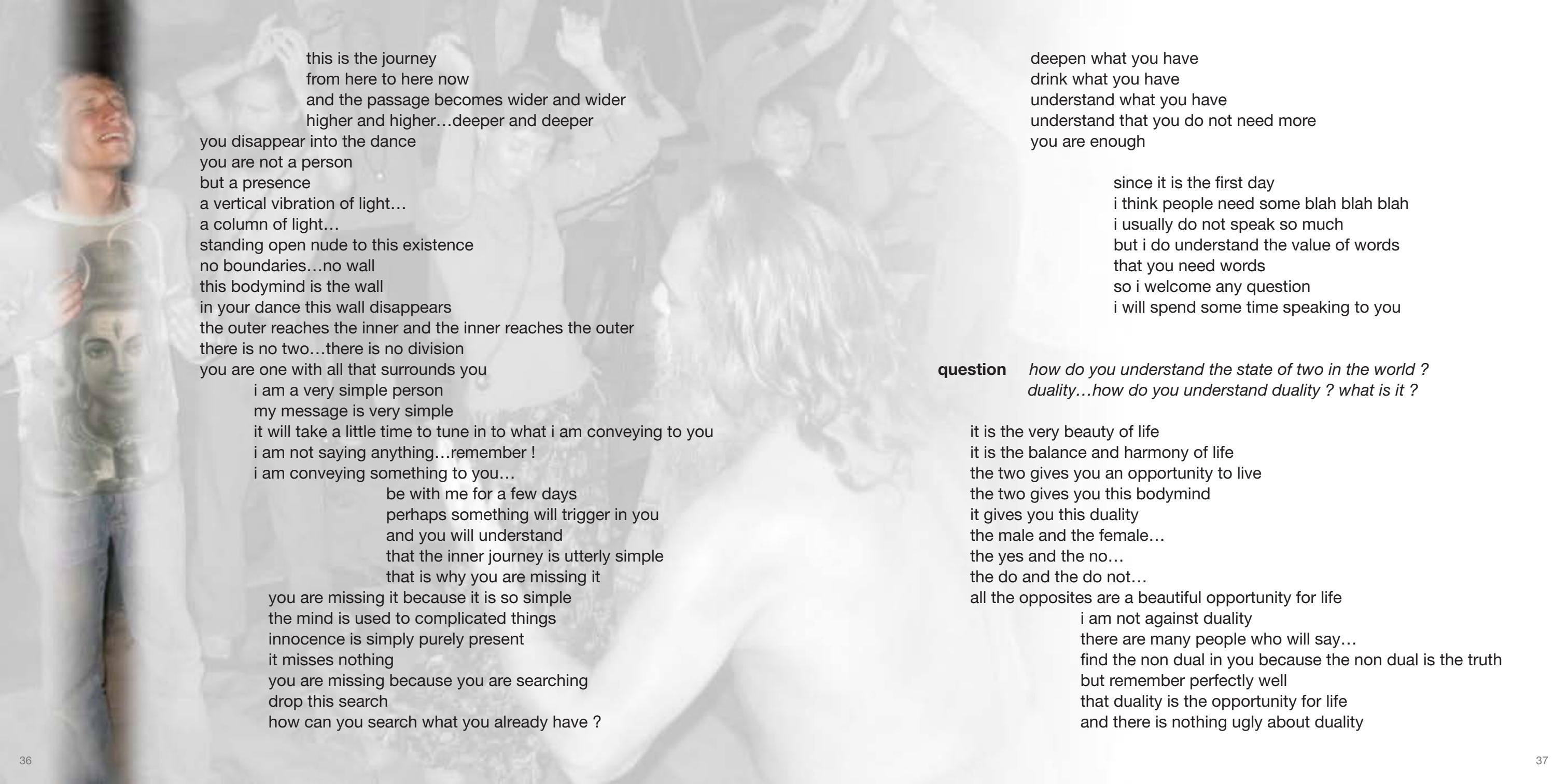
and slowly slowly something will trigger in you  
you are already carrying it  
a deep remembrance  
something within you will trigger  
i trigger peoples vertical presence  
in my innocent dance and few words...blah blah blah

but remember nothing is contained in the words  
you can learn that water is h and 2 and o  
two drops of hydrogen...one of oxygen...  
but you need to drink the water to know what is water  
i am here to pour water into you

so please try to understand  
and i welcome all you beautiful people  
it will take some time  
the time is only necessary because you do not know  
the inner innocence that you are carrying  
that what you do not know is your innocent treasure  
hidden within you  
the moment you will know you will know that you really do not know  
it is not something that you learn but something you unlearn  
and the ultimate key is innocence  
a deep silence  
a total contentment  
utter stillness  
and carrying the taste of aah...the taste of innocence

next time we dance do not miss the opportunity to dance  
i do not know an easier way  
create a pool of energy  
take it higher and higher...come to the peak  
stop  
drink it down...let it settle






this is the journey  
from here to here now  
and the passage becomes wider and wider  
higher and higher...deeper and deeper  
you disappear into the dance  
you are not a person  
but a presence  
a vertical vibration of light...  
a column of light...  
standing open nude to this existence  
no boundaries...no wall  
this bodymind is the wall  
in your dance this wall disappears  
the outer reaches the inner and the inner reaches the outer  
there is no two...there is no division  
you are one with all that surrounds you  
i am a very simple person  
my message is very simple  
it will take a little time to tune in to what i am conveying to you  
i am not saying anything...remember !  
i am conveying something to you...  
    be with me for a few days  
    perhaps something will trigger in you  
    and you will understand  
    that the inner journey is utterly simple  
    that is why you are missing it  
you are missing it because it is so simple  
the mind is used to complicated things  
innocence is simply purely present  
it misses nothing  
you are missing because you are searching  
drop this search  
how can you search what you already have ?

deepen what you have  
drink what you have  
understand what you have  
understand that you do not need more  
you are enough

since it is the first day  
i think people need some blah blah blah  
i usually do not speak so much  
but i do understand the value of words  
that you need words  
so i welcome any question  
i will spend some time speaking to you

**question** *how do you understand the state of two in the world ?  
duality...how do you understand duality ? what is it ?*

it is the very beauty of life  
it is the balance and harmony of life  
the two gives you an opportunity to live  
the two gives you this bodymind  
it gives you this duality  
the male and the female...  
the yes and the no...  
the do and the do not...  
all the opposites are a beautiful opportunity for life  
i am not against duality  
there are many people who will say...  
find the non dual in you because the non dual is the truth  
but remember perfectly well  
that duality is the opportunity for life  
and there is nothing ugly about duality



understand the duality of life  
understand this vast experience of this world  
understand this duality...it creates harmony  
how to understand the harmony between the two ?  
how to find the balance within the opposites ?  
you become infinitely richer  
if you had just one it would have no meaning in itself  
but if you have two  
learning the balance of the two  
you find the third  
forget about two...find the third !

a wise person does not deny the opposites  
he transcends them with understanding  
he finds the golden mean  
he finds the balance  
and then there is no duality  
but a trimurti...three  
the one that transcends the two  
respect duality  
live your duality totally  
live so totally that by living it you transcend it  
it is very important  
this particular question  
because there is a great group of teachers  
who keep denying the opposites  
they say you are living in a dream  
you are living in illusion  
you are living in the body  
you are living in the mind...  
they do not understand that you need to live !  
what about living totally ?  
then the mind disappears  
living totally...this duality becomes one

understand duality and the beauty of life  
then it is not duality but a great celebration  
a great experience

there is this movement called advaita  
they deny the two  
they say there is only one...only this is the truth  
they say duality is dragging you down into the world...  
they do not know how to live their lives !  
the one cannot be supported without the two...  
without this two the one is not able to live...  
so this advaita movement  
is very puristic...very perfect...but it is totally abstract  
it has no reality in the world

truth is lived in the world  
you need to live in the world so deeply so you transcend duality  
and there is nothing ugly about transcendence  
it does not deny the opposite  
it accepts the opposites totally  
and understands the middle path

hence you have a body and you have a no body  
you have life and you have truth  
balance truth with life  
understand life and the truth that it contains within it  
understand body and the being...matter and spirit  
find the balance and enjoy both the worlds

this is what osho says  
this very place the lotus paradise...  
within this world is the garden of eden  
within this world is heaven hidden  
you have to understand life itself so deeply  
that you understand that heaven is here now

once you understand this  
you are living in paradise  
because there is nothing more than life itself  
and this duality has been given to you as a gift from existence  
to experiment and learn and live

understand this duality  
feel a deep gratitude towards existence  
a deep acceptance of yourself the way you are  
and yet realising that contained within you is a hidden treasure  
then you will have no guilt and misery while you are living in this world  
and this world and everything becomes a blessing  
hmmm?

**question** *how to get rid of misery and just be happy ?*

who taught you this  
how to get rid of misery ?  
it is like you are walking and the sun is shining  
and you are seeing a shadow  
and you keep looking at your shadow  
and you think the shadow is your misery following you...  
wherever you are going  
how to get rid of the shadow ?

you cannot get rid of something that does not exist !  
you are dreaming that you are in misery  
that misery is there because you are not celebrating  
when you are celebrating and dancing  
you will see there is no misery  
when you are celebrating you do not look for shadows  
the shadow is simply there  
it is not you

how to bring in the light of blissfulness and not to fight with shadows ?  
live your life and transform everything into blissfulness  
ask how to transform everything into light...  
how to transform everything into bliss...  
everything that you carry within you  
can be transformed into higher and higher states

where is the misery ?  
when you are in orgasm do you see misery ?  
you are in such bliss...  
even you are not there...  
who is there to find the misery ?  
you have no misery  
and if you believe there is misery  
then you will start analysing the misery...of course !  
it is darkness...do not fight with darkness and shadows  
there is no shadow when you know how to live  
i have not seen any misery  
anybody please show me some misery  
and i will evaporate it for you  
just show me the misery !

i am saying life is a celebration  
there is no misery...just some darkness  
bring in the light of celebration  
and do not solve it...it will dissolve on its own

i am not giving you a solution  
i am not so stupid  
i am dissolving it completely  
there is no solution to misery  
you can dance and let us see what happens  
you can take a walk in nature  
and let us see where it evaporates



when you keep looking at misery again and again  
it becomes more and more real  
and then of course you need a therapist or some teacher  
to tell you how to solve this misery  
i do not invest any time in solving misery  
i devote all my time in creating a celebration  
and when the celebration ends  
i go around looking for the misery  
it has run away somewhere else !  
you understand ?

**question** *what is love ?*

which person has answered that question ?  
must be really stupid !  
i do not know what love is  
neither i wish to know  
please never ask this question to anybody  
how can you answer such an infinite question ?  
only one who does not know love will answer you

leave a few mysteries to live  
do not answer every single question  
leave a few questions unanswered  
all i can say to you that love is that which dissolves you  
love is that which makes you disappear  
you are no more  
and what remains is love...a simple innocent nobodiness  
utterly disappeared and surrendered to the whole

what is the whole ?

it is pure love

what love is to you is so conditional

but love is an unconditional state of existence


this light showering all over the universe is the language of love and aliveness  
ask the trees what is love  
ask the flower what is love  
ask the birds what is love and they will sing...  
the flower will open and send its fragrance to you

you will remain mystified  
your eyes will be open like a child  
that innocent eye is love  
it is wonder...  
it is an open secret...  
it leaves you vulnerable...innocent...sensitive and silent  
it is the greatest mystery  
and i hope it remains the eternal mystery !  
let it always be the unknown  
then the unknown becomes a pure celebration of love

**question** *i read your book and i want to know...is everything true ?  
is it an autobiographical book ? about your mother and  
everything you have written...is it true ?*

all lies...all lies !  
my whole book is full of lies !  
nothing can be contained in anything  
it is maybe the autobiography of this body  
but this body will not last so long

what i have known cannot be spoken or written in any book  
this is why my book is a very strange book  
the beginning of the book has blank pages  
then come grey pages...then white pages...  
that is the book itself !  
this is the truth !  
after this...all lies !!




if you get those first pages  
do not read further  
if you did not get it...then you have to read further

there was a great book of a sufi master...  
he said nobody can open this book till i die  
so all the disciples were waiting when they can read the book  
the ultimate secret is lying there under his pillow...

so when the master died  
the disciples quickly went underneath the pillow  
and opened the book...  
and page after page...all pages were white  
they were shocked  
nothing written in the book !  
his whole life he was saying the ultimate truth is written in the book  
all white pages...nothing written...  
that is called the no book...the ultimate book

i do not agree with that book  
because that master was not born a master  
he was in the darkness and he found the light  
how can it be a pure white book ?  
so my first book begins with black  
goes to white...  
from darkness to light  
and the rest is all rubbish...lies !

i am lying to you all the time here  
these are all words  
you are listening to words  
you think i am here  
do you think you are there ?  
how you were born ?  
suddenly you landed in kiev ?



are you this body ? this mind ? this emotion ?  
who are you ?  
if you are only bodymind you will die  
so do not waste time anymore...commit suicide !

but if there is some consciousness within you  
if there is a life source within you that is eternity  
then where it came from ?

my book is not a autobiography  
it is a love story of my search and the beauty of my master osho  
it is a journey of how i died  
and what was reborn in me  
in reality...it was not reborn...it simply was watching all the time  
the watcher became available to my consciousness

so basically the book is full of lies  
some part may be resembling the truth  
thirty years in a hundred pages !  
just try to understand...  
must be utter nonsense  
but read the book  
it will give you some clues  
about how you can lie about truth  
only lao tsu was very innocent  
he said all that you hear about truth are lies  
you cannot speak it

if you ask me which part is unreal  
i tell you...everything is real !  
i have never spoken a word of lie  
because i have no reason  
there are some people who have asked...  
you have mentioned many experiences in your book...are these fabricated ?  
there is no lie

i have uttered every single word of my physical body  
and its realm of experience as innocently and openly like a child  
my book has not been altered  
no words have been changed  
whatsoever i wrote came spontaneously  
with only one request to the printer  
not to change a single word...however it came...  
no alteration...no correction...no addition...

**question** *i have some negative things in me and i wonder  
what to do with my negative parts...to transform ?  
to accept ? to love ? how to deal with my negative sides ?*

first thing  
do not label...  
do not judge yourself...  
there is nothing negative in anybody  
the negative is that which others do not accept in you  
it is not acceptable to others  
hence it becomes negative

do not label yourself  
you are far beyond that small little label  
you are such a vast being of light  
to label any part of you in an ugly manner is not beautiful and correct  
it is simply not true

that stone that is blocking you  
is helping you create desire to overcome it  
is it negative ?  
perhaps it is the positive !  
it is creating friction within you to transcend it  
it is your friend in hiding

everything that you label negative in you  
is your friend hiding within you...  
is helping you move along  
so it is not negative  
it is a sleeping friend  
understand that your dormant energy is your energy  
make friends with it  
accept it totally and you will see it dissolves  
and becomes part of your positivity  
everything within you can be transformed  
to become your friend

just imagine a river that is flowing straight  
pure boredom !  
no movement to the left and to the right  
just imagine that river flowing straight  
how boring !!  
hallelujah...hallelujah...  
you need a little dance !  
there comes one rock along the way and blocks you  
and you have to move to the left  
and when you move to the left...  
the river has to move to the right...  
and there comes another rock and you say  
ah...i just battled with that guy and now you are here to trouble me  
and then you have to move to the left...  
and another stone and you have to move to the right...  
these are your friends !  
they are giving you life  
it is not negative  
you have to understand everything is part of your being  
stop labelling  
find the beauty and the strength in you  
if you have to start labelling start seeing what is the beautiful in you



i can find one million points that are beautiful in you  
and maybe you can find few points that are against you  
but even those few are not against you  
they are there for you to help you grow  
that struggle will create the fire within you  
in the end you realise that there is nothing negative

invest your time in seeing the beauty in you  
but people do not see the beauty  
because it is so invisible...it is so silent...  
they can see the rocks easily  
i do not bother about rocks  
please...there is nothing negative

therapists and teachers are always there to point out your mistakes  
their job is to find all the mistakes in you  
these are teachers and dictators who are trying to put you down  
they say...these are your mistakes...become better  
these are your negative points...find a way out of it

i tell you...in this audience not a single person has any mistake  
these are your conditionings given to you by others who do not like you  
they have an interest in showing you your mistakes  
they have an interest in showing you what is wrong in you

the mystic has no interest  
his only interest is to make you fly and be free  
you can ask the light  
where is the darkness ?

wherever the light will go there is simply light  
find the light within you  
few dark corners are fun because what you will do the whole day ?  
too much light !  
you will have to look for some dark corners

do not label yourself  
do not judge yourself  
do not be your own enemy  
this is why buddhas say accept yourself totally  
understand your inner being with a deep inner trust  
see the beauty in you  
there is nothing else !

i am saying this because i have not found anything negative  
neither in myself neither in anybody  
they have not learned the knack how to transform energies that are sleeping  
and how to awaken your whole potential  
that is the art of transformation...not labelling and trying to change it

there is a vast difference and a great implication  
and that is why i am against the therapists and group leaders and psychoanalysts  
their whole business is invested in finding your faults...poor little person !  
life is so short !  
you have no time to live and breathe  
and look at these people who are finding your faults...  
they are more miserable than you are !  
never allow anybody to dictate anything to you  
do not allow anybody to pull you down

find people who lift you higher and higher and higher  
do not accept judgments from anybody  
they do not know themselves...how they can know you ?  
and those who have known themselves  
have only seen the beauty  
utter beauty in human beings

**question** *your opinion is that everything consists of beauty  
nothing bad...nothing negative...nothing wrong...  
where is duality in this if nothing is wrong...  
nothing is pain...nothing is bad ?  
where is the duality in all this ?*

do you think i can answer seriously these questions ?  
who says i am going to give you all the answers in one day ?  
i have no answers !  
i have no clue what i am saying  
please do not think that i have answered everything  
that everything is beautiful  
i am saying everything is ugly  
everything is miserable...  
it depends where you are

i am not saying there is nothing ugly  
i accept...everything is ugly  
let us change the whole thing  
everything is ugly and miserable

nobody has been able to answer any questions  
all my answers are meaningless if they do not transform you  
you have to make the answer work for you  
for some even a stone is the answer

for some jesus is the answer  
for some mohammed is the answer  
for some buddha is the answer  
i am saying...you are the answer  
i say trust yourself first  
trust your inner light first

understand what you have first  
and then go to buddha or krishna or christ  
because within you is the whole universe  
within you is right and wrong  
within you is heaven and hell  
i am pointing the finger back to you  
i am not making an answer...  
that the whole world is beautiful and nothing is wrong  
no my friend !  
i have not given you any commandments  
thou shalt not...thou shalt not...  
i am not a heavy headed person  
i am a very light fun loving and innocent little child  
yes my friend ?

**question** *what do you think is laziness and absence of interest to life ?*

ah ha ! yes !  
that is me !  
that is the greatest state to be in...  
utterly lazy...  
no desires...  
no dreams...  
no goal...  
just sleeping the whole day...





you are a buddha  
pure laziness...  
no effort...not even to find truth...not even to find god...not to find anything  
do not make any meaning in life  
do not begin  
just stop from the very beginning !  
this state is the state of enlightenment  
you have already achieved everything  
you have achieved life  
the greatest achievement is already contained within you  
you have life !

your five senses are functioning  
why achieve more ?  
nature has achieved life through you  
you are living !  
you want more achievement ?  
you want a miracle ?  
the miracle is present because you are living  
see the miracle of life  
the mind wants to add more  
a few medals...some silver cross  
i am a warrior...i am the president...i am the prime minister

you have life  
that is enough unto itself !  
understanding life and the flow of life is enough  
please do not achieve anything  
enlightenment is not an achievement  
it is a drowning into the existential truth of life  
that is already pulsating within you  
it is feeling the pulse of life that is already within you  
understanding the source of life and drowning gratefully into its silence  
you have already achieved without achieving

the buddhas are the ones who have dropped achieving  
so lazy...so content  
totally herenow  
just enjoying the breath  
this pulse of life  
aahhh...  
perfect !  
this is gratitude...that you have life  
you do not need more  
ask the person in the grave what is missing in you  
he will say i have a big bank balance  
i have my wife and my children...a mercedes and an airplane  
i was the prime minister of ukraine  
but i am now buried in this beautiful coffin  
everything is there but only one thing is missing...  
life...

you do not need to achieve  
you have it all within you  
just a little understanding  
a little sense of humour also  
and you will see that you do not need to add  
just live your life lazy  
no doing...no desire and you will laugh  
that is me !

i am very lazy  
the greatest qualification on earth...laziness  
it is not an ordinary achievement...remember  
do not undermine this word laziness...it is a very great word  
people are too busy doing too many things  
you cannot find a lazy person anymore  
they do not even have time to breathe...they are so busy  
a lazy man at least is breathing



last night i came to ukraine  
i was sitting on the sofa and aakash said...  
in two hours you have to go to satsang  
i was just sitting there having my tea  
i said tell me when one hour is left  
he said now an hour is left to get ready to go satsang  
the body is not moving...so lazy  
okay okay people are waiting...so i better go

i am like this  
because of you i have come  
but if you are not here i would simply sit  
i am a qualified lazy being  
it is the greatest achievement in the world

**question** *if you have known the sense of things...  
the sense of life...  
what is really interesting for you ?  
why you are living ?  
what is the main interest in life for you ?*

i live in celebration  
life is a dance and a celebration  
i am only celebrating my life  
everything is dancing  
this silence is buzzing  
this aliveness is so overwhelming  
too much !  
what can i say...  
and it will never end for me  
life is just a celebration  
even without moving a millimetre


everything is still  
and shssshhhh...this sound is so drowning  
pure ecstasy of silence...  
just beauty

i am going to live forever  
life will continue forever  
it will never end for me  
that is the celebration  
my celebration has begun  
and i am with beautiful people  
i am continuously dancing with people  
celebrating and sharing

**question** *the one who knows himself and the one who knows everything  
do you have some interests ?*

the one who knows himself is no more  
i am you  
you are me  
why am i living ?  
you are there  
i am complete  
i am no more  
but you are me...she is me...he is me...  
you are all me...  
we are all together

if i am complete i have disappeared  
but you are there  
you are reflecting me  
so i will dance with you...for you...  
you are my interest



you all are my interest  
because i am complete now...i have no boundary  
everything that surrounds me  
i am one with it

so what is my interest ?  
each human being has become my interest !  
i have much to live for..  
first i was living for myself  
then i was living for my masters message  
now i can live with you

why make a separation ?  
my understanding is yours  
now you are my interest  
when i look now your interest is mine  
your search has become mine  
because i have no boundaries anymore

this is the mystic  
he is one with all  
and whosoever searches the truth  
he enters their heart  
this is the way of the buddha...

when gautam buddha reached the final door  
he said i am not going to move into nirvana  
because all my friends are still living on this earth  
they have not found  
i feel their heartbeat  
i want to dance with them

can you understand what i am saying ?  
i am very grateful if you can...  
because that is very rare for people...  
to understand that message

because we are so conditioned to be separate from each other  
we are so much thinking i am me and you are you  
we do not see this oneness of existence  
we do not feel the others pain  
we are so self centred  
that we cannot dissolve our self for the other

what a beautiful smile on your face !  
it makes me smile...  
you see...your smile made me smile...  
to see you happy makes me happy  
to see you dance makes me dance  
when you find the way i also find the way  
when you celebrate it is my celebration  
this is how we should live as human beings  
your joy becomes mine  
my joy becomes yours

to see each person dancing and celebrating becomes your life  
this is what human beings are on this planet for  
to share your love with friends and not keep any boundaries  
then we are living on a beautiful earth  
and this dream is so beautiful  
when you awaken it will be true  
we are connected  
in this vast field of life  
no islands  
so we can drop our boundaries  
and merge in love with everybody we meet  
what a beautiful life...

enough talking  
i think i have spoken too much today




ukraine  
new petrivei  
6 august 2010

this silence  
is the whole search  
this state of nomind  
is the transcendental within you  
reaching to the sky  
these moments of ecstatic celebration  
these moments of totality in dance  
takes you higher and higher and higher  
to that peaked orgasmic state within you

that orgasmic state  
is the state of nomind  
and it is you in your totality  
experiencing the very heights of your being  
the search is for this orgasmic moment  
and the moment you reach it  
everything disappears

and in that clarity...in that state  
you get a taste of yourself  
the hidden treasure  
your ultimate joy





to arrive to your enlightened state is utterly easy  
it is just moving from here to here now  
higher and higher within yourself  
and the moment you reach the very peak  
everything stops...becomes silent...  
listen deeply and let it settle into your whole bodymind  
this bodymind will drink it  
and become utterly still and content

do you see how easy it is ?  
just to get a taste of this  
and the moment you understand  
that all is within you present here  
your whole life becomes relaxed and easy  
you drop the struggle to become more  
you stop the struggle to run here and run there...  
searching for yourself  
if you can understand the moment that is present within you  
you have already arrived to the very buddha nature

it transforms you so deeply  
you learn to trust this inner voice that is within you  
and to deepen the experiencing of listening  
toward your own inner self voice  
truth is not outside you  
you are the truth !  
when you have arrived to this still silent moment  
you are the truth...you are existence  
the window is open  
the sky is pouring and descending into you  
you are not separate from the whole  
but deeply connected to all that surrounds you  
where is that window which gives you that experience ?

it is certainly not the mind  
it is not an effort  
it is a deep inner understanding  
and a simple innocent taste  
just like a child  
these are states of bliss  
and know perfectly well  
that you are made of bliss

these next few days  
being with me here...  
from each and every door...  
from each and every angle...  
i will keep coming back to this simple message  
if we do kundalini meditation  
or dynamic or nadabrahma  
or vipassana or laughing  
everything will lead you back to the silent still centre  
the easiest search is the search for truth

searching power...prestige...  
desires...dreams...fulfillments...  
all these are far away  
and you need to make intense effort to achieve  
the whole world is achieving...becoming...doing  
all moving outside  
how to stop running outside ?  
and just in a deep inner understanding and let go  
achieve the greatest treasure  
the treasure of life  
the truth that is contained within you  
how to drown within yourself  
and realise your inner beauty ?  
it is so simple !

you do not need anybody  
just a deep realisation...  
an utter inner contentment...  
and from that content state  
whatsoever you will do in the outer journey  
will become beautiful...graceful...  
your life will have an inner ease and a quality of love  
yes...you need to live the world  
but live the world with the inner understanding  
that you are not the world  
first attain to yourself  
master your inner stillness and your hidden potential  
invest time in understanding what you are carrying  
and now is the time because you have life within you  
now is the time to dive in  
it is a very simple easy process

i welcome you all  
these next few days  
whatsoever i have...i will share with you  
the greatest treasure will be what i do not know...  
the silent love...  
my innocence...  
and whatsoever i can offer you  
from that innocent state  
it is not a very big message  
it is reducing knowledge  
reducing what you know  
slowly slowly...coming back home  
diving into your inner mystery  
whatsoever the world has taught you  
that you are this...and you are that...  
and these are your goals...and these are your dreams...

they have all mislead you  
i am simply here to remind you  
do not invest your time in meaningless outer games  
first see what you are carrying...the truth of your inner being  
it can only be realised when you are open...silent and innocent

**question** *is enlightenment something that a person can know for sure ?  
have you felt any doubts in your own enlightenment ?*

ha ha ha ha

for sure i have a body  
you can hit it and i feel it  
that is for certain  
i have a heart  
you can open my body  
and see the heart is present  
that is certain

what i am trying to convey to you is  
that the world of matter is certain  
matter...mind...emotion  
slowly slowly you go through subtler and subtler levels  
you go to dream  
you go deeper in dream into dreamless sleep...  
you dive into the black hole...the unknowable...

the mind always doubts  
because the mind only knows the mind and its content  
this mind does not even know its emotions  
the heart knows its emotions  
the mind doubts the heart  
the heart doubts the being

doubt is very natural  
because you are trying to use the wrong instrument  
to gauge something that it is not capable to understand  
the mind cannot understand the heart  
the heart can sense the being  
but cannot understand the state of nomind  
the mystic is one seeking subtler layers  
    searching from the gross...the obvious...  
    from what you can see...  
    then going to a subtler level...feeling...  
    drinking that which cannot be seen...  
    diving deeper  
    trying to reach the unknowable

    the moment you fall upon truth  
    there is only doubt  
    everything is doubt  
    because it is such a new universe  
    that you simply shake your head and say...really ?

    the mind...the heart...  
    whatsoever you know...  
    the moment you have this experience  
    this whole foundation is shaken  
    and all that remains is doubt

you ask a person...are you enlightened ?  
he will hesitate...  
really ? maybe i am not enlightened...maybe i am just dreaming...  
how do you know you are awake ?  
you fall asleep at night  
and you have a beautiful dream that you become the king of ukraine  
and you are riding on your horse and the chariots are moving  
everything is perfectly good

do you know that you are sleeping when you are dreaming ?  
if you knew you were sleeping when you are dreaming...  
you would be awake !!  
understand this  
there is a greater awakening  
yes...the mind will doubt  
it will doubt everything because that is its function  
i am not against doubting  
doubt is a projection of the mind  
so let it do its work  
    but to transcend the mind...  
    to fall into the unknown...that mystery...  
    nothing can be said about it  
    somebody who knows the truth  
    and the light is filtered within  
    he knows its presence but he cannot utter it  
    he cannot take you beyond the doubt of the mind  
    it is simply impossible

truth is a vertical experience  
a vertical experience of light  
the mind moves horizontal  
truth moves vertical  
they do not even know each other  
doubt is perfectly good

    most masters speak about the value of doubt  
    neti neti neti neti neti neti  
    keep doubting...keep doubting...keep doubting...keep doubting...  
    doubt everything...question everything...  
    really question everything !  
    what you see...is it true ?  
    what you know...is it true ?  
    what you have been taught...is it true ?



just a simple experiment  
you are seeing me here  
your right eye links to the left brain  
you left eye links to the right brain  
you see an image...criss cross  
you are not even seeing me straight  
right eye is telling this brain something  
left eye is telling this brain something  
you are cross eyed...

lose the sense of seeing through the eyes  
and perhaps you will still see another universe  
that is not filtered through these eyes  
all your five senses are divided in two parts  
this duality is the illusion  
it says yes...it says no...  
it says do...it says do not  
are you seeing really what you are seeing ?  
perhaps your dreams are more real

question again

i am not going to say that i do not doubt  
but i know something that is beyond doubt

the moment i fell into this state...it was a vast black hole

i left my body

i saw my body lying below

and soon i came back

the doctors will say he is hallucinating

he is just on some drug

there is nothing outside this body

there is nothing beyond the mind

there is no soul

where is the soul ?

show me the soul

it cannot be answered but can be experienced

i am not against doubt  
i am not here to say stop doubting that truth exists  
doubt deeply !  
start doubting what you know  
begin from what you know...start questioning

great masters never give you answers  
they create more and more doubt about what you know  
they do not give you answers  
they create more and more questions about the answers that you have  
all the answers that you have are borrowed  
they are filled with lies  
but yet you accept those lies comfortably  
that my name is alexander and i am born in ukraine  
you do not doubt it...do you ?

start doubting what you know

and it will be a beautiful experience

start questioning everything that you know

and by reducing the known slowly slowly slowly  
you will be left with nothing in your hand...

no answer to hold on to...

utterly confused the mind will collapse

and the truth will be revealed to you

start doubting

do not worry about whether i doubt my enlightened state

worry that you do not believe that you are enlightened

worry about what you know !

**questioner** *thank you*

hahahaha !

do not thank me so soon

the more you will get to know me you will want to kill me

do not thank me...people like me are very dangerous !

you lose your comfort  
i am here to disturb your comfort  
because if i cannot disturb that comfort  
the search will never begin

so you do not know that i am a dead person sitting here ?  
are you sure you are living ?  
i am sure i died !  
that is why i know i have come back

there is this very beautiful story of kabir  
the fish is born in the ocean  
it lives in the ocean so it never knows the ocean  
it has never been separated from the ocean  
it is born in the ocean...swims in the ocean...  
ignores the ocean completely...  
for the fish the water is all around  
it is so close and it is so one with the water  
it does not know it is life itself  
but pull the fish out of the ocean  
and suddenly it realises...my god  
this is ocean !

this is the experience of death  
you do not know you are living until you die  
very strange !  
and then it is too late  
when you die you know you were living for the first time  
my god...i was living !  
but it is too late

death shows you life  
that is why i am speaking of life continuously  
because i was pulled out of my body  
and i realised life exists

the watcher is watching  
the source of life is the witness  
and there is the body mind like a computer lying below  
then i am not the body...not the mind...  
i am something beyond the transcendental  
watching the whole game of life

by some blessing i came back into the body  
and from that day onwards my whole life was transformed  
i saw the beauty of life that was pulsating within me  
i dived deeper into its states of reality  
and after almost twenty years  
i have begun speaking about life  
and the beauty of life  
but had i not died  
had i not seen the body separate  
i would have been like the fish in the ocean

**question** *how long does it take to arrive to the state that you have now ?*

no time  
it is an experience where no time exists  
you are experiencing it all the time again and again  
how to become aware of its presence ?  
how to create the awareness that it is present around you ?  
that does not need time

once the seed is opened and the roots are born  
the roots and the trunk and the leaves start flowering  
the whole question is a seed  
does the seed know that moment ?  
when the seed opens that moment has happened already...  
how to deepen it is totally different

it does not take time to become enlightened  
enlightenment happens instantly herenow  
vertical...tsshuuu !  
it strikes like lightning...  
fills you with light...  
and now you can wait forever  
the first taste is crucial  
to know that it exists  
to know that you carry the state of enlightenment within you  
then it will take some time for it to grow deeper...stronger...higher

outside time will exist  
but for you...within yourself...a certain timelessness will be present  
a certain silent presence  
a deep inner trust guiding you through this passage of time  
you know that you have become pregnant

you know the child will be born  
you know the child will walk  
you know the journey ahead  
what is important is the pregnancy  
it should happen  
and the moment it happens  
there is no more inner struggle

how long it took me to reach here ?  
in real truth...  
not a split second  
not a split second !  
no time is possible for this experience  
it is vertical  
the time that i spent after my illumination  
has been deepening...deepening...deepening  
stretching this vertical moment of time higher and higher

outside the body mind continues to evolve  
but the inner pillar of light and its awareness  
remain constantly present throughout these years  
the watcher just remains watching  
no difference...  
just a deepening...  
a heightening...  
a broadening...

but the same taste of isness  
has remained around me for the last thirty years  
whosoever knows me  
says you are exactly the same  
the same taste  
that you carried then  
you are the same  
hmm hmm

we are going to start meditation methods tomorrow  
sometimes it is difficult to just explain things just verbally  
but when i do certain meditation techniques  
i show you what i am saying and you understand immediately  
so be patient...wait  
you will understand  
because you need an outer explanation  
to understand the inner experience  
that is why i am here  
but i keep repeating  
it is very simple

people have translated enlightenment into something very difficult  
i am just an ordinary human being  
i am not great in any way at all  
i do not even like that word great...  
just an ordinary human being





just like the leaf on the tree  
as simple as that  
do not think that i am somebody very special  
understand your ordinary self...unaltered  
nature has given you such a beautiful body  
it has given you senses...brains...eyes...ears...hands...  
this whole body  
this ordinary body is the ultimate miracle of existence itself

just see the magic of you  
you are magic !  
you are a magical being  
understand your magic and the trust will deepen  
and you will master yourself  
and you will be a simple and innocent human being

spoken too much  
enough jibber jabber for today



ukraine  
new petrivei  
7 august 2010

this silence...so sweet  
everything is perfectly perfect  
just this taste  
that i am perfect  
everything is perfect  
when i am silent and still

just see the beauty of this simple statement  
as easy as this  
such an utterly beautiful understanding  
in this state of silent stillness lies your hidden treasure  
that is why we keep on missing it  
we keep missing it  
because we do not know this silence  
we keep moving...  
searching...  
seeking...  
desiring...  
running...  
always somewhere else  
always away from your silent centre  
always there...as if it is outside you

your inner contentment...  
you are filled with it when you are home  
just come back home  
be filled with your silent presence  
and see the beauty of this utter let go  
no struggle  
no desire  
no dreams  
just life pulsating within you

this experience is the simplest experience possible  
for everything else you need to do...  
you need to add...  
you need to become...  
for this experience you do not need anything  
you do not even need yourself  
that is why it is truth

when this body...this mind...this dreaming will fall  
what will remain is a silent presence  
you will come and you will go  
this body will come and it will go  
your thoughts and dreams and desires are continuously moving  
see the unmoving space within you  
that which will remain when you have gone  
this is the search of the mystic  
how to become more and more deeply acquainted  
with your presence...  
not with the person...the persona...  
its mind...its dreaming  
but who you are in your essential being

who are you ?  
what is your real nature ?  
that which will survive...that is your eternity

not knowing your eternity within you...you are very poor  
you can achieve everything on the outside  
but you have not even tasted yourself  
you have not tasted the bliss...the beauty...your inner treasure...  
everything is worthless if you do not even know who you are

you are life itself  
you are the highest peak of evolution of existence  
this life that has been given to you  
has raised itself to the highest potential  
you are not only human but you are divine  
to understand this divineness within you...  
to see this inner being of light...  
just a single taste of it...  
and you will realise...  
what all the masters have been saying  
what all the buddhas have been indicating to you  
pointing this finger to the moon

you are a being of light  
pure light...reflected...is you  
find your immortal being  
just see this simple message  
how can you go on chasing dreams ?  
these dreams are not yours  
these dreams have been given to you from the outside  
all these thoughts that you are carrying  
have been fed to you from the outside  
you have to become this...  
this is your destiny...  
you need to achieve this...  
and a thousand and one goals are given to you  
by your family...your friends...the society...the governments...



everybody is feeding you a future goal  
wherever you look...  
television...news...internet...shopping malls...  
wherever you go...  
dreams and dreams and dreams  
are being sold to your head  
you are filled with so many dreams...  
so many thoughts of what you should be...  
what you should become...  
what is your future  
slowly slowly all these parasite thoughts start entering you  
entering your heart...  
and you start dreaming...

i wish i had this house...

i wish i had that car...

i wish i had the power...

i wish i had that girlfriend...

i wish she was my wife...

i wish i had these children...

this poor little heart is crushed with all these millions of thoughts  
to become...to be...to prove yourself  
that you are somebody special

the poor little heart keeps absorbing all these ideas

and slowly you feel that these are your dreams

i dream to become the president...

i dream that i need that yacht...

that is my dream house...

all your dreams are nothing but fed lies into your small little head  
and then you start believing that these are my dreams and my desires  
the whole world is spinning all around you  
a million and one thoughts are being fed into you  
and the dreams do not stop  
and this poor little heart needs to breathe eat and sleep

and here is your being  
it gets one pulse of life  
moment to moment...  
just one little pulse of life  
but so many dreams !  
so many desires !  
so much to do and to become !  
and life is so fragile

you have no time left to breathe  
too many goals...

who has time to breathe ?

who has time for life ?

one pulse...one pulse...one pulse...

few beautiful moments of life are given to you on this planet  
and now you see why people have gone mad  
one pulse at a time  
a million dreams...  
a trillion futures...  
where can you run ?  
you are filled with misery because you cannot achieve it  
but in the first place it was not there to be achieved !

life does not expect you to become an achiever

life is coming to you

enjoy life...take a nice walk by the river...

enjoy your breathing...

relax and settle into your being...

utterly content and still...

but how can you remain still ?

all these dreams !

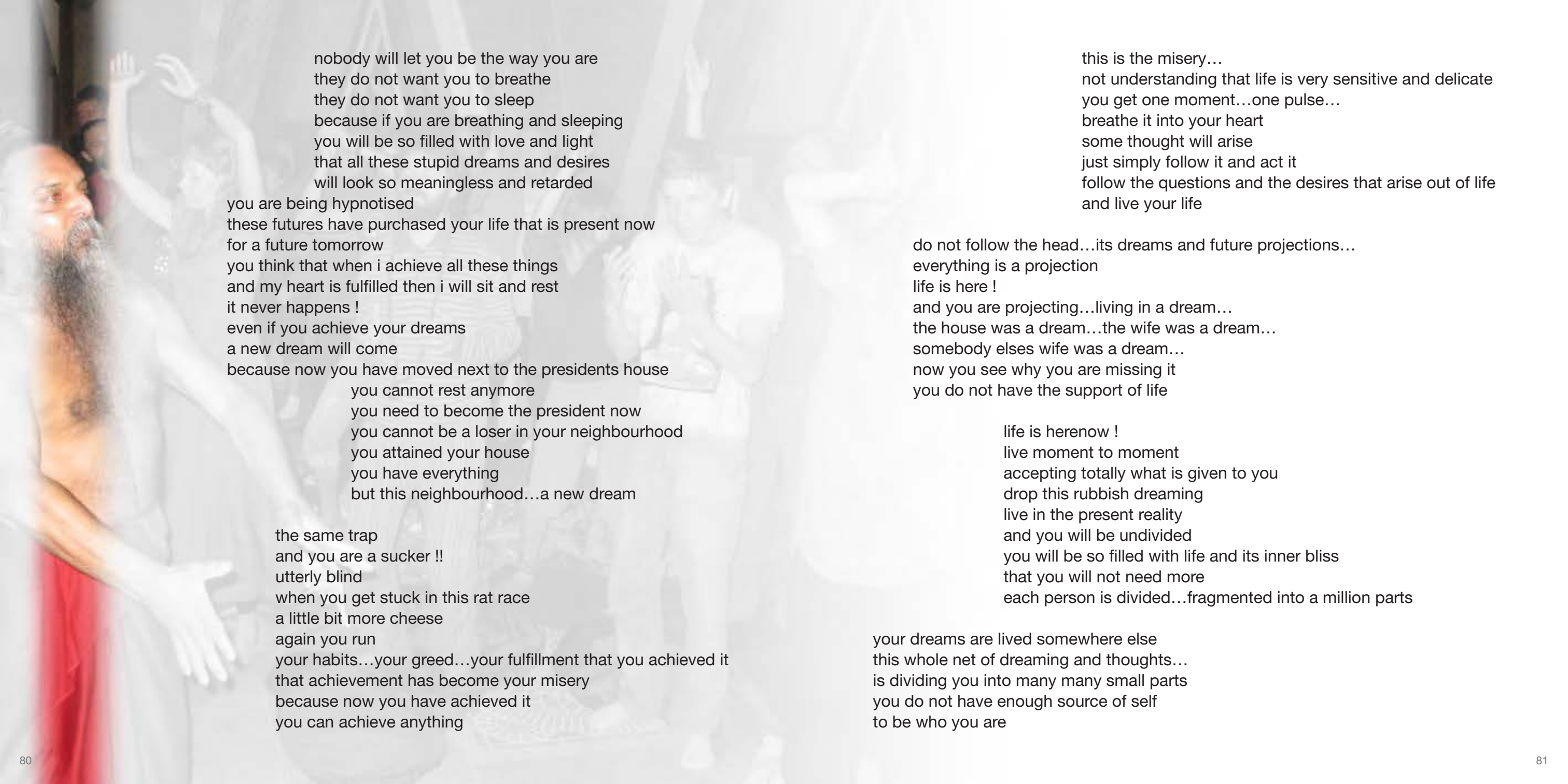
so many responsibilities

the children need a car

they need a future

they need responsible parents





nobody will let you be the way you are  
they do not want you to breathe  
they do not want you to sleep  
because if you are breathing and sleeping  
you will be so filled with love and light  
that all these stupid dreams and desires  
will look so meaningless and retarded

you are being hypnotised  
these futures have purchased your life that is present now  
for a future tomorrow  
you think that when i achieve all these things  
and my heart is fulfilled then i will sit and rest  
it never happens !  
even if you achieve your dreams  
a new dream will come  
because now you have moved next to the presidents house  
you cannot rest anymore  
you need to become the president now  
you cannot be a loser in your neighbourhood  
you attained your house  
you have everything  
but this neighbourhood...a new dream

the same trap  
and you are a sucker !!  
utterly blind  
when you get stuck in this rat race  
a little bit more cheese  
again you run  
your habits...your greed...your fulfillment that you achieved it  
that achievement has become your misery  
because now you have achieved it  
you can achieve anything

this is the misery...  
not understanding that life is very sensitive and delicate  
you get one moment...one pulse...  
breathe it into your heart  
some thought will arise  
just simply follow it and act it  
follow the questions and the desires that arise out of life  
and live your life

do not follow the head...its dreams and future projections...  
everything is a projection  
life is here !  
and you are projecting...living in a dream...  
the house was a dream...the wife was a dream...  
somebody elses wife was a dream...  
now you see why you are missing it  
you do not have the support of life

life is herenow !  
live moment to moment  
accepting totally what is given to you  
drop this rubbish dreaming  
live in the present reality  
and you will be undivided  
you will be so filled with life and its inner bliss  
that you will not need more  
each person is divided...fragmented into a million parts

your dreams are lived somewhere else  
this whole net of dreaming and thoughts...  
is dividing you into many many small parts  
you do not have enough source of self  
to be who you are

first be who you are  
see what life has given to you  
understand your sources of life  
understand the relaxed breath...this peaked experience  
and this open window will create a vision...  
a certain clarity  
and it will guide you and tell you  
that these are important values in your life  
these are your values  
this is your life  
this is your destiny

do not listen to what has been fed into your head  
parasites do not know how to live their lives...they need suckers !  
all these companies are selling you  
your future is being sold  
your whole life has been sold  
you never lived because you need to fulfill your stupid dreams  
whichever society you will go in  
you will follow their dreams...their ideas...their stupidity  
you have become a robot

become human  
understand what is yours and what is not yours  
do not fall into others traps  
do not think that those minds are your mind  
that these are your dreams  
they are other peoples unlive life that they are filling into you  
they tell you what you should be...to be responsible...  
none of it !  
you are not responsible for anything but the life that is within you  
and that responsibility is not to anybody but to existence itself  
another name for it is gratitude towards godliness that is present within you

you are responsible for life and your godliness  
and the moment you follow your inner nature  
you are not listening to god...  
you are god in action !

that is your gratitude to this life that has entered you  
follow it silently  
live it deeply  
and it will give you the peaked experience of fulfillment  
follow your inner silent thread and you are god  
follow others and you are a slave  
you are a slave because it is borrowed  
they are borrowing your time and your life

do not sell your life so cheaply  
you are priceless !  
value these moments of life deeply  
they are your life  
you choose your life  
you choose your friends  
it is your life !

you are not to live other peoples lives  
they have their lives...they can live their lives...  
you will see one strange phenomenon  
that those who do not know how to live their lives  
always tell you that you do not know how to live your life...  
that you are wrong...

this is the trap  
the word responsibility  
the ugliest word in the world  
be responsible to somebody...  
are you not responsible to the life within you ?  
since when have others become gods ?  
and since when have you sold your life and future to others ?



be a rebel  
question those who tell you what your responsibilities are  
question them again and again  
be careful of these parasites  
you are not responsible for anybody but for your life  
and once your life will flower  
you will see the beauty  
it will be pure compassion and a celebration  
you will not impose yourself on anybody  
you will want people to live their lives totally free  
you are searching for the ultimate freedom

be free  
start from freedom  
this word is so valuable for the spirit  
you are free  
utterly free  
choose wisely  
it is your life

**question** *i want to ask about relationships and about responsibility  
in relationship between woman and man...about marriage...  
because osho was against marriage...*

really ??  
osho is not against anything  
he is for your freedom  
freedom is first  
and love out of freedom is freedom  
that word responsibility simply does not arise  
love is enough unto itself  
that word responsibility is when things get ugly

when the love disappears  
then it becomes a business...a barter  
sincerity in love to your partner...whosoever it is...  
is enough responsibility

he uses the word very wisely  
responsibility means the ability to respond  
now that is entirely different  
the ability to respond moment to moment  
is a spontaneous ability  
going with the river  
spontaneously  
deciding moment to moment spontaneously

the word responsibility is already a title  
already it is decided that this is responsible...this is not...  
you have no ability to respond  
you have to follow the marriage certificate  
the priest has signed the document  
the ambassador of god has signed the marriage certificate  
so i am no more responsible to my lover  
the priest is the authority now  
i will have to lose my ability to respond  
i will have to cut myself  
put myself in a box

love is enough  
your responding to love is such a beauty  
it is not this word responsibility  
you are not responsible  
and when love came did it come with a tag ?  
that it is coming today and i promise to live with it for ever and ever ?  
it simply came and now it is gone  
you are trying to catch it with a beautiful word  
responsibility...be responsible...

osho is not against marriage  
you can get married to your lover under a tree  
you simply go with your lover to the tree...i love him...he loves me...  
we are going to live together  
some leaf will fall  
that leaf falling...you pick it up and that is your certificate  
why you need a priest to watch ?  
who is he to give you the certificate ?  
he does not even know you !  
he cannot even handle his own marriage !  
he is unqualified to give you a certificate with authority

love is authority unto itself  
if you feel that there is sincerity  
that you need to deepen your relationship  
with a single individual then continue  
because soul also needs a deepening  
it is beautiful to grow your roots deeper and deeper with one being  
sometimes it will be good...  
sometimes it will be bad...  
you have to give and take in a relationship  
then marriage is perfectly beautiful

he is not against marriage  
he is for freedom  
if freedom comes with your marriage  
how beautiful !  
what a beauty !  
you are not here to be jailed for life  
love is not a crime  
there is no court

you do not need to go to any church to get married  
go to the sun...the moon...the stars...the river...the ocean...the trees...  
and you decide with your lover that today is the day

and i will be as sincere as possible to you  
your sincerity will deepen you as a human being  
your sincerity in your love to your partner will reflect your authenticity  
so then it is so beautiful  
to be with one person and to be total  
and hope for the best

no need for marriage  
you have the authority  
marriage means you are not certain  
if you are certain  
that i am going to live with this man my whole life  
you will say...what a joke !  
i do not need certificate...i can certify you...  
my love is certificate enough !

osho is against imprisonment  
you are free  
you are a free being of light  
searching the ultimate freedom

to reach the ultimate state of freedom  
you must be free  
no chains...  
nothing...  
no rules...  
no obedience...  
freedom towards the ultimate freedom

freedom brings a certain integrity  
you cannot blame it on others now  
the moment you are free  
for the first moment you are responsible now  
it is not easy to be free  
freedom brings its own responsibilities

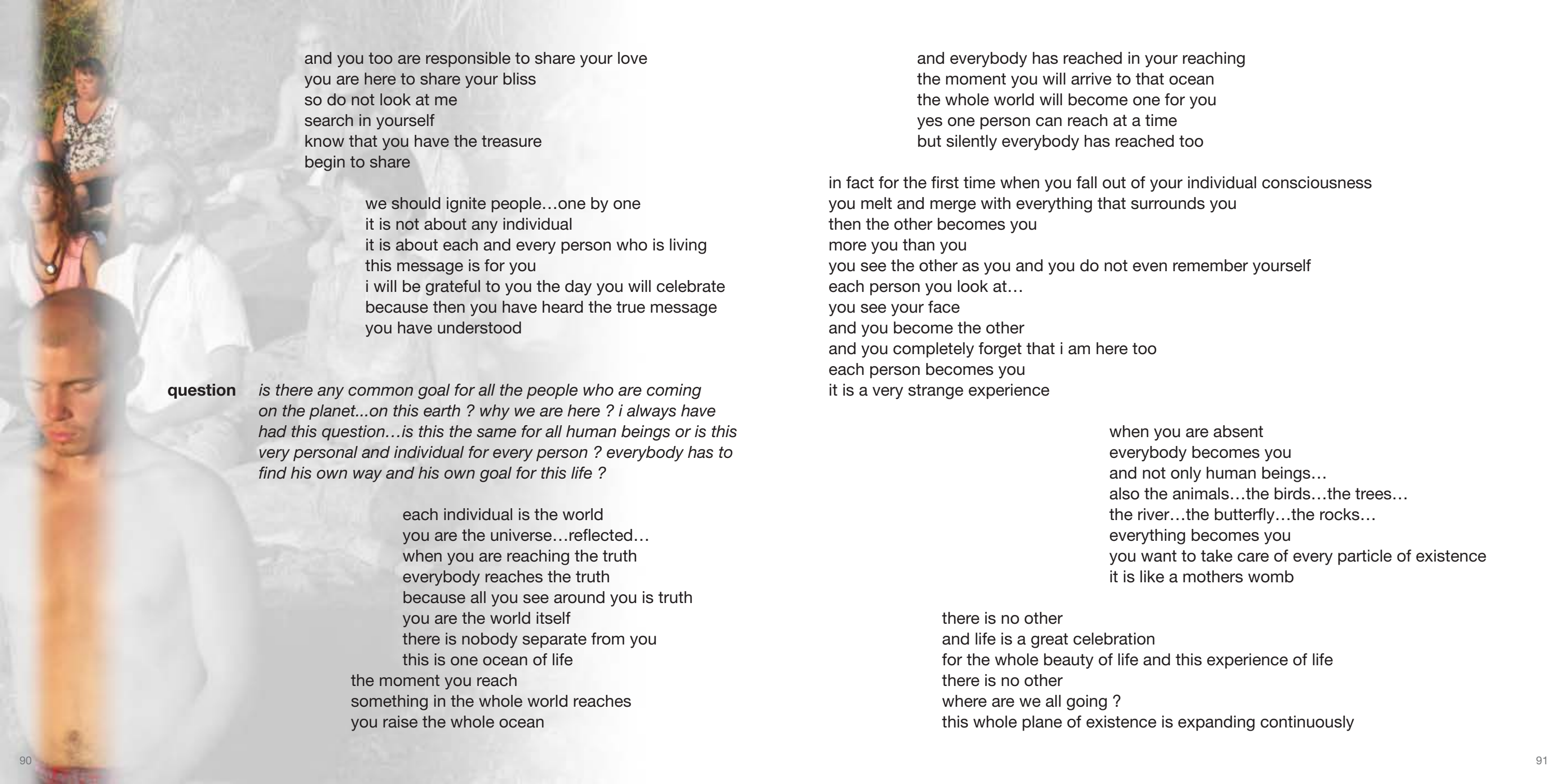
when you take a marriage certificate  
you are declaring that you are not free  
you are declaring that i depend on this certificate for this marriage to continue  
it means you are borrowing others power  
you are free  
free to get married too !  
get married...no problem  
but make it clear that i am free  
there are some beautiful people who got married in strange ways...  
i heard one couple dived in the ocean  
they went deeper and deeper and deeper...  
and they said to the fishes...we are married !  
do something unusual  
without certificate  
hmm ?  
no need for any authority  
you do not need any paper  
paper is ugly  
can you write love on a paper l o v e  
what feeling the poor paper has got ?  
i love you is written on the paper...  
must be very poor love !

**question** *when you enter you always smile...you give us the energy...  
is there anything we can give you back ?  
because you smile and i want to respond...*

you are here...that is enough for me  
you are receiving  
i am grateful  
you are receiving my love  
i should be grateful that you have taken the time...

to come and listen here  
everybody is not there to receive love  
they are busy doing many other things  
and i am not giving you anything really  
it is pouring from existence itself  
i have become empty  
and its pouring...pouring...pouring...  
wherever i go it is pouring  
i am burdened with it...  
too much bliss !  
so i am not giving you anything  
who am i to give you anything ?  
i am simply receiving  
you can drink from the well  
i am nobody to give you anything  
i am empty...a hollow bamboo  
and i am watching existence flow  
i am watching also...  
i am present to this happening...this blessing flowing...  
but it is not mine...it is yours !  
it is your life itself  
i am simply a mirror  
showing you that you too are  
just become silent...empty...  
and you will be receiving and flowering and showering...  
everywhere you go  
we need millions of people celebrating life  
so i am grateful to you  
now you are responsible to be enough unto yourself  
my message is for you  
so you know that you too are there  
and if you see clearly this mirror  
you will see your own face





and you too are responsible to share your love  
you are here to share your bliss  
so do not look at me  
search in yourself  
know that you have the treasure  
begin to share

we should ignite people...one by one  
it is not about any individual  
it is about each and every person who is living  
this message is for you  
i will be grateful to you the day you will celebrate  
because then you have heard the true message  
you have understood

**question** *is there any common goal for all the people who are coming  
on the planet...on this earth ? why we are here ? i always have  
had this question...is this the same for all human beings or is this  
very personal and individual for every person ? everybody has to  
find his own way and his own goal for this life ?*

each individual is the world  
you are the universe...reflected...  
when you are reaching the truth  
everybody reaches the truth  
because all you see around you is truth  
you are the world itself  
there is nobody separate from you  
this is one ocean of life  
the moment you reach  
something in the whole world reaches  
you raise the whole ocean

and everybody has reached in your reaching  
the moment you will arrive to that ocean  
the whole world will become one for you  
yes one person can reach at a time  
but silently everybody has reached too

in fact for the first time when you fall out of your individual consciousness  
you melt and merge with everything that surrounds you  
then the other becomes you  
more you than you  
you see the other as you and you do not even remember yourself  
each person you look at...  
you see your face  
and you become the other  
and you completely forget that i am here too  
each person becomes you  
it is a very strange experience

when you are absent  
everybody becomes you  
and not only human beings...  
also the animals...the birds...the trees...  
the river...the butterfly...the rocks...  
everything becomes you  
you want to take care of every particle of existence  
it is like a mothers womb

there is no other  
and life is a great celebration  
for the whole beauty of life and this experience of life  
there is no other  
where are we all going ?  
this whole plane of existence is expanding continuously

the whole existence is becoming vaster and vaster  
the whole existence is moving towards light  
everything...  
even the rocks...  
everything is expanding  
life is not shrinking...remember...  
life is expanding  
the ultimate state of expansion is the truth

you can see it and know it  
even if you do not see it and do not know it  
the truth is still present  
you are not present...that is the difference  
but the truth is already present for this whole humanity  
it has always been silently present  
taking care of this whole universe  
when you will understand that is a different matter  
you will have great compassion in your heart  
beautiful...

**question** *what do you think about the armageddon...the collapse of the world ?*

it never happens  
unconsciousness and consciousness  
there is no armageddon  
unconsciousness is armageddon and it already happened  
you cannot kill life  
forms may change...maybe...  
but you cannot be killed  
understand what i am saying  
even if armageddon...  
you cannot be scratched

but there will be no armageddon  
love is too strong  
the force of life  
the whole power of life is too overwhelming  
the power of hate...blindness...is just a little darkness...  
life struggles for life

we are coming close to a certain point  
the time for armageddon...the dark age...  
where things are becoming so materialistic  
but the whole world is slowly shifting  
towards love...compassion and life  
the more dangerous it gets  
this whole existence starts trembling  
and pulling you back slowly slowly to life

life is overwhelmingly powerful  
i say it will never happen  
but it is good to think it may happen  
it makes you a little alert  
it is always good to think there is no tomorrow  
it is always good to be a little bit alert  
so you do not take life for granted  
you do not postpone your inner journey

if you knew that you have only six more months to live  
after that armageddon  
the world will come to an end  
what are you going to do ?  
you will start quickly meditating...finding the way out...  
yes...maybe armageddon might happen  
anything that helps you on the way  
but i cannot foresee any future of this nature  
nothing...  
you can breathe now

**question** *what does it mean to you to love yourself ?*

for me personally...i do not have any self left to love  
my self has disappeared  
i am only love left here  
i have no direction for myself  
i am dissolved  
you are my love  
love is simply spreading wherever it goes  
no self  
you are my love

now the whole energy turns around  
and it starts spreading outward  
it simply overflows and starts spreading like radiation  
i am so filled...  
i am simply absent...  
no self...  
but i have you  
i have you all  
so many more people to dissolve  
are you ready ?  
join the dance !

**question** *what exactly do you mean by you ?*

many things...  
it depends  
there are so many yous  
you is not one  
there are many yous  
each one is so different  
i never said *you* to anybody the same way

**question** *what do you mean by you when you are addressing to everybody ?*

oh...i am very egoistic  
it means me...ha ha !  
when i say *you*...i am saying *me*  
ha ha ha ha !

**question** *and what do you mean by me ?*

me means you...ha ha !!  
you are me...i am you...  
when i say you...i mean me  
when i say me...i am not here...it means you !  
any sense it makes ?  
just be confused

there is no you...no me...  
this is one pool  
where are you ? where am i ?  
you may be sitting there  
but you are also drowned in a certain space  
if you think you are here  
then you are looking at a part  
but look at the whole here  
it is a space  
we are connected  
there is no two

you see my hand moving ?  
the air is not empty  
this is our connection  
in the middle you are hiding somewhere in your cave  
that i am here



you have seven layers of aura  
are you in the body or are you out of the body now ?  
what about the aura around the body...  
is it inside or outside ?  
am i touching you or are you far away ?

we are one in the essence...  
in the unessential there is the wall of the mind  
you are there and i am here  
but in the essence  
we are both at the same space  
there is no you...no me...  
for the mind you are there...i am here...  
but that is not of any significance to a mystic

i am a mystic...not a teacher

i am tanya today

tanya is me

this is the message

feel it...

something will trigger in you...

a mystic is one who mystifies you

he shows you your finger is no ordinary finger

he shows you your connection to this universe

he shows you the magic that you are

and the world shows you the person that you are

look deeper...





ukraine  
new petrivei  
8 august 2010

such a beautiful experience...  
must be gurdjieff who is around  
creating this stop experiment !  
suddenly...the lights go off...  
stop !  
and it is gone  
and it is off  
and it is on

this is gurdjieff hiding here somewhere  
i was speaking about him today  
you see ?  
finger pointing to gurdjieff !  
*ha ha ha ha*

thank you gurdjieff master  
now he has gone away  
i thanked him...now he has decided to go !

this is a gurdjieff method...sudden stop  
we are really lucky today  
it is very rare  
it has never happened before  
mystics are very intelligent people  
they can use anything...  
in fact the ultimate is to use death



the window of death is a new awakening  
just like this light disappearing  
suddenly gone and a new universe opens  
you see the beauty ?  
life and death...light and darkness...  
no preparation makes you alert  
you suddenly came into this world  
like this...pop !!  
exactly like this  
you did not even know you are coming !  
no fear !

and now you have fear while you are living  
when you are born you had no idea...  
not even to choose your parents...  
or to be born in ukraine or india or in middle of tibet...  
you just suddenly popped out of the dark womb  
and here you are  
one day you will pop out into another dark womb  
and here you are...so beautiful...

death enhances the beauty of life  
the way you came you can go too...so beautiful !  
what a joy that the window will open once again  
whatsoever you need to know of life you already know it  
it is always the same  
you wake up in the morning...  
you brush your teeth...you have your breakfast...  
the same routine...  
how do you pop out of this boredom ?

you need to find a mystic  
he will show you the window that you are not only this  
how to fall out of the mind ?  
how to come to that crystallized space  
and know that you are beyond the mind

you are filled with thoughts dreams and desires  
thoughts keep passing  
you keep watching the thoughts  
a thought comes...another one comes...another one comes...another one comes  
just watching the thoughts at a remote distance  
slowly slowly the traffic becomes slower and slower  
and you see the gaps between the thoughts  
as you slow down the gaps between the thoughts become bigger  
one thought comes...  
nothing in between...  
another thought comes...  
you simply observe the thought as if it is somebody elses thought  
just watching it indifferently...  
without being attached to that thought

the gap starts becoming bigger and bigger  
you are no more identified with that thought  
you start disconnecting from that thought  
now you know the thought is moving  
but you are watching  
your watchfulness is getting stronger and stronger  
and the thoughts that you are attached to  
are getting weaker and weaker  
you are no more engaged in the thought  
but you are simply watching indifferently...silently...  
and the thoughts move back

your witness...your watcher...  
is separating from the process of thoughts  
you are becoming a witness to thinking  
as this witness...this watchfulness becomes stronger and stronger  
you can then start looking at emotions  
the emotions are subtler than thoughts  
subtler and deeper



you are attached to your feelings  
it is difficult to watch your feelings...your emotions...without attachment  
because these are your emotions  
you are identified with them

they are who you are...they move you  
so watch the emotions...the subtle emotions...  
silently...watchfully...  
slowly slowly your emotions will start to settle  
you are no more identified and attached to that emotion  
what is becoming stronger in you is this diamond of watchfulness

you are engaged in thoughts...you are engaged in emotions  
you were the thoughts...you were the emotions...  
now you have started watching the thoughts and the emotions  
and now you have become a watcher  
the energy that was taken from you by the thoughts is no more with the thoughts  
but it has become your watcher now

now there is a clear separation  
here are the thoughts...i am watching  
these are my emotions...i am watching  
that watchfulness is your true nature  
and slowly slowly you begin to watch the whole body

slowly slowly the watcher becomes so strong  
that you are no more identified with the body  
what have you done in this process ?  
you are removing the diamond from the mud  
the diamond is the watcher  
you are the watcher...  
from the mind to the body to the emotion  
you have separated completely  
and now you know that whenever it will fall  
this crystallized watcher will continuously watch  
removing the diamond from the mud

how can you do such an impossible task ?  
watching your simple day to day life  
each and every small act of yours  
watch consciously  
it is vast experience  
the energy that was in the action is released  
and becomes part of the watcher

it is like a magnet  
once this magnet begins to work it is a simple knack  
once this magnet of watchfulness begins to work in you  
the source of energy comes back to you in everything you do...

you throw the energy in the action outward  
but because you are empty and watching  
the energy comes back to you  
then thoughts do not drain you  
emotions do not drain you  
nothing can drain you  
because the witness is connected with the whole  
it is a source of power of this entire existence

just a simple understanding  
how to go back to the source of energy  
the same source of energy is moving in desire  
the same source of energy is moving in thoughts  
the same source of energy is moving in action  
how to come back to the source again ?

one pulse of life in the source creates a ripple  
the ripple moves to the heart  
there arises a desire  
the desire creates a thought  
the thought creates an action  
that is how you began the whole process

the pulse of life...  
you do not know what to do with it  
it creates a desire  
it becomes a thought  
thought becomes the action  
you have used the source into action !

the meditator is finding the way back to the source  
of the power from where it all began  
action...  
thought...  
desire...  
ripple...  
still...

this is the cycle

if you can understand this cycle  
then you can live in this world  
dream...desire...and action...  
without being touched by the world at all  
you can live without any inner attachment to that action  
just watching it  
the source moving into action

all the buddhas are acting and working every day  
but what is the difference between the action of a buddha...  
one who is watchful...  
and the action of one who is unconscious ?  
there is no quality of magnetism  
the unconscious person is spending his life force  
the one who is conscious is coming back home in each and every act  
he is vacant...  
he is empty...  
there is no dream...no desire...no action...  
yet the action appears

he is using the highest source of movement...of no mind...  
compassion and watchfulness...  
if you can do the same act consciously  
you are creating the silent witnessing presence within you  
start with the smallest things  
small things are great things  
because these small acts you are doing continuously every day  
you cannot avoid these small acts

simply move your hands consciously  
these are your hands  
they are connected to the source  
your hands are your dreams in action  
your hands are connected to your heart  
just learn to move your hands consciously...  
and you will understand the source  
that is why i say again and again...  
meditativeness...in the smallest action is more real  
than all imagination about meditation

master your hands  
they are your heart expressing...  
move consciously...  
feel your heart totally...move lovingly...  
and you will feel such a flow of life through your hands  
that you will never be mechanical again

understand the inner key  
a ripple...desire...thought...action...  
if you can align this life force  
to your desire and thought and action in one  
you become one  
just one single cycle  
one pulse  
desire...thought...action...



if you can complete one cycle in totality  
you have understood the flow  
and you can feel the beauty of that one exchange  
slow down  
find the pulse  
the desire...the thought...the action...one single thing  
you have mastered it

mastering is not of many things  
masters are not people who know many things  
they know only one thing at a time...whatever they do  
mastering the inner thread of that particular doing creates a master out of him  
he has learned the key  
and that key can be applied to everything  
that key can be applied everywhere...  
in everything you do...

now you are watching me  
this same quality is within you  
see the consciousness that is within you  
feel...and act...in oneness  
one...just one


that is why tai chi or vipassana masters give you only one action  
just do this one act...continuously...again and again...  
what are they doing ?  
they are teaching you the inner science  
it looks boring but they are showing you the inner science  
and once you know the formula...you will start laughing  
it is ridiculously easy  
it is so simple  
how you keep missing the point ?  
truth is simple...easy

you just need to pay deep attention  
know the taste and apply it in small small acts  
just one week !  
if you can live in your house silently...watching the flow...  
following the thread...living it in totality...  
something magnetic will arise around you  
people will start looking at you  
what is it about him ?

you are not losing energy  
you have become a magnet  
once the magnet works you cannot stop it  
understand the source and how it releases itself  
just one cycle...please !  
with me...learn only this one thing  
just one simple thing...  
and you do not need any more learning

those who know...know its ease...its simplicity...  
and i say again and again  
that truth is simple because it needs no support  
lies need a lot of support  
many complicated equations and formulas...  
great theories and karmas...  
after life and future life...  
these are all lies !  
lies need support to stand on something  
the truth needs nothing  
but a simple deep understanding  
slow down...become silent...observe small things  
and hidden in them is the truth that you are seeking  
and if you cannot find truth in simple small things  
know it from me  
you have missed the point





i always simplify things  
and in the end of it  
i say the greatest knowing  
is nothing at all  
just pure innocence... like a child  
it is not a great knowledge  
it is a silent innocent knowing  
it is deep within your heart  
listen and you will understand  
hmm ?

people are so confused with so much rubbish  
if knowledge can help you...  
i am willing to give it to you  
but it is not going to help you  
this hand moving...  
this simple gesture...  
goes far deeper than any book  
than all the knowledge contained in all these stupid books  
just feel the radiation from a simple hand  
nothing more than that  
if you can catch that thread  
and not only from an enlightened person...mind you...  
from anything that lives  
    you can understand life from every source  
    from the children...  
    from your mother...  
    from somebody who loves you...  
    a flower...  
these are all innocent sources of truth  
you do not need a master  
a master is indicating to you that a flower is enough  
he is indicating that the eyes of a child are enough

when you go back to the world  
look at everything with an open heart  
look at everything with a beauty  
and feel the mystery in its living quality  
then i have been a help to you  
i am not a chain to you  
that yes...this man knows  
so now i have to follow him wherever he goes...  
no my friends...you are free now that you know me !  
if you know me...you are free

    be free first  
    and then out of your love...if you want to see me again...  
    just to feel...then you are always welcome  
    but you are free  
    no person who knows can change you  
    and i should not be a burden or a handicap to you

there is no great message  
mind needs a great message  
not love...not being

sombody asked me the other day  
what is next ?  
nothing !  
it is the same everyday for me  
you make me sit here one hundred and twenty days...same !  
the same taste of ordinariness  
and again and again the same message

buddha used the word...suchness  
suchness...isness...  
it is already the case  
i do not need to change the whole universal language of truth  
no...it is...already...here !

**question** *i would like to ask a question about awareness  
what is the way to remain aware the whole time ?  
how to be herenow and not to lose this state ?  
how not to fall out of this state of awareness ?  
i had several experiences when i lose the state of  
consciousness...losing consciousness physically...  
and i would like to understand the way not to have  
such an end...*

two different questions...  
losing consciousness and awareness  
these are two totally different questions  
do not mix them together

first you are asking how to remain alert...in a state of awareness...  
when you peak your energy to a heightened state...vertically heightened...  
that is the state of awareness  
awareness is a state  
a heightened state of alertness  
functioning from at least the third eye  
when the energy moves to this peak it becomes one  
this heightened state is a state of awareness present within you  
it is present within you in moments of sudden danger...sudden peaks  
it heightens and becomes awake in you  
how to keep it there constantly ?  
no need...let it settle down...  
let it relax into the heart  
what will you do with it ?  
if it is gone...let it go away  
because the moment you say you want more of it  
then mind has entered  
you have entered...your desire has entered...  
and that is taking the energy away

moments and moments will appear when you are at a peak  
and then the peak disappears  
let it disappear...  
let it settle...  
the body knows that you do not need it right now

overflowing energy moves to the state of awareness  
when you do not have that extra energy  
it will go to take care of the body...the mind and its emotional needs  
it is like a pyramid  
few glimpses will come  
and the rest of the time the pyramid also needs to be taken care of...  
the body...the mind...the emotion

so do not worry  
whenever these moments come  
be grateful  
drink it silently  
and let it disappear  
become aware of them when they are coming  
become more sensitive that now the peak is coming

every day you will have three to four to six peaks  
and this applies to everybody here  
you have minimum four peaks a day  
learn your cycle  
maybe at seven o clock in the morning you have a peak  
maybe at three o clock in the morning you are at your peak  
see your cycle  
and just observe  
be respectfully silent to it  
and slowly slowly the window will open  
bigger and bigger and bigger

the easiest way to generate more awareness within you  
is to move consciously  
each time you move consciously...  
you are creating a space within you  
to allow that experience to settle  
so each and every movement of your body...  
move consciously  
create space within the form  
do not ask for more  
live more  
be more conscious in your actions  
because if consciousness is not in your action  
is it in the brain

do not ask more...live more  
and you will have more of its intensity  
more of that state  
but it is not more  
it is simply deeper...thicker  
it is not more  
that word more is of the mind

you say you fall unconscious  
that is a different story  
i do not know what happens when you become unconscious  
do you black out ?

**questioner** *yes i black out*

no problem...black out  
i used to black out many times  
when energy goes to a certain point in the brain  
and if there is not enough space to receive it  
the brain shuts down...you black out

if there is too much impulse in a certain area of the brain  
the brain blacks out  
so it could be a great advantage  
people who have gone into coma...  
black...all is black...  
they wake up  
and something is fresh around them

a mystic and a meditator  
will try to make some use out of it  
i do not know your condition  
but i can tell you  
there will be some secret message within it  
something within you wishes to open  
and the moment you reach there you black out  
wait...wait...

a small experiment before it happens again  
close your eyes  
feel how it triggered  
how you came to this experience where things blacked out  
is it when your energy is moving upwards ?  
going higher and then the blackout happened ?  
or when you are going depressed and sad  
and then the blackout happened ?  
if it is going upward then it is a spiritual experience  
so wait !

there is a window hiding somewhere  
so when you are peaking...peaking...  
and suddenly everything goes black  
then wait and see...  
it is a blessing  
it has happened to many mystics before  
they go into a blackout space



next time...close your eyes...feel it  
there will be a certain taste in your mouth  
like gas...like the air is coming out of your mouth  
and then you went into the black  
that it is a good experience  
enjoy it !

**question** *when we want to relax we go to sleep  
and we see dreams but mostly dreams disturb us...  
sometimes my dreams are very active and i feel a lot  
of movement...why do we see dreams and what are dreams ?*

dreams are a vast subject for the person in the normal world  
his dreams are his future projections...his desires unfinished...  
anybody in the normal world wants to have something...  
do something...get something...  
and they feel incomplete  
so dreams will surface within them

the moment you start meditating  
the quality of your dreams will start changing  
because you are learning to be detached from this body mind and desire  
another form of dreaming begins  
dream is the release of energy that you cannot release consciously  
any energy that you cannot release consciously...  
will release in the form of dream

it is simply energy opening its doors  
and flowing in a different direction  
so it is nothing harmful  
in fact it is a safety mechanism of the body  
to release anything incomplete  
and release it as a dream  
so dreams are actually very healthy

but for a meditator who is watching his mind and his thoughts  
this question arises how to get out of the dreams  
if you try to force  
then you will create more complications within the inner mechanism  
first you should understand how to live your daytime more consciously  
the non dreaming physical reality  
if you can live your whole day consciously  
there is no hidden energy left to dream

gurdjieff used a very simple experiment  
he made you work so hard in the day  
by digging a hole in the ground  
keep working the ground...keep working...keep working...  
keep working like a farmer  
that when you fall asleep you are gone  
no time to dream  
you have spent your whole day so totally working in the earth  
that you cannot even dream  
you go to sleep...blank !  
you see what i am saying ?

dream is a luxury for those who have not spent the whole day working  
when you are active and total  
you will have no dream left  
you can see the simple people in the villages...the farmers...  
they do not have any dreams

there are many layers of energy within you  
first there is the physical energy  
for the mundane day to day activity  
then you come to superconscious energy  
that is undivided...at the third eye  
then there is another layer...that is the cosmic energy

if you have spent the whole energy of the physical body  
and you continue...continue...continue...  
the next layer will open...the superconscious energy  
and if you continue...continue...continue...  
your body will collapse  
but cosmic energy will start entering in you  
layers open...higher and higher layers

dreaming is on the below mundane level

it is the lowest energy in you  
incomplete day to day action

so if you do not spend your energy completely  
when you will fall into the depth of your sleep  
this layer will unfold

there are certain people who dream  
but their dreams are not of the body  
they are visions  
they enter from the third eye  
cosmic visions...supercosmic visions...mundane dreaming...  
so one cannot really decide whether it is a dream or a vision

let the dream come  
just watch it...let it go...you are not it  
let it continue  
if you start labeling it as a bad dream  
tomorrow you may have a vision  
you may think it is bad too  
so do not make any judgment  
i do not think you are really a dreamer  
but i do feel that certain visions can enter you  
you have a capacity for vision  
you have that window open  
so maybe look again carefully

**question** *you told that while we are sleeping we leave our body...  
and if somebody tries to wake us up while we are sleeping...  
is it dangerous ? is there an opportunity that i am not going  
to come back to my body ?*

it is not nice...

when you are sleeping you should sleep  
you have threads connected to the body  
you are hanging out on the ceiling

to bring you back when you are sleeping is not nice  
but not dangerous...you cannot die so quickly  
your husband must be trying but he cannot kill you !!  
*ha ha ha !!*

**question** *i will be happy to see a lot of dreams every night  
but unfortunately every two or three months i cannot  
fall asleep at all...it can last two or three days  
that i cannot sleep...i am staying awake in the middle  
condition...is there any clue how to avoid this ?*

no no no...that is very good !

when you are not sleeping once in a while you get a cycle  
and if it is cyclic you have come to a certain awakened point  
your body has had enough rest...so do not sleep  
it happens to some people when the moon is full  
sometimes at full moon you cannot sleep  
if that is so it is a good clue  
it means your peak is there  
enjoy not sleeping !  
you are a very strong man...you have extra energy...  
overflowing strength in the body  
so it can be natural for you

**question** *i like to ask a question about the science of life  
are these just games of the mind or there is really some reality  
about providence or fate and destiny ?*

no fate...no destiny...no science  
awareness...non awareness  
awake or sleeping  
for the sleeping there is no science at all  
for the awakened one there is a science  
but for the sleeping...what is the science ?  
a person who is sleeping does not even know one plus one is two !  
no science !  
for the person who is sleeping there is no fate  
unconsciousness is not a fate  
consciousness has a future

the moment you move on the path of consciousness  
now you are deciding about your life  
before that it is all accidental  
this world is accidental  
nothing is planned  
it is all just moving  
consciousness moves out of this plane of unconsciousness  
no faith...no destiny...no science  
and you are lucky  
because if you had a fate and a destiny  
then you are a slave

for anybody who has come with a fate and a destiny  
there is no use to live  
the destiny is going to happen  
the fate is going to happen so you leave it to the other  
you leave it to god  
he has written your fate and your destiny

so whether you jump in the ocean or you jump in the well  
or you do not jump...it is destined to be  
do not be a slave to anybody  
if anybody writes my destiny i will cut the persons head off  
i would rather be alone with no fate and no destiny  
than have somebody write my destiny and my fate  
and that is true for you too

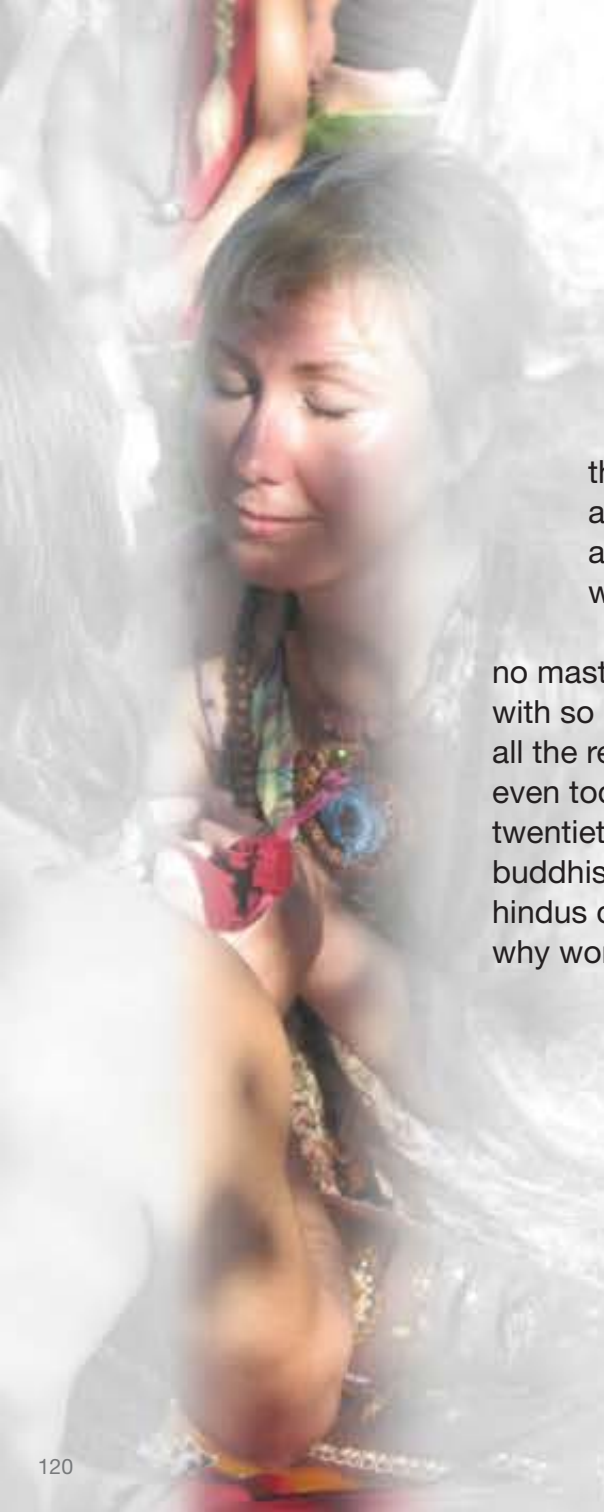
you are free !  
free to choose any destiny...  
you write it and you make it  
you are in total control  
you do what you want to do  
and choose the best for yourself  
who can know what is good for you ?  
only you can know  
so choose the best  
okay !

**question** *what does it mean to be a sannyasin ?  
what does it mean to take sannyas ?*

dropping the mind...  
all this knowledge...  
all this weight...  
disappearing into the mystery of life  
just putting your whole inner being...in deep gratitude...  
towards this whole existence  
opening your eyes  
just letting go  
no more struggle to be...to become  
just accepting yourself  
perfectly the way you are







sannyas is learning to love yourself  
is trusting your inner voice  
sannyas is a deep inner trust with existence  
you have made a conscious decision  
that now i will connect to the whole  
i will not isolate myself from the whole  
that this is my home  
and my sannyas is going to take me back home

the mala is a remembrance of yourself  
and a great gift given to us by a master  
an enlightened compassionate buddha  
who has accepted each individual perfectly the way he is

no master has accepted women so openly  
with so much grace and beauty  
all the religions of the world denied sannyas for women  
even today !  
twentieth century !  
buddhists do not accept sannyas for women  
hindus do not accept sannyas for women  
why women have been denied sannyas ?  
osho is the greatest master ever  
not only he accepted women...he has loved them  
he has raised them where they belong  
he has created a new universe for women  
his sannyas is extraordinary  
it is a yes to women  
an absolute yes to women !

here is a man who has accepted you totally  
and shown the beauty of the feminine spirit  
i do not only mean woman as a woman physically

also the feminine spirit in men  
he has given recognition to the feminine energy in this world  
the creative...the womb of life

you have to be mad  
because sannyas is not of this body only  
it is not this body this mind and you  
your sannyas is a mystery beyond mysteries  
it is connecting you to the divine universe  
this whole universe has so many spiritual seekers in the sky  
a cloud full of dreams and seekers  
your sannyas connects you  
to all those beautiful seekers in the universe  
your sannyas connects you to all the buddhas  
to all the beings of light who are seeking  
in the past...  
in the present...  
and in the future...

you are connected to this whole mass of truth  
it is a vast experience  
and this body will fall but that sannyas...  
that remembrance of your being...will remain  
and the day you will reach home  
you will realize millions of angels are singing your welcome  
you are connected to all those beautiful individuals  
who are searching the truth  
and i mean all  
whether they are christians...  
whether they are muslims...  
whether they are hindus...  
whether they are buddhist...  
truth is truth

people may be unconscious in their conditioning  
but everybody has the right and the freedom  
to claim the inner search of truth  
all religiousness is one  
this humanity is one  
we need to understand the beauty of all who search  
we should not be egoistic  
that this is my religion  
it is a religiousness  
it can beat in every heart  
every being

it is important  
i do not want to say that only osho sannyas is the ultimate  
it is but it is only ultimate if you can bridge with everybody  
if you can create that bridge in your heart  
then your sannyas is deeper  
we do not isolate ourselves from humanity

somebody was telling me today  
that according to the vedic way of sannyas  
you have to give up the world  
we do not give up anything  
we add more to it  
we add a beauty to the world  
we add a dance to the world  
we add our love to the world  
we add our compassion to the world  
we do not want to run from the world  
we are the world  
we are here to live  
and we do not deny anything  
we are not here to deny but to accept

what is this sannyas ?  
total acceptance of the world  
live sannyas in the world  
it is far more difficult than escaping to the mountains  
it is a test to be in the world  
can you love here ?  
can you live here ?  
can you spread your joy here ?  
then...you have achieved !  
sannyas is of the world  
no escape...a total acceptance

**question** *can you explain the kundalini ? what does it mean ?  
what is the phenomenon of kundalini ?*

mamma mia !! oh no !!  
tonight have a good sleep  
have a deep sleep  
everything that is within you will arise  
if you can learn to have a deep sleep  
all your treasures will come in front of you  
just learn how to sleep deep...total  
all kundalini fundalini gone

strange thing  
when people are awake they are looking for truth  
everybody is awake and looking for truth  
but this mind...this body is the problem  
you cannot find the truth  
because you are in the middle of it  
go to sleep...disappear  
and let us see what happens when you are not present  
because you are in deep sleep

the truth has already happened to you  
but you missed because you were sleeping  
that is not a joke...that is really serious  
when you are sleeping deep in the night  
what is present is the truth...all around you  
but you do not know because you were sleeping  
truth was present...you were sleeping  
so at least you know now

that when you are in deep sleep truth is present  
when you wake up in the morning  
do not start running immediately  
just wake up...feel the body  
you will feel there is something  
you feel you are alive  
and then you come to your head say  
hey andrey...wake up wake up

when you wake up in the morning wake up very gently  
because you just came from the door of truth  
you were swimming in the truth...unconscious  
so slowly bring it back  
feel...because the heart is close to the being  
you feel that powder like energy  
something very soft and mysterious just entered the body  
that is the moment to catch it

when you wake up in the morning...for half an hour keep lying down  
because mind has not become active yet  
your dreams have not become active yet  
you are still close to the centre  
have a good sleep

too much talk for today  
some music...one dance...hmm ?  
enough for today







ukraine  
pusha voditsa  
11 august 2010

welcome again  
to this wonderful chaos...  
you can see the chaos here  
how to find balance and harmony in the midst of this chaos...  
just a few moments ago everything was unsettled...  
chaotic  
nothing made sense  
and a few moments later  
everything is perfect...  
still...  
silent...

how to be total ?  
the only way i have found  
is in your dance  
when you dance everything in you becomes real  
that is why every evening we begin in totality...  
with dance and the experience of who you are  
when you are in utter rhythm with your body  
taking your energy higher and higher and higher  
till you peak into your totality...

and then sitting becomes so easy  
if you have danced totally  
it will be natural for you  
just to settle and feel the silence  
where did the silence come from ?  
where did it descend from ?  
very simple...your totality !

that peak state of dance opened the sky for you  
and the window that is above you  
simply opened and showered upon you its silence...  
so learn how to dance first...  
meditation is not only about sitting  
you will become more and more dead  
your life will become more and more dull

arouse everything within you  
it is an arousal...a peaking...a totality  
and then you will feel the silence  
but first peak...be total !  
and you will realize that sitting is so simple

today is the first day...chaotic...  
welcome !  
tomorrow we will settle

tonight we are going to just dance  
a good beginning  
some wild dancing...some soft dancing...just dancing...  
preparing you for deeper experiences of silence

my way is dancing  
there is no easier way than dance...  
we will speak for a little while  
and then we will just dance...  
dance your way to the divine

you have plenty of time to ask questions and get answers  
when you are dead and gone  
when you are dead you can ask all the questions  
what was life ?  
what was the meaning of it ?  
what did i get from life ?  
what did i miss in my life ?  
what is the truth ?  
when you are dead there is plenty of time all these questions  
in fact you will have no other work than to ask questions

when you are living  
find ways to live totally  
find every possible expression  
of how to create a deeper flow...  
more totality in your actions  
find ways to create life in such abundance...  
with so much overflow...  
that you simply drown into it

your mind is shocked into silence  
this energy that peaks and hits the crown  
all those questions are bombarded  
with such an energetic explosion  
that they simply evaporate !  
even the meaning of life evaporates...  
when it sees life itself flowing with such a tremendous force  
mind disappears...

you are searching for that which remains...  
when the mind disappears  
when you are gone  
your mind disappears  
what will remain ?  
this is the experience of no mind  
and there is only one way...

i repeat it a million times...  
it happens in your totality  
in that peaked explosive state  
you are experiencing the very truth that you are carrying  
and then how to dissolve into it becomes so simple  
because you are in such a peaked state that you are dissolved  
there is no more boundary between you...  
and the energetic space that surrounds you

whatsoever i am saying everyday  
is nothing but rubbish  
so do not listen to my stupid words  
because i am going again and again to the same point  
how to attain to the peak...  
and how to deepen the silence  
i speak in this way or in that way  
just to engage you in some stupid logic  
but it is all rubbish...  
next time we dance do not miss the opportunity  
i do not know anything about meditation

**questioner** *you know nothing about it !*

i know nothing about it  
but i do know...the no thing...  
we are discussing no thing here  
i did not say i do not know  
i said i know no thing  
we are here to discuss no thing  
not what i know  
but what i do not know  
*ha ha ha ha*  
i know no thing

**questioner** *me too !*

disappear !  
you are not there  
if you say...me too...  
then you are saying you are there  
i am not here  
do not say...me too...  
say...nobody here...  
but i like your rude tee shirt...very cool  
now get your backpack off and relax !  
ha ha ha

there are so many beautiful people here  
who have come again and again  
and each time they come...we ask why are you here ?  
they do not know...  
last time they got nothing and now they are back again  
you can see them all looking foolish with a mala around their neck  
they have got nothing but they have come again...

so welcome all you fools and mad people  
we are all mad people meeting mad people  
we are all foolish...ignorant !

something invisible transpires  
we do not know how to catch it  
what is this madness ?  
what brings us there again and again ?  
and when you go back home you miss that madness  
so when this mad person rajneesh is back again  
let us go and become mad for a little while...  
this society is so sane  
so many intelligent people living there  
i am not one of them...



we are simply lost...mad people  
that is why all these juicy people keep coming again and again  
these are the real mad people  
so welcome to more madness  
but there are few people who are not mad yet  
we are here to drive you mad !

**question** *when we were dancing...  
why did the branch of the tree suddenly fall down ?*

the tree started dancing with us...  
it forgot how to dance...  
it forgot...it is an old tree...just one arm fell down !!  
when you are dancing...all the trees dance with you  
they have been waiting for you to dance for a long time  
there was an old dead branch...it simply fell down  
it must be all this explosive energy here...  
some part of the mind of the tree must have also fallen  
boom !  
good beginning...

it reminds me of a story in poona  
we used to dance in a smaller hall...the chuang tsu hall  
which has now become the samadhi of osho  
many times we were dancing in that hall  
and many times bhagwan commented...i am surprised the ceiling is still here !  
a big hall and just six or eight pillars...  
and many times the whole hall used to shake...used to vibrate...  
many times bhagwan said...my god...how come this wall is still standing ?  
when you are exploding in love...in ecstasy...  
even the rocks want to live...  
within that rock...within that stone...is life pulsating...

it recognises your totality  
even the rocks start dancing !  
i am not joking...i have seen it so...  
when i had my first explosion  
i was shocked to see is that all the walls...  
and the stones...and the ground...  
was moving...swimming...  
i could not place my foot on the earth...  
everything was moving like a river  
even the rocks were swimming...it was not solid  
there was a density  
but it was merging with the outer empty space...  
it was so scary to put my foot on the earth  
it always felt that my feet would be swallowed

the rocks are totally alive  
the more total you will be  
the more your peaked state will be  
you will see the rocks are living...  
the rocks are breathing...  
and they are growing...  
even the rocks are growing !

you can see crystals  
how they are growing...slowly...slowly...slowly...  
there is a pulse within them  
but to see the life within a rock  
you need to be at such a peaked state...  
that you can see through matter  
higher you go...nothing is dead...  
everything becomes a pure vibration

be careful when you walk  
this whole earth is swimming like a river  
it is all a vibration of life...nothing is dead...  
hmm ?

**question** *about the first explosion...where is the river flowing ?  
are there some other obstacles on the way ?*

the first explosion gives you a glimpse...a glimpse of enlightenment  
there are smaller glimpses...we call them satori  
the great first explosion...we call it a samadhi  
these are different expressions...different openings...  
qualitative...quantitative...explosions of enlightenment

if you were to totally explode all in one time  
and the whole sky was to open  
this bodymind is not prepared for such a vast experience  
the first explosion gives you a deep insight...  
you can call it enlightenment  
but it is just the beginning...  
after the first glimpse everything within you settles back to normal  
it is like a hole in the crown  
a vertical opening into the sky...

everything starts settling back into the core  
and reaches the very centre and crystallizes  
and you are back in the bodymind...  
you had a glimpse of the beyond...  
you cannot remain at that height for so long  
the body needs you back  
the bodies work is incomplete  
so you are pulled back into the body

this inner tube starts crystallizing  
it needs a deep rest...a transmutation  
time to absorb this vast experience  
there are many many layers within you...mind emotion body...  
mind can evaporate quickly  
layers of emotion...attachments...desires...  
the body...past desires...past life...

the first explosion slowly slowly disappears  
and a new crystallization happens within you  
and prepares you again for another explosion...  
maybe two to three years  
the body get its rest and adjusts to all the new experiences  
and another explosion happens...

it is like a hole in the head  
you have to view your body like a tunnel...a tube...  
the first explosion opens the inner crown petals...  
the second explosion opens the petals more  
and the tube becomes higher...deeper...and vaster  
and settles again...  
the third explosion opens the crown petals even further  
deeper...vaster...thicker...  
and settles again...  
fourth explosion...  
fifth explosion...

the whole kundalini completely opens...  
the thousand petaled lotus...  
and this bodymind that surrounds it has had enough time  
to find a harmony and balance between the vertical and the horizontal reality

after the first explosions  
it needs at least fifteen to eighteen years  
to complete the processes towards perfect enlightenment  
the last is not an outer explosion...  
from the inside...the core explodes  
it is called enlightenment  
second explosion...enlightenment  
third explosion...enlightenment  
then maybe the fourth or the fifth is not an explosion  
but an implosion...there is no more wall...



everything collapses inwards...  
the whole sky collapses inwards...  
the outer merges with the inner  
and it is no more an explosion...  
it is not that you are becoming enlightened  
now...you are no more...  
the walls have completely disappeared...  
and the last explosion is called an implosion  
where the dewdrop has become the ocean  
now the ocean has become the dewdrop  
these are the deeper stages...

i have explained in my book  
that i have completed my fourth explosion  
i am stating it very clearly  
that one more implosion has yet to happen to me  
but now the wall is so thin...  
that i can say i know  
and yet i should not say i know  
the last step is unknowable  
i can never know it...  
and it is just around the corner  
that is why i have started speaking

osho has said many times  
that after your third samadhi or your fourth samadhi...  
start speaking...  
because when you will complete the last  
nothing will bring you back in the body  
but your love with your friends that you have made along the way  
their love will bring you back...  
i am working very scientifically

you need five to six explosions  
to be in the perfect complete state...  
why i speak continuously about my first explosion ?  
because it is always the greatest !  
that experience is so shocking...so sudden...  
it can never be forgotten  
when the sky opens for the first time...  
when the master descends for the first time...  
you see his divine being  
and in that seeing it becomes your very knowing  
that first samadhi is enough  
now you can never fall back...

you may come back in the body  
but something in you has already left  
and become a divine presence...  
it is always the first explosion that most masters speak about  
it is like your first love...  
it is so deep...it is such a joy...  
that no matter when you complete your journey  
you will always remember the first glimpse of your master

you will learn that when you are ready the master appears...  
enlightenment is nothing compared to this experience...  
this darshan...  
this seeing of the master descending upon you  
is the greatest experience for any devotee  
there cannot be any greater experience...  
even after twenty some years...  
that experience is totally alive...  
when my tears started showering  
and that sudden laughter...  
tears of the mystic rose...



seeing my master descend and bless me...  
it is always the greatest peak for a disciple  
whatever may become of me later  
but that will always remain  
the highest treasure that i carry...  
that is why i say i am a devotee  
utterly dissolved into his feet...  
you see his feet descend and you are home  
that is the day of your glory  
after that you have to live consciously  
and more consciously  
to complete that same experience  
hmm ?


it is a long journey  
but what is important is that you have experienced the first explosion  
after that it will be a celebration all the way...  
you will know what needs to be done  
what needs to be undone...  
and even if it takes fifteen to eighteen years for the body  
to complete its process  
you will be celebrating each moment from that day on

osho became enlightened in 1952  
he declared himself to be bhagwan  
when he completed his last samadhi in 1970  
it took him eighteen years...  
and he has stated clearly that he has had five samadhis  
that in the fifth samadhi he never came back to the body  
that his body became so light...  
the wall became so transparent...  
that he was not needed in the body anymore  
he himself has explained five samadhis  
and that was his final explosion

rather i would say the implosion  
where the ocean became the dewdrop...  
there are walls but not really walls  
the body needs time to adjust to this new reality  
the body is horizontal...tied in the world of gravity  
the inner body is vertical...free of gravity  
how to live in this world and yet be present to the other ?  
when you are free...you are simply like a cloud  
a being of light...  
a perfect sphere like the moon...  
vertically above the body  
and the body is below...

and the master guides the body  
he is free of form  
free to see...free to be  
utterly free  
floating above  
and the body is below  
and that body may live another ten...fifteen...or twenty years  
he will gently guide his body...  
speak through it...  
use it to transmit the message of truth  
do you understand what i am saying ?

the question has been asked again and again  
is enlightenment sudden ?  
or is enlightenment gradual ?  
enlightenment is sudden...there is no gradual enlightenment...  
but after that explosion of enlightenment  
there is gradual development  
for the body to absorb these new condition  
but enlightenment is always sudden...  
there are no gradual states into enlightenment



it is a sudden vertical explosion  
and this gravity that you are in...  
suddenly you are released into the sky  
and you get a glimpse...  
and you know the truth  
anything that peaks you to the seventh centre  
comes to that stop...  
and if that stop is long enough...  
your seeing eye will open...  
see...and then come back...


these are small satoris and glimpses  
and these can happen very easily...  
very suddenly...when you are total  
if you are total with somebody who knows the truth  
just by his presence...by his totality...  
a window opens for you  
and you have the possibility to have a glimpse  
that is the whole hope of a mystic...  
that somehow he can give you that one window...  
that one flash...  
that one sudden glimpse...  
when you are in that open state  
energies flow in...filter and settle within you

you cannot meet a mystic horizontally  
because he is not the body...the mind...the emotion...  
he is a vertical presence  
trying to find a way to reach you vertically  
trying to enter you from the sky  
and enter...settle deep within you

you have to be very still...very alert...  
peaked...relaxed...open...  
and this experience will descend into you...you got it ?  
now you know why we dance  
why i use dance as the way to reach you  
or the way to create a situation that you reach yourself  
it is not a great mystery  
it is a very simple experience...very ordinary  
very easily possible for anybody present here  
these glimpses are very natural

**question** *i had a deep experience of leaving the body  
but i came back with a shock...i felt very bad at this time...  
i feel i had lost it completely...are there any outer circumstances  
that can prevent this ?*

really speaking...nothing can prevent it  
all outer simply disappears...  
the moment you fall in and touch the very centre  
the outer is powerless...  
when you touch the very source of life  
nothing from the outer can prevent it  
and everything living comes to support you and help you  
enlightenment...the explosion of truth...is an experience of death...  
you have died...you have left this bodymind and its conditioning  
you have left this bodymind...desire...hope...  
everything has been left behind  
in truth you have died...  
so this body wants you back...it needs you  
you have still some life to live  
so the body will pull you back as a safety measure  
it is saving your life...





you are not physically mature enough  
to contain so much stillness and silence  
the mind comes to a shock...to a stop...  
and when the mind is shocked to a stop  
it stops functioning...  
and you need to live your day to day life  
you need to function with this bodymind  
in a way this happening that disappears is your friend  
the body is bringing you back...  
so do not feel that you have lost something  
you can never lose the explosion  
it is beyond this bodymind

it gathers like a storm above you...  
every glimpse remains within you...above you...forever...  
you can never lose it...  
but this bodymind can forget it...  
because it has already transcended it...  
it does not know about it...

nothing from outside can prevent this from happening  
and it is not only through meditation...  
remember...this glimpse can happen in an accident  
it can happen when you are running...swimming...dancing...  
you may never have heard the word meditation in your life before  
you may be giving birth to a child...  
and your hara is open while you are delivering the child  
and suddenly you leave the body  
so many women have expressed  
this experience of leaving the body while delivering a child  
the hara is open...the child is being delivered  
so much blood loss...  
you can have the experience of death

somebody driving a car  
a sudden shock...an accident  
you can fall out of this bodymind  
and see the body lying separate  
how did it happen to our master osho ?  
he was sitting on top of a tree in deep meditation  
and suddenly his body fell off the tree...  
he landed on the earth...  
and he could see i am still sitting on the tree...the watcher...  
and there is my body lying below the tree...  
it happened to osho in an accident  
his watcher was so intent and still...  
and the body fell down

the watcher remained watching...oh...  
there is something watching the body too...  
that was the greatest glimpse for osho himself  
glimpses can happen in many ways  
and most probably never in meditation...  
it happens to you in a sudden shock  
or in a deep relaxation  
because there are only two ways available to you  
either the peak of a shock  
or the valley of deep silence...deep relaxation...  
the experience can happen

there are two windows  
one that you can climb upto...  
one that you can fall into...  
one is arrival...  
one is a surrender...  
there are two windows for the death experience to happen  
and whosoever had this experience...  
in whatever form or way  
you can never lose it



you will never lose the experience  
any time you want to relive the experience  
close your eyes...  
and you will feel something hovering over you  
it is so alive...  
it will haunt you your whole life  
and everything that you will do  
will slowly slowly start gathering in that being...  
that silent witnessing presence

so do not worry you will not lose it  
it will only grow vaster and vaster  
with the correct food...  
the correct rest...  
the right environment...  
the right gathering...  
the right energetic presence...  
the help and love of a master...  
the help and love of a natural buddhafield...  
this experience will grow  
vaster...vaster...vaster...

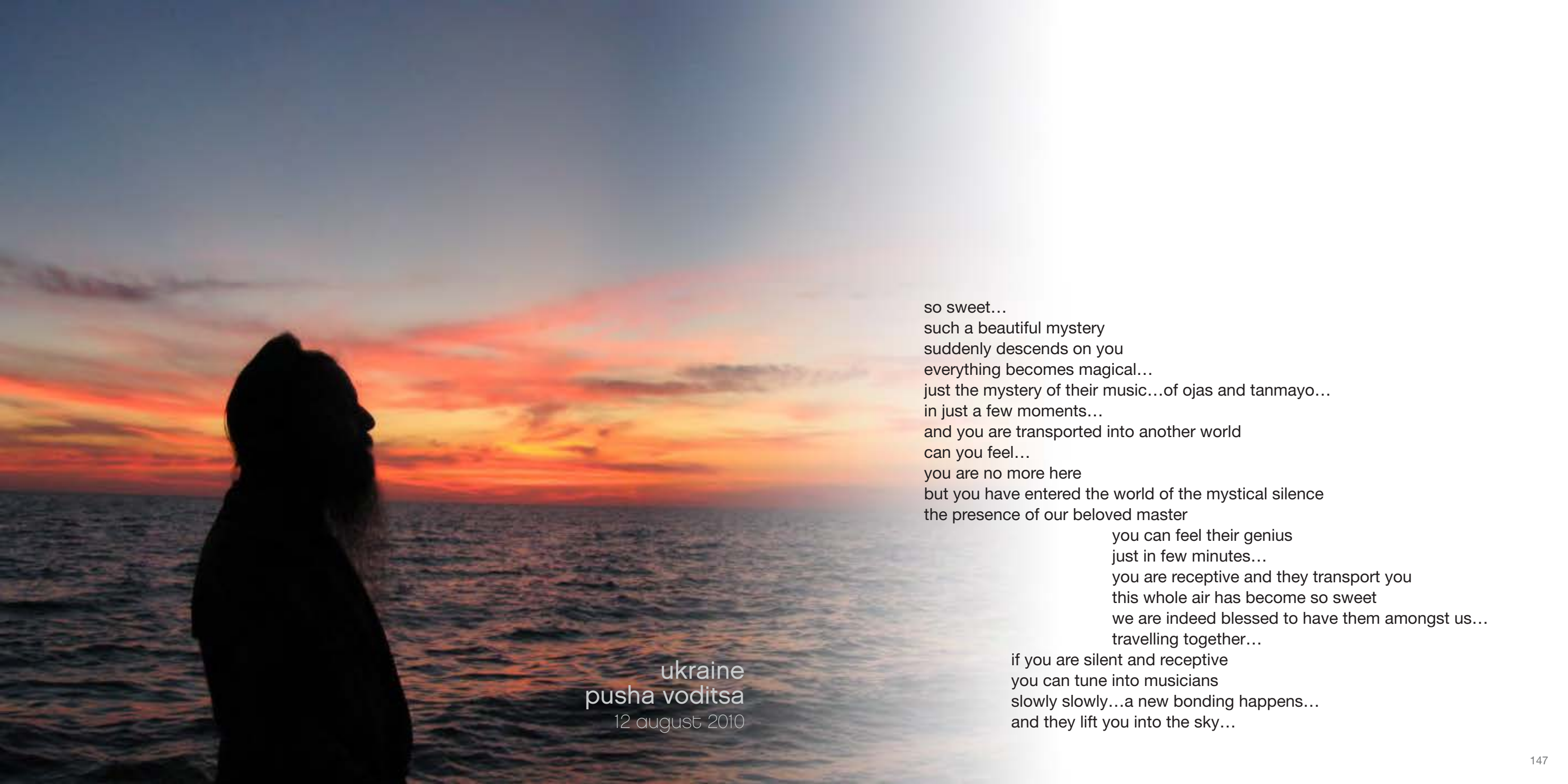
so the outer can help you  
and a meditator is one who searches the best...  
the most perfect soil for his spiritual growth  
that is why you are here...  
because we are here gathered together as one  
and each experience of yours  
and the experience of others who are gathered here  
help each other...  
hand in hand...  
my experience helps you...  
your experience helps me...

your inner pathways are different...my inner pathways are different  
and when many individuals gather together  
each ones pathways towards the truth  
makes the whole mystery stronger...

each and every person here  
is supporting the others truth...  
somebody may arrive through the heart centre  
somebody may arrive through the third eye centre  
somebody may arrive through the throat centre  
each person is so uniquely presenting that pathway  
that you are helping each and every person here

this is the reason we search for a buddhafield  
nobody is higher and nobody is lower here  
we are all individuals gathered together  
in deep respect and love for one another  
what binds us together is our love for our master  
and a deep reverence to each and every individual  
each person carries a special treasure  
and each treasure in this group becomes richer  
somebody is a red ruby  
somebody is a green emerald  
somebody is a blue sapphire  
somebody is a white diamond  
all jewels put together  
you are going to become richer...

do not worry...  
you can relive it any moment  
you have not lost anything...  
and you continue on your journey  
and that experience that you have had  
will gather more treasures from that open window that is available to you



so sweet...  
such a beautiful mystery  
suddenly descends on you  
everything becomes magical...  
just the mystery of their music...of ojas and tanmayo...  
in just a few moments...  
and you are transported into another world  
can you feel...  
you are no more here  
but you have entered the world of the mystical silence  
the presence of our beloved master

you can feel their genius  
just in few minutes...  
you are receptive and they transport you  
this whole air has become so sweet  
we are indeed blessed to have them amongst us...  
travelling together...

if you are silent and receptive  
you can tune into musicians  
slowly slowly...a new bonding happens...  
and they lift you into the sky...

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you will see on this magical tour  
what music and the mastery of their silence and stillness can create  
i am grateful to ojas and tanmayo  
for coming here specially...  
creating this silence and stillness for you...  
to dive into your own inner sky  
you can have music  
but these living musicians add their being...  
their stillness...their presence...is radiating  
in the sound that they are creating  
you can listen to great music  
but it will never be the same...

just a few sounds through the hands of silent musicians  
they are the magicians...the buddhas...  
the instrument in their hands is radiating their presence  
that is why i am so much in love with musicians...  
these beautiful creative geniuses !  
what they are adding to the sound is an element of their being  
so it is not only sound that you are listening to  
but carrying in that sound...  
you can feel them expressing their stillness  
so when you listen deeply to them  
not only listen to the sounds that they are creating  
but to something present within it...  
their buddha nature is reaching out to you  
they are expressing their presence in that sound  
and if you are deep and receptive...  
a new mystery will open for you  
and you will understand these geniuses  
i am simply here to create silence  
the music that is moving you is them  
they are moving you !

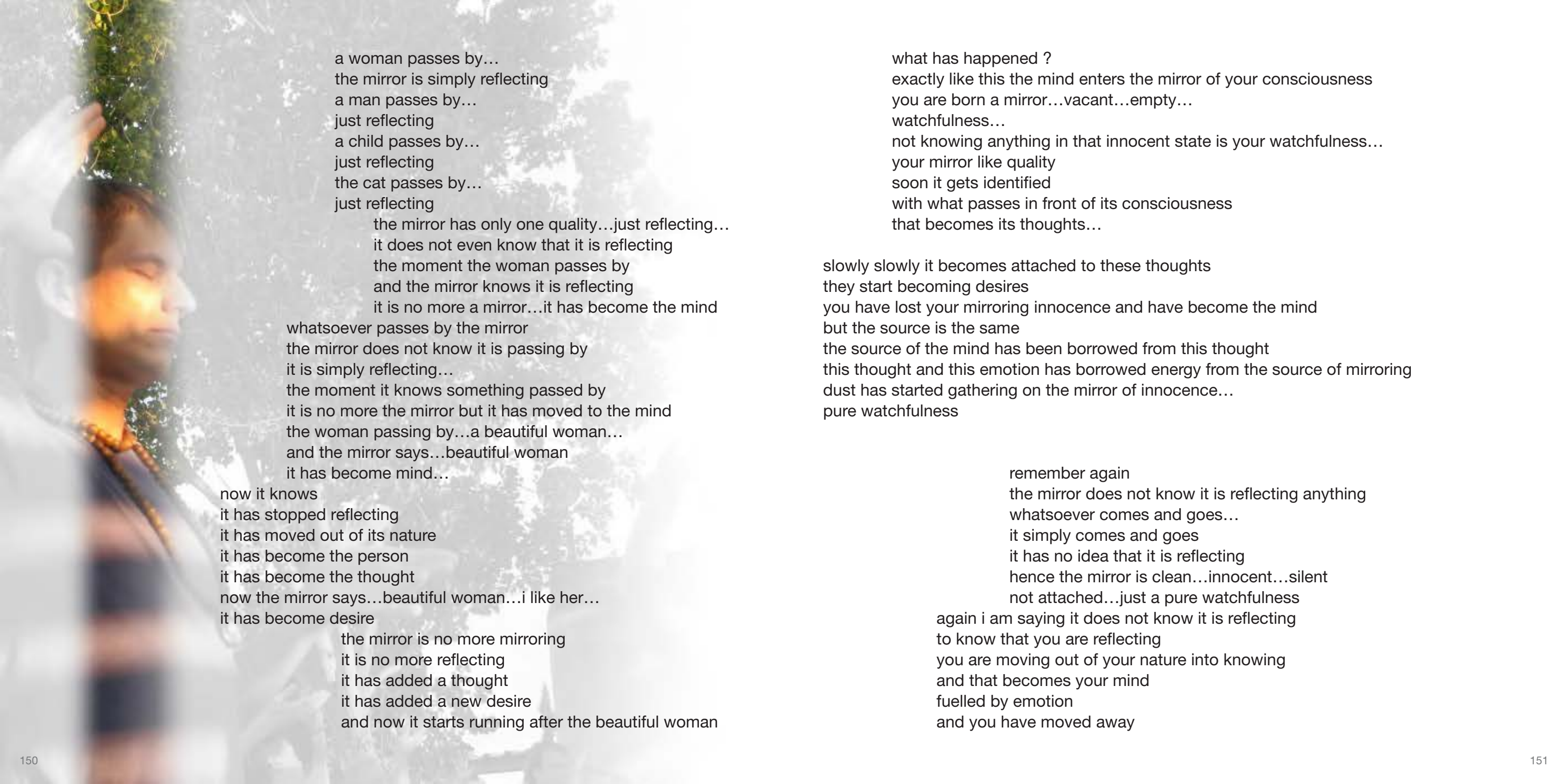
through this tour we will tune into them...  
and feel what they are trying to convey through their music  
i have immense respect and love for musicians  
they are no ordinary people...  
especially if the music comes from their silence...  
from their meditateness...  
it will take you higher and higher  
we are one field of love...

can you feel the difference ?  
their spontaneity...  
those few sounds can penetrate so deep  
you can feel the difference ?  
tonight when we will listen to them again  
we will dive deep with them again  
and let them guide us slowly slowly  
into deeper and deeper states...

always look at musicians with a mystical eye  
become receptive to the spiritual expressing through them  
and if you are receptive you will arouse their creativity  
and hand in hand you will see a new experience gathering  
for me also it is a great experiment...  
it is the first time i have the opportunity  
to have two geniuses with me  
welcome once again beautiful tanmayo...  
and my beautiful friend ojas...

this silence is like a mirror  
just a silent mirror...watching...  
just a silent mirror...reflecting all that it sees  
this mirror is absolutely still and silent  
this is the watcher  
just watching





a woman passes by...  
the mirror is simply reflecting  
a man passes by...  
just reflecting  
a child passes by...  
just reflecting  
the cat passes by...  
just reflecting

the mirror has only one quality...just reflecting...  
it does not even know that it is reflecting  
the moment the woman passes by  
and the mirror knows it is reflecting  
it is no more a mirror...it has become the mind

whatsoever passes by the mirror  
the mirror does not know it is passing by  
it is simply reflecting...  
the moment it knows something passed by  
it is no more the mirror but it has moved to the mind  
the woman passing by...a beautiful woman...  
and the mirror says...beautiful woman  
it has become mind...

now it knows  
it has stopped reflecting  
it has moved out of its nature  
it has become the person  
it has become the thought  
now the mirror says...beautiful woman...i like her...  
it has become desire

the mirror is no more mirroring  
it is no more reflecting  
it has added a thought  
it has added a new desire  
and now it starts running after the beautiful woman

what has happened ?  
exactly like this the mind enters the mirror of your consciousness  
you are born a mirror...vacant...empty...  
watchfulness...  
not knowing anything in that innocent state is your watchfulness...  
your mirror like quality  
soon it gets identified  
with what passes in front of its consciousness  
that becomes its thoughts...

slowly slowly it becomes attached to these thoughts  
they start becoming desires  
you have lost your mirroring innocence and have become the mind  
but the source is the same  
the source of the mind has been borrowed from this thought  
this thought and this emotion has borrowed energy from the source of mirroring  
dust has started gathering on the mirror of innocence...  
pure watchfulness

remember again  
the mirror does not know it is reflecting anything  
whatsoever comes and goes...  
it simply comes and goes  
it has no idea that it is reflecting  
hence the mirror is clean...innocent...silent  
not attached...just a pure watchfulness

again i am saying it does not know it is reflecting  
to know that you are reflecting  
you are moving out of your nature into knowing  
and that becomes your mind  
fuelled by emotion  
and you have moved away

it is as simple as this  
it is simply a quantum leap in understanding  
it is as sudden as that  
that...my god...i am just a pure watchfulness  
and from where all these thoughts and identities have gathered ?  
becoming innocent again to the vast unclouded sky  
is to come home  
is to clean the dust of the mirror  
and become a pure witness  
    witnessing is an art...  
    it is a simple knack...  
    just a pure watchfulness...no thought...vacant...empty...  
    in that watchfulness the whole becomes available to you

    the mind is dividing the mirror into parts  
    it is dividing you and fragmenting you  
    into so many different persons  
    how you behave with your mother...with your father...  
    with your friends...with the neighbours...  
    with your enemies...with your boss...  
    a million and one fragments  
    and that mirror is no more one  
    but becomes pieces and pieces of reflections

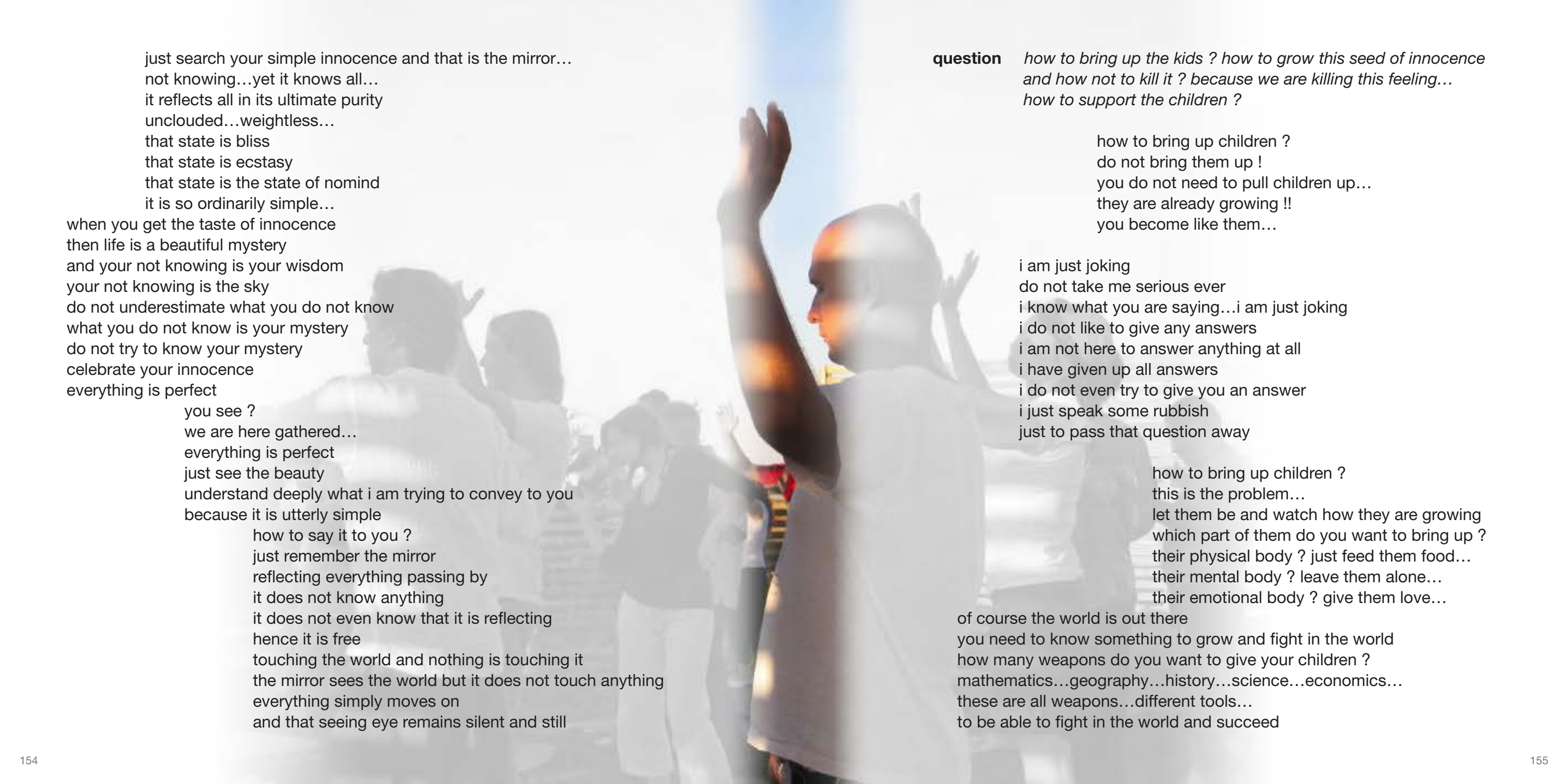
these reflections are borrowing from the source of your power  
and you become weaker and weaker  
and lose your sense of isness...  
your naturalness...  
and become part of the mind...the body...and its emotion  
it is absolutely natural that this is going to happen  
you will lose your innocence  
it is absolutely necessary for the body to grow...  
for the mind to grow...

if you are not attached to this bodymind  
you will simply not grow...  
so whatever is happening is natural but in a lower dimension  
the search of the mystic is actually the search for innocence  
please remember what i am conveying to you  
it is not the way to knowing more...more knowledge...  
but the way back to that absolute innocence...  
not knowing that you are...  
that you are reflected in that mirror  
you do not even know you exist  
you are in wonder...who am i ?

    slowly slowly you are detaching  
    your identity...your emotion...your thoughts  
    you are becoming disidentified with this reflection  
    and you will know your true sky...  
    your eternity...  
    that silent mirror reflecting

we have to come back to that state of simply reflecting  
i call it pure innocence...  
so beautiful  
are you not blessed that your search is for innocence ?  
what a relief !  
how do you feel when you know that your search is for innocence ?  
it has a totally different flavour  
it has a totally different taste  
    you can relax  
    you can let go into not knowing  
    you can dance and sing in your innocence  
    what a beauty !  
    all that weight off your shoulder...  
    you are flying !





just search your simple innocence and that is the mirror...  
not knowing...yet it knows all...  
it reflects all in its ultimate purity  
unclouded...weightless...  
that state is bliss  
that state is ecstasy  
that state is the state of nomind  
it is so ordinarily simple...  
when you get the taste of innocence  
then life is a beautiful mystery  
and your not knowing is your wisdom  
your not knowing is the sky  
do not underestimate what you do not know  
what you do not know is your mystery  
do not try to know your mystery  
celebrate your innocence  
everything is perfect  
    you see ?  
    we are here gathered...  
    everything is perfect  
    just see the beauty  
    understand deeply what i am trying to convey to you  
    because it is utterly simple  
        how to say it to you ?  
        just remember the mirror  
        reflecting everything passing by  
        it does not know anything  
        it does not even know that it is reflecting  
        hence it is free  
        touching the world and nothing is touching it  
        the mirror sees the world but it does not touch anything  
        everything simply moves on  
        and that seeing eye remains silent and still

**question** *how to bring up the kids ? how to grow this seed of innocence  
and how not to kill it ? because we are killing this feeling...  
how to support the children ?*

how to bring up children ?  
do not bring them up !  
you do not need to pull children up...  
they are already growing !!  
you become like them...

i am just joking  
do not take me serious ever  
i know what you are saying...i am just joking  
i do not like to give any answers  
i am not here to answer anything at all  
i have given up all answers  
i do not even try to give you an answer  
i just speak some rubbish  
just to pass that question away

how to bring up children ?  
this is the problem...  
let them be and watch how they are growing  
which part of them do you want to bring up ?  
their physical body ? just feed them food...  
their mental body ? leave them alone...  
their emotional body ? give them love...

of course the world is out there  
you need to know something to grow and fight in the world  
how many weapons do you want to give your children ?  
mathematics...geography...history...science...economics...  
these are all weapons...different tools...  
to be able to fight in the world and succeed



you really want your child to succeed in the world ?  
then give him a few guns !!  
yes it is necessary...  
but while you give education to your children  
why not give them a creative education too ?  
music...painting...art...pottery...  
these evolve the child into deeper inner dimensions of creativity

you cannot sell creativity  
but you can sell logic  
maths is important...geography...science  
coming first in class  
all competition...  
you need to make your children competitive  
always go ahead of the other  
do you ever tell your children become a loser ?  
do you give him a chocolate because he came last in class ?

you are teaching the child reward and punishment...  
stop this day dreaming...  
come first in class...  
do well...  
with this mental education you are destroying the child's innocence  
the child is intelligent  
let them grow at their pace...

children were put into education at six or seven years of age  
but i just heard that they are being put into school at just five...even at three !  
do the parents not want them ?  
do they not love them ?  
they do not need to stuff rubbish in your head so early  
leave them alone till six or seven  
feel when they have an urge to understand something  
and say...yes...do not worry...it is not so important

we love you...you are here...  
you have enough intelligence to live your life  
you do not need to add more misery  
there are so many ways you can bring up your children  
or rather do not bring them up

how about those children who have lived fifty years ago  
or a hundred years ago...when there was no education  
did they look unhealthy ?  
their quality of life must have been greater


mystics do not educate their children...they leave them alone  
and watch them with great care and understanding  
watching the qualities that they are expressing  
just helping them along the way little by little  
without pushing them...just letting them hang loose...

they do not want to wake up at six in the morning to go to school ?  
no need...let them sleep...

i am like that !

do not force your ideas on children  
i say...do not bring them up  
start becoming a child yourself...  
you will understand what the child really needs  
and probably the child will teach you what you need  
they will show you what is missing in you...

and do not worry at all  
wisdom cannot be pushed into you...  
mysticism cannot be given to you in education  
they cannot make you an angel of light  
you understand what i am saying ?  
it is a vast subject...  
it needs deep understanding...  
that is why i do not want to go into a long debate



i am totally against education...  
absolutely against education !  
no need...


i have not educated myself more than tenth class  
especially today...there is so much information available  
in the past education may have been necessary  
today the children know more from internet than their professors  
knowledge is so easy to come by...  
the value of knowledge has become pointless today  
so what mind are you creating for the children ?

the schools are living in the past  
the whole syllabus structure...the whole education...  
is teaching you the stupidity of the past...  
internet knowledge is so advanced  
that a child can simply google every single word...  
he will know more than the professor of the university

real knowledge means to be able to find what you need for your life...  
you just need a computer and you are free...  
a bit of language  
education can be finished in four years  
maximum five years  
just basic abcd...

a new form of education is needed  
of meditation...  
of the inner science...  
of how to understand love...  
of how to be receptive and sensitive to your inner being  
it is a bigger universe within you...

you can have a phd  
and not know how to express your love  
you can see all these professors...  
all these intellectual scientists...



they do not know how to convey love...  
they do not know how to express gratitude...  
they do not know the beauty of innocence...

you can give your children an inner sky  
of freedom...of sensitivity...of love...  
of understanding that they are beings of light  
that is why i am totally against outer education  
it destroys a child's ability to be sensitive  
to search answers from within

education gives you every answer from without  
it is an utter lie...  
even if a buddha gives you knowledge...it is a lie  
it is just information  
even speaking truth is passing information

the child is sensitive  
they can draw the inner knowing from within...  
and that receptivity is education...  
how to draw inner understanding...  
silently...  
from within...

outer knowledge is stupid  
computers know everything  
inner education is of simple things  
love...kindness...compassion...gratitude  
silence...stillness...meditativeness  
these are simply inner sciences

please do not bring up children  
let them bring you up...  
of course you need to give them some food  
a few clothes but leave them alone



trust existence that has given birth to that child  
it is not your child...

existence has brought life to this earth  
and life is carrying the meaning of life within it  
it has to...

that is why it is living...

understand what the child is carrying...

your whole engagement with the child will be of respect and love

you will watch the child mystically

and keep a watchful eye...

that the mystical qualities within that new life force

is given full opportunity to express itself

never force anything on a child...

because a child does not have a voice to reject it

he is only trying to please you...

because you gave a candy for coming first in class

you are selling your children for candy

you have given a reward

you have already set a standard

the child wants to make mummy happy

he wants to make his teachers happy

he will fight and struggle to come first

just to please you...

change the value structures through deeper wisdom

actually through love of the mother

the mother knows

do not push the children

and you will see a beautiful flowering

i am not educated at all

do i look foolish to you ?

maybe in the world i cannot compete

but i have even taken my physical body to the world

and i have proved to excel...

just because of my intelligence that came from within  
intelligence has a certain quality of sharpness...  
of knowing...not knowledge

please do not try to do anything to bring up children

leave them alone

they have brought a treasure

let it mature...and you will see the flowering of the child

because nature is taking care of the child...

life is taking care of the child

we should stop all this education system

it is totally ridiculous

what does it matter if two and two is four ?

what does it matter ?

what does it matter if genghis khan was a barbaric person ?

who wants to know about hitler ?

you do not even know how to breathe...

what information can you have if you know the whole history of mankind

but if you do not know your own breath ?

if you do not know how to love a woman ?

the whole education does not teach you the inner sky

so all education is meaningless

maximum four years is my suggestion

and that too not at an early age

educate them after seven or eight

give them time to mature in their inner puberty

younger age of children is a very impressionable time

the first seven years of your life...

the quality of your inner restfulness will determine your intelligence

let the children become acquainted with their physical body...

with their emotional body...with their puberty...the growth of hormones...

let them become naturally acquainted with it

then you start feeding them with little bit of outer knowledge

i think seven till eleven...maximum...



after that let them enjoy  
let them fool around till they are twenty  
ten years of freedom...  
give them ten years of freedom  
and see what they really need...

maybe seven years of inner meditation  
inner and outer both need  
and today oshos universe has grown vast  
there is a whole education system becoming available  
to osho disciples...specially for their children...  
six hundred books of our beloved master osho  
it needs five to six years to read  
why not educate them in the inner world ?  
and who is to say the inner world has no future ?  
i say the outer world has no future  
because all education is available on the computer for children...

the inner world education is so vastly missing in this world  
that this will become the new way  
how to get out of this insanity ?  
this madness of cramming knowledge into your head  
how to learn to become a human being ?  
you can see the whole world is going to move emphasis towards inner education  
and that is what osho has been trying all his life...  
through his groups and therapies...to create a new man  
because we are so few and this world has become so mad...

we are living in a mad asylum  
we do not need doctors anymore  
but meditative lovers of the inner being...  
at least become a human being  
i think the world needs a few human beings at least  
they have all become robots...

imagine one million children are learning to become human  
understanding the softer qualities of inner understanding  
becoming mystics...  
eight billion people in misery  
one million doctors of love  
doctors of celebration...of silence...of mysticism  
what a beautiful opportunity we have !

do not educate your children  
just let them relax  
and see what happens  
if nothing happens so what ?  
no result is okay...  
we are not giving birth to children to get results out of them...  
they are not an investment in our future  
let them go astray  
that is their joy !

do not try to help the children grow up  
they are growing up too quickly...  
they do not even have time to enjoy the depths of childhood  
let them enjoy their lives...

they should bar all education  
until seven years or eight years old  
and then four years of some stupidities  
few things...just abc...  
and then give them the libraries...  
internet...a couple of computers...  
let them search what they want  
and children are very intelligent  
what they want to know they will find faster than light  
what they do not want you keep stuffing into them...  
they are not interested...  
let them find the own way



it is too big a subject for me to discuss  
i have spent seventeen years in the mountains in deep silence...  
trying to understand what went wrong on the way...  
the child is born so intelligent  
what went wrong ?  
and i have seen it clearly  
it is the education...  
the parents...  
the first enemy is the parent...  
but you are intelligent  
you can find the way out...







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this vast silence that surrounds you  
is expanding and expanding and expanding  
just a vast ocean is surrounding you...  
pure silence in this expanded state  
the taste of bliss  
so sweet...  
so vast...

you have wings of silence surrounding you  
deep within is the same silence  
hidden deep within you...this silence and stillness  
surrounding you...this silence and stillness  
in the middle there is this wall  
in the middle there is this division  
you bodymind is in the middle

how to disappear so that the inner and the outer merge  
and there is no more any separation  
this is your search !  
to dissolve this separation between you and the sky  
become so silent  
that you can hear the outer silence penetrating  
this is the whole knack



go deeper and deeper into your inner stillness and silence  
listen so deeply that you become a magnet  
everything within you becomes magnetic...  
it starts pulsating silence  
this magnetic quality of silence within you  
starts drawing from the outer spaces  
and the silence of existence filters into you

from the inner...you are reaching the outer silence...  
and the outer silence is showering upon you...  
slowly slowly you merge  
and you are no more there  
what remains is a pure state of silence...

this experience is so utterly simple  
this experience expands your inner boundaries  
and you become boundless  
and all that weight simply evaporates like an illusion  
you do not have a body anymore  
you have wings  
and you can touch the sky  
this is the experience of unboundedness  
and in this state you can experience your utter bliss

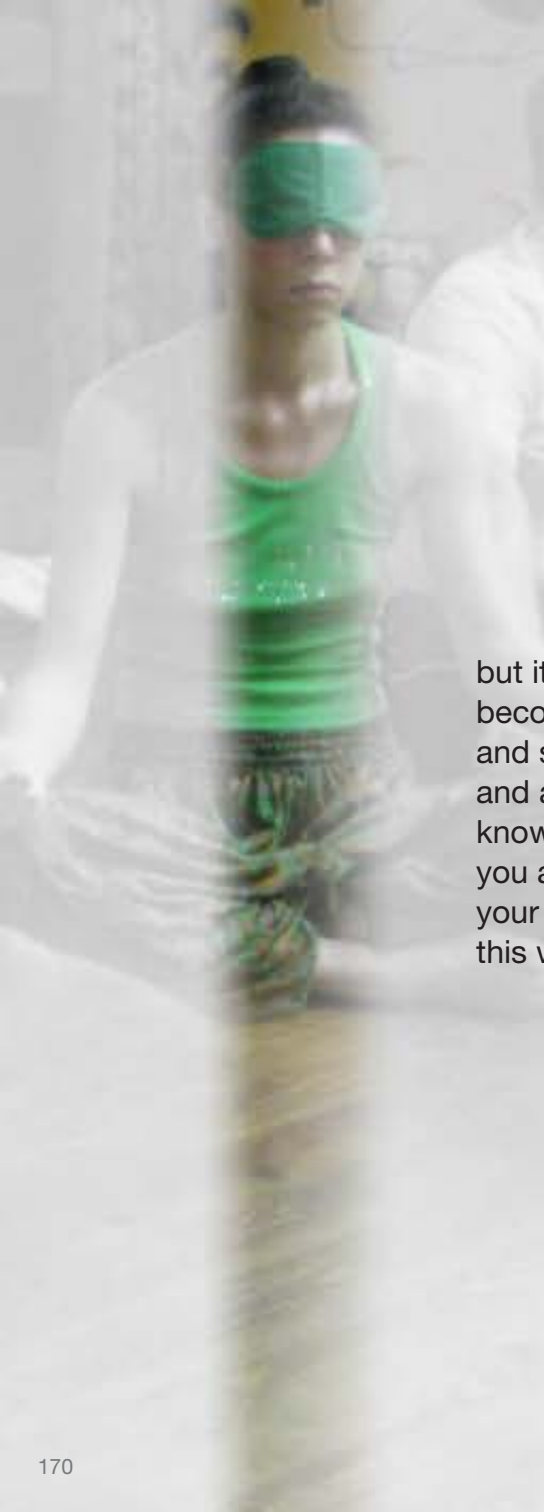
the body completely evaporates  
there is no more sense of i  
there is no more sense of body  
just a pure spaciousness...  
pure emptiness...  
filled with the blissful buzzzzz of life

this silence is not empty  
it is filled...with harmony...with grace...  
with so much sweetness...with such a bliss...  
it is overflowing with life  
this is the beauty of the word silence

in silence you are not alone...  
in silence you are connected to everything that surrounds you  
the trees and the birds and the flowers  
in silence this earth...this sky reaches out to you  
just learn how to listen to that message  
you are not separate from the whole  
you are one  
oneness...  
a real experience  
no separation  
just that experience of unbounded silence  
and something within you settles  
this anxiety...this rush...this achieving mind...  
this dreaming state of desires suddenly becomes fulfilled

in this state of silence...for one moment...  
just feel what i am conveying to you  
in silence you are not alone but connected  
with no wall...with no separation...  
with all that surrounds you...

you need to grow subtler and subtler  
and understand this silent treasure  
that you are carrying within you  
this is your eternity  
when all will be gone  
this mind...this desire...this dream...  
when all disappears...  
what will remain will be this presence  
your being of light and weightlessness  
will suddenly reveal itself to you  
silence is the message  
deeper and deeper and deeper states of silence



and the deeper the silence grows within you  
the more stillness surrounds you in each and every act  
silence and stillness are the bridge  
and a very innocent simple state...

when you go in  
do not be afraid that it is becoming so silent  
in the beginning it will feel like emptiness  
because you are so used to the noise  
you are so engaged in activity  
you are so engaged in moving the body continuously  
that this experience of stillness seems empty  
this emptiness within you feels alone  
nobody here...

but it is just the initial taste  
become acquainted with this beautiful treasure  
and slowly slowly this magnetic quality will grow  
and a deep trust...  
knowing that this silence is dissolving you  
you are no more alone...  
your silence is understood by the birds and the trees and the sky  
this whole universe understands this language

to connect back to the whole...  
to drop this ego...bodymind and struggle...  
is the search for your home  
you are from this universe  
and to experience it is your birthright  
to regain your sense of your buddha nature is utterly simple  
very simple !  
become friends and acquaint yourself with your silence  
understand the beauty and the grace of stillness  
become a friend to it...

to explode into silence you need immense silence  
because this bodymind has been so filled with rubbish...  
so much chitter chatter...  
so many ambitions...so many dreams...unending desires...  
you finish one dream...one desire...  
and because you have achieved it  
another dream and desire comes  
and you achieve it...  
and another dream and another desire appears

each dream and desire that you fulfill  
is creating the pulse for the next one to fulfill  
you fulfill it...  
and you have created a new desire...  
this is the very nature of the mind  
it becomes a habit  
i fulfill this...i can fulfill that...  
and your sense of achieving...of success...  
lies in fulfilling dreams and desires

this is the catch !  
each dream and desire that you succeed in  
you got trapped in the success  
one success...one new dream...

how to fall out of this whole process of dream desire and doing ?  
dream desire and doing will get you out of the circle  
it will put you deeper into the circle  
because your achievement has given you a taste of blood  
and now it has become your addiction  
and once you achieve everything in your life...  
and you have no more dreams and desires...  
and you look utterly foolish and stupid...  
then you project the same desire on to your children

you have attained everything in life  
but now you need to live for your children  
you need to fulfill their dreams and desires  
and the ball keeps rolling...  
you can never get out of this trap !  
mind is a beggar  
it is a parasite  
it fulfills itself in achieving goals...

understand how you are trapped  
all the newspapers...televisions...outer bombardment of knowledge...  
your friends...your education...your neighbours...  
everybody is achieving...  
and you keep looking at them  
and your whole education system keeps giving you futures  
a hundred and one futures are created for you  
these are your friends !?  
they are so concerned about your wellbeing  
they keep giving you a hundred and one ideas about your future  
and the reward are so many thoughts of future in your poor little head  
it slowly slowly starts filtering into your heart  
and arouses dreams within you  
that if you can have that...your heart will be fulfilled  
you are given false dreams and you think they are your dreams  
and you need to fulfill them with your life  
so many thoughts...endless desires...


in reality you get only one pulse of life  
just one pulse...  
you can only live one moment at a time  
now the poor one simple moment...  
with so many dreams and desires  
so many different possible futures open to the world

what to do ?  
you stop breathing...you stop living...  
you start dreaming...you start thinking...  
you start running around...  
life is too short  
you need to achieve all of this  
life is too short...  
there you are in the trap !!

living totally is not running around fulfilling your dreams  
living totally is living totally into the very pulse of life...  
how to deepen vertically the experience of this life pulsation ?  
how to create intensity in this pulsation of life ?  
how not to spend this energy running after dreams ?  
your life force is getting spent...consumed...in dreaming for the future  
everything is out there  
you are nobody  
your life has no value  
this moment that has been given to you has no value ...  
because you are not fulfilled  
you will never be fulfilled  
it is simply impossible !

whatever dream and fulfillment which has been given to you  
by the outside can never be fulfilled  
just remember once and for all  
these are not your thoughts...not your dreams...not your desires...  
they are given to you by parasites from the outside  
and you are selling your present life into some probable future  
you cannot dance...you are so busy  
you have to go to office to fulfill that dream  
you are living in the world of the dead  
these are simply dead objects !  
they can never fulfill you





gautam buddha walked naked with a begging bowl  
a king who left his empire pulsated at the source of life  
enjoying the moment of life entering him  
its fragrance and its beauty  
utterly content...not running after anything...  
utterly fulfilled...just because life is pulsating

bill gates achieved everything  
but he has not known the source of life  
achievements cannot fulfill you...  
they can fulfill your ego...  
they can fulfill your friends expectations...  
your families expectations...  
others expectations of what they want you to be  
you will be successful for them but deep in your heart  
you know you spent this whole moment of life  
chasing dreams to satisfy others

life is very sensitive  
you only get one moment at a time  
life is very short  
especially short because you have missed it completely  
go to the source of life...  
feel the pulse...  
let it enter your heart...  
feel what it is saying to you...  
maybe it says have a nice dance  
maybe that pulse of life entered your heart  
and says look at that beautiful flower  
maybe it says sit by the river  
life will only look for living...love and celebration...

life is not going to search for some imagination...some dream...some future  
life is going to want to live it now...here...this moment...pulsating in the heart  
and what can be more beautiful than to look at a flower...  
to enjoy that pulse of life given to you

one pulse of life  
feel it in your heart and act through simple actions  
and you have bridged your inner life force  
and slowly slowly this channel will start guiding you through your heart  
and you will find the way of life  
you will not run after some imaginary dreams and goals  
you will live life in deep gratitude and thankfulness

it is abc of life...  
i only believe in abc  
there is nothing complicated  
understand it clearly  
all these thoughts of the future  
even if you fulfill them all  
a new layer will open immediately  
you have got this house and this car and this wife  
now you want the others house...his wife...and his car !!  
bigger and bigger the dream  
because this is the habit of the mind  
understand the mechanism of the mind

mind simply repeats itself again and again...  
it gives you a bigger dream and a bigger desire and a bigger future  
sounds familiar ?  
this is the circle you need to get out of...  
drop out of this circle of foolishness  
do not waste your life in meaninglessly running around  
for things that have no reality  
understand what is real...  
now !

what is future but dreaming and projection ?  
live here now...  
make your life simple...  
slow down...  
transform your day to day life into a simple innocent living  
just four to five months of deprogramming this blindness  
and you will learn how to fall out of this trap  
if you value life you need to find a way back  
and remember i am saying it again and again  
it is a simple understanding and a simple knack  
that is what makes you a meditator  
understanding the mechanism of the mind  
no need to go against the mind...  
simply understand that you are the master  
mind is not your master  
mind is a very good servant  
it needs to do what it needs to do  
but you are not a servant  
you are a buddha !

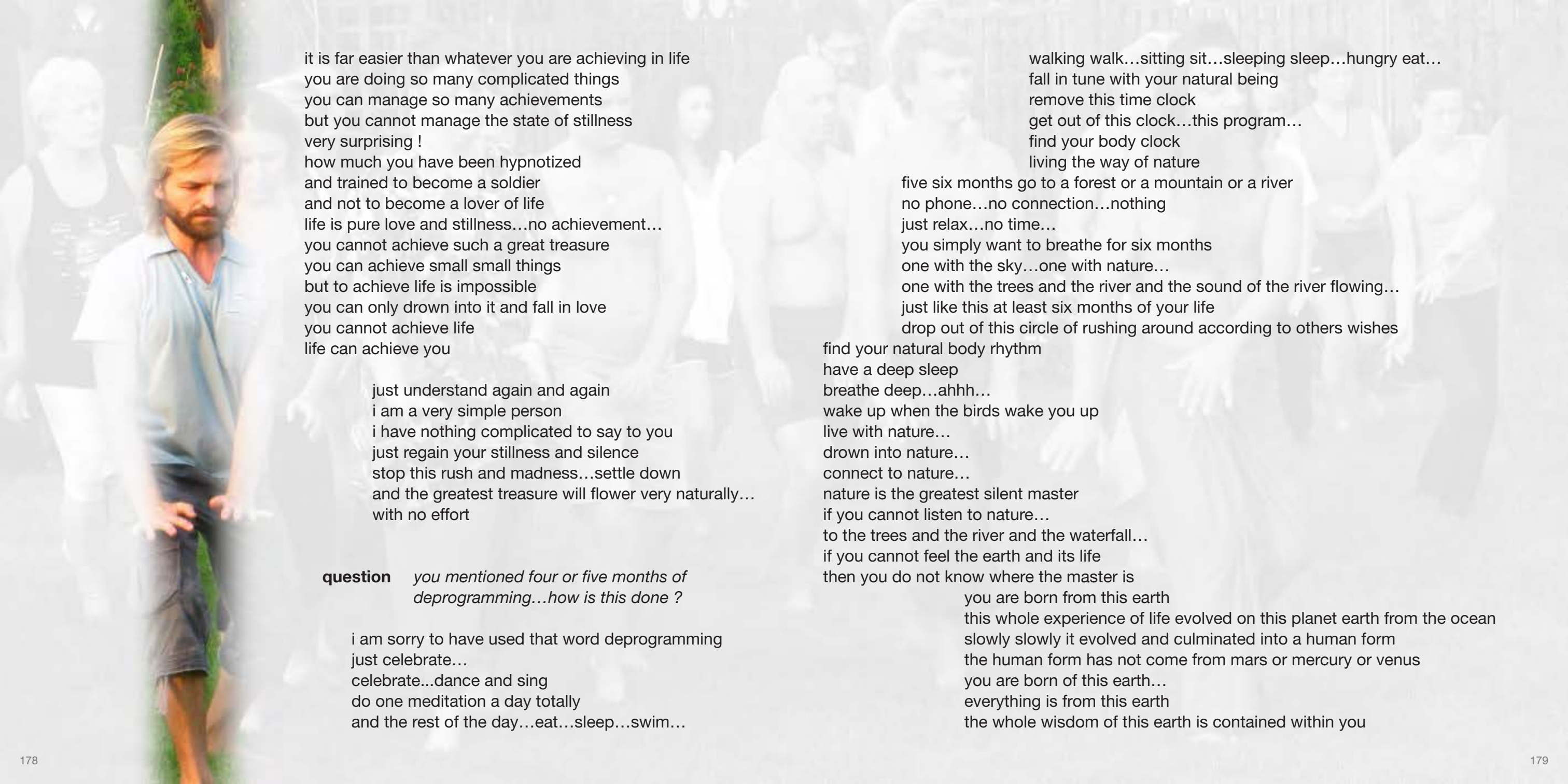
you are a being of light carrying this little mud house  
and the mud house is dictating to the being of light...  
where it should go...what it should do...  
no no no !!  
that is the madness of the mind  
let your being of light take you forward  
listen to it  
and you have a perfectly good servant...the mind  
it will listen to what you have to say

it is very simple  
really simple  
i have not done anything extraordinary in my life  
i have not done anything special

i just stopped becoming special and doing special things  
i love my ordinariness and my laziness  
i have no goals to achieve and nothing to do  
and in this my inner flowering has happened naturally

it has not been even an attainment or an achievement  
i have fallen out of that attaining and achieving madness  
just falling out of it  
and everything is beautifully perfect  
and i have attained to nothing  
just a simple innocent humble silent being  
it was always within me  
just the love of my master  
his beauty and grace  
something in my heart pulled me  
something in this human being is so beautiful...so fragile...  
such a fragrance is spreading around him  
what is the source of his illumination ?  
that love for my master became my magnet  
he drew me into my inner being  
a master is one who makes you fall in love with yourself

just looking at the beauty and the grace of a human being  
something opens in your heart  
and this is not desire...  
this is wisdom and understanding  
enlightenment cannot be desire  
but a magnetic inner pull...  
from the unreal to the real  
from the dreaming and chasing  
to the living here and now  
from the complications of life  
to the simplicity and innocence of simply living your life



it is far easier than whatever you are achieving in life  
you are doing so many complicated things  
you can manage so many achievements  
but you cannot manage the state of stillness  
very surprising !  
how much you have been hypnotized  
and trained to become a soldier  
and not to become a lover of life  
life is pure love and stillness...no achievement...  
you cannot achieve such a great treasure  
you can achieve small small things  
but to achieve life is impossible  
you can only drown into it and fall in love  
you cannot achieve life  
life can achieve you

just understand again and again  
i am a very simple person  
i have nothing complicated to say to you  
just regain your stillness and silence  
stop this rush and madness...settle down  
and the greatest treasure will flower very naturally...  
with no effort

**question** *you mentioned four or five months of  
deprogramming...how is this done ?*

i am sorry to have used that word deprogramming  
just celebrate...  
celebrate...dance and sing  
do one meditation a day totally  
and the rest of the day...eat...sleep...swim...

walking walk...sitting sit...sleeping sleep...hungry eat...  
fall in tune with your natural being  
remove this time clock  
get out of this clock...this program...  
find your body clock  
living the way of nature

five six months go to a forest or a mountain or a river  
no phone...no connection...nothing  
just relax...no time...  
you simply want to breathe for six months  
one with the sky...one with nature...  
one with the trees and the river and the sound of the river flowing...  
just like this at least six months of your life  
drop out of this circle of rushing around according to others wishes

find your natural body rhythm  
have a deep sleep  
breathe deep...ahhh...  
wake up when the birds wake you up  
live with nature...  
drown into nature...  
connect to nature...  
nature is the greatest silent master  
if you cannot listen to nature...  
to the trees and the river and the waterfall...  
if you cannot feel the earth and its life  
then you do not know where the master is

you are born from this earth  
this whole experience of life evolved on this planet earth from the ocean  
slowly slowly it evolved and culminated into a human form  
the human form has not come from mars or mercury or venus  
you are born of this earth...  
everything is from this earth  
the whole wisdom of this earth is contained within you



first connect to nature...  
that is why i love lao tsu the most  
no blah blah blah  
no feeding your mind with information  
but just showing you the way

    sit under a tree...  
    become silent...  
    and the tree will show you the way  
    the human being is also a tree  
    your seed...roots...trunk...branches...flowering...fragrance...  
    you are a walking tree...

the greatest master in this world is a tree  
you can live sixty years...seventy years...  
trees can live three thousand to five thousand years  
look at the wisdom of the trees !  
when any master has become enlightened  
he immediately rushes towards a tree  
and connects to the tree  
the tree secures his being of light...

    about the word deprogramming...  
    i am not a therapist or deprogrammer  
    i am saying get out of any program  
    you do not need deprogramming  
    you simply get out of all programs...  
    and find your human heart  
    connect it to this beautiful world  
    and you have so many natural elements within you  
    you are a wild natural being

you have not been contaminated as yet  
and you can easily connect to nature  
connecting totally to nature is your enlightened presence  
let me say it clearly...the trees are enlightened...

everything in existence is enlightened...except man  
because we think we have a special program  
that we are beyond the species of birds and trees and animals  
because we have degrees and classes and universities  
we are special people  
we are free to be stupid...  
we do not know how to connect to nature

follow the way of nature and nature will guide you  
i have never seen a fake river...  
i have seen many fake gurus...  
even my words are fake...  
i cannot be as truthful and as honest as that flowing river...

i just came from mexico  
where we went to the most beautiful waterfall  
the waterfall continuously reminded me of the truth  
millions and millions and millions of drops of water  
cascading down the waterfall  
each and every drop creating pure sound...a pure vibration...  
not a single drop...not a single drop...was uttering a lie  
millions of molecules of water rushing by  
and you could hear the sound of aum...aum...aum...  
pure vibration of truth  
filling the air in such abundance

the master is present in that waterfall...  
not a hint of a lie  
whatever obstructed the water...  
it simply flowed and flowed and flowed  
with no hesitation...a pure let go...  
no complaints...no hurry...  
just flowing in utter rhythm  
and so many molecules of water flowing down that waterfall  
the result is pure sound of bliss...

listening to a waterfall is a sermon that not even gautam buddha can deliver  
no master can deliver that soundless sound so perfectly  
who is the greatest master ?  
that waterfall !  
but do you know how to listen ?  
do you know the profound message that the waterfall is giving you ?  
are you listening intently enough to know  
that this is the sound of truth that you are searching ?  
or you think it is just a waterfall ?

you believe in human lies...  
and all gurus and all masters are fake  
even enlightened masters are fake  
as far as that waterfall is concerned  
it is the ultimate truth...

listen deeply  
the leaf becomes old...  
no lipstick...no makeup...no perfume...  
it simply falls...  
so beautiful...that falling leaf...  
no resistance

nature is the greatest master...  
and the greatest way is of tao  
just drop everything  
find pure naturalness  
you are naturally a buddha  
buddha is nothing but pure naturalness  
and abundance and overflowing of this naturalness  
whole...complete...natural...  
five months in the forest  
sleep with the river...under the stars...  
and if nothing happens...perfectly beautiful...  
do not expect anything to happen

you are simply enjoying your breathing  
and you deserve six months of life at least  
not to attain anything...  
because that is another office also  
the worst office is the attainment office...  
i am gone for my enlightenment  
better become the president of a country  
it is easier...  
do not go to office for enlightenment  
just go to become a natural human being  
and in that beauty a certain wisdom will flower in you  
and if nothing happened you celebrate nothing happened  
thank god nothing happened  
because nothing is meant to be happening

do not expect anything to happen...please !  
whatsoever has to happen has already happened  
you simply become aware of what is happening already...  
do not search for something to happen  
you are not going to fall out of your skin...  
you are going to be more real  
go for a six months deep vacation  
utterly lazy...no search...

beggars are searching  
emperors do not search their kingdoms...  
they know the kingdom is there  
do you think an emperor is saying...  
oh i have to go rush back to my kingdom ?  
he is an emperor !  
whenever he feels like strolling back he will stroll back...  
sannyas is the way of the emperor  
we are not beggars  
not even for enlightenment...



enlightenment can beg you...  
you are so available...  
you are so beautiful...  
so silent so still...  
no demands no questions...  
you are very interesting for enlightenment  
it will get hold of you...  
this is how enlightenment comes

when enlightenment comes to you just look the other way  
say no no not now...tomorrow...  
today i am too lazy for this experience...it is too much...  
i just want to sleep today...

say maybe but tomorrow i will consider about it

please do not run after anything...not even after god  
god comes to you like a magnet because you are home  
you are relaxed...  
you are open...not searching  
you are perfect for that experience to flower  
it will simply flower..  
because there is no struggle...you are home...

become natural...  
natural flowering...you can call enlightenment  
i do not even want to call it anything else  
be drunk with the divine  
hell with it !

you do not know...you are drunk  
what happened to him ? you do not know...  
this is what happens actually to people who become enlightened  
what happened to you ? i do not know...  
i am just content and blissful

the word enlightenment is so ridiculous  
as if it is an achievement  
just have a nice six months holiday  
what do you think i am doing ?  
i am on an eternal holiday !!  
just one hour a day i come here  
i speak some rubbish and i go back to sleep !  
i am not saying anything special  
i am spontaneously speaking from my heart  
whether it sounds good or not...i am not concerned

the fragrance of the rose...  
is an overflowing abundance of its wholeness  
because it is natural  
and so much stillness and silence  
it is the flowering of abundance...

i have nothing to achieve...nothing to deliver...nothing to do...  
i have nothing worth that i have found  
everything that i thought was worth  
has disappeared into nothing...  
i am weightlessly sitting silently



you are very beautiful  
you are juicy  
that is why i wanted you here ...  
you are a really juicy guy !  
juicy...so earthbound !  
i wish you could sit here and speak  
i am sure you have much to say...

and that is my dream  
to find some mad people  
and put them on a chair and let them speak  
we need thousands of mad buddhas

**question** *can i come closer ?*

yes ! absolutely !  
beautiful...assert it !  
do not be afraid  
come closer...  
always say yes to your inner being  
never be afraid

this is a yes...you see ?  
raise your hand  
yes i am here  
perfectly beautiful !  
this is it...what a joy  
you can ask anything now

**questioner** *i have to ? its a long question...*

ha ha ha haha !  
tall man...tall question...

**questioner**

*i have one meditation i love most...  
i think that is the greatest meditation amongst all...  
because it is a meditation of silence  
amongst all meditation the fourth or the fifth stage is silence  
i try to get rid of the mind  
in order to get rid of the mind we need to shut up  
is like a chimney...when the pipe is closed...  
when we close our mouths...when we shut up...  
our thoughts are not going out  
and because of absence of air they die and when no more  
thoughts remain then it is possible to watch  
all the small process which are constantly going on inside  
watching all this flows you are telling us about...  
we are doing this meditation for the sake of this small moment  
of silence...so much hard work to do and so fast we get rid  
of this silence...that is my question...when you watch in silence  
over this process in the body...this string...the energy...  
becomes bigger and bigger and once one day it explodes  
and you are no more and this is the day of your birthday  
and you celebrate it but more energy comes into you...  
so more energy you need to give ?  
you cannot stay alone without these people that surround you  
because with no people around you what will happen with  
that energy ? the question is the following...if no people  
will be around you like those people who visit your satsangs  
or your camps...what will happen with you with that energy  
overflowing ? is it possible for you to stay alone and not to do  
what you are doing ?*

firstly my whole work is to confuse you  
so i am enjoying him very much...  
because he is helping my work by confusing you !!

when you are utterly confused your mind gives up...  
so i am interested to listen to him more...  
because now i am also confused !!  
ha ha haa  
the little bit of mind that was left around me...  
evaporated...he has confused me totally !  
even my mind has fallen into silence !  
ha ha...great zen master...

the more you get confused  
the mind cannot understand anything  
and the mind simply has to stop thinking  
this is one example...  
it is a great example !  
you have to use everything positively  
confusion is a great art...

if someone can confuse you totally  
like jabar...speaking gibberish...  
he keeps confusing you till nothing makes sense anymore  
you simply give up to make sense out of it  
and the mind falls !  
confusion is one of the great methods towards truth  
some masters are geniuses  
even gurdjieff used this method of confusion in his book  
tertium organum  
all rubbish !  
rubbish...rubbish...rubbish...rubbish...  
you do not know where to go  
till suddenly something in it makes a little sense  
so you feel you may read little bit more  
and then again rubbish...rubbish...rubbish...rubbish...rubbish...  
so you do not know what to think  
and then again one statement comes...

what is he doing ?  
he is confusing your mind  
when the mind begins to understand truth  
it becomes knowledge  
and mind will hold onto anything that makes sense  
now here is this man...  
i do not know what is his question  
it got triggered...suddenly...oh my god...  
let me try to think what he said...oh...okay

what would i do if nobody was here ?  
i am never alone  
i lived in the mountains for seventeen years  
i was alone...physically i was alone  
but even if i am physically alone  
somewhere in the neighbourhood...in the clouds...in the vicinity...  
some souls are floating around...even they have questions !  
ghosts come to meet me !

i have never been left alone after i died...  
before that i was alone  
now i am one with all...  
so i do not know what i will do when i am alone  
i will do the same thing that i am doing here  
i am not doing anything special here  
i am simply speaking to myself  
and whatsoever is happening i am watching it happening  
everything is showering light  
i do not see any darkness anywhere  
if i am in the room the same showering will happen  
even the walls and the animals and the trees speak to me  
i am never alone...unfortunately !  
and this i have been saying again and again  
once you are enlightened you are never alone  
what to do ?



are you more confused now ?

keep getting confused

if you read my book

i have declared that i have never been left alone after that explosion

there are two guys continuously following me...

watching what i do...how i behave...

i tell them please leave me alone once in a while

they keep following me !

i am never alone...unfortunately...

but i will be the same

those who have known me

when i was in the mountains for seventeen years

i was exactly the same

i never met anybody

once in a week i will allow one person...maybe...to see me

if i got to know somebody is coming after one week

one week i was disturbed...

because i know six days later this one person is going to come

and i will have to speak to that person

and whosoever comes to me...

i cannot let them go empty handed

i will do my best to fill him with something mysterious

so i will have to make an effort to come out of myself

and fill him with some love...

and i was so lazy...i had no desire to fill anybody with anything !

i was simple watching this experience descending on me continuously

and wherever it flowed i watched it flow

living alone

the garden around me became green

the trees around me became juicy

the whole area where i lived became filled with light

and where it spread was not my concern

to me it is all the same...no difference...

but since i have begun speaking

i feel that few people can benefit out of love...

a few tears in their eyes...

their heart opening...

then i am willing to do anything for them

that is what draws me to beautiful human beings...

their celebration...their dance...

when i see them dancing and celebrating it touches me

and that is the reward

i want to dance with them more and celebrate more

many people have known me to dance alone

i will tell you one funny story

one day i was dancing by the river alone

this was in the himalayas...in kasol...

the river was flowing...

i was alone...dancing...

i felt no time...it must have lasted three hours

three and a half four hours...

just the sound of the river and i was dancing...dancing...dancing...

i opened my eyes

my hands were up in the air and guess what i saw

a whole cobweb !

one spider made a nice cobweb

while i had been dancing for three hours

it is really true

many nights i have not slept...

just dancing...dancing...dancing...dancing...

the body does not stop dancing

i have to force myself to bring my hands down

so much overflowing...

i dance...i simply dance



and you asked something about getting rid of the mind ?  
no need to get rid of the mind...please !  
i never told anybody get rid of your mind  
it is too difficult...

okay i think i have spoken too much  
too much confusion for one night  
now let us listen to more truth...the sound of truth...  
ojas...tanmayo...  
the sound of truth...

let us enjoy their beautiful music

yes ojas perfect...

now all you russian girls have to do something...

ojas...he is a groovy musician...

wherever one groovy musician walks all the girls are following him

from tomorrow...i want to see six women flocking around ojas !

got the message ?

ojas moving and six women around him...

this groovy musician is a superstar here

i am not joking !

ojas...can you show your face ?

they do not know who you are

show your face !

ojas ?

ha ha ha

with great difficulty we got this guy

do not waste him...

let us see what happens tomorrow

it will be answered through their music

i promise you

the next question...the music will answer it

listen !!

you will get the answer





ukraine  
pusha voditsa  
14 august 2010

how to come to this moment...this present moment ?  
how to arrive to a vertical state of stillness  
so that your body becomes still and silent ?

mind is continuously moving  
just like a pendulum  
continuously moving...like a clock  
past...future...past...future  
such a big past  
so much you have lived

so much information you are carrying  
taking all this information and experience of the past  
the mind projects into the future...  
your past is not only the past  
your past is already imagining the future  
the future is living in the past imagination...  
and all your past experiences are projected into your future life  
your future is nothing but your past being refined...

all your ideas and experiences of the past  
becoming more refined and are moving toward the future  
past is dead mind...  
future has not yet happened...  
mind is projecting into the future of dreams and desires  
both are not living in the present  
so much past...so much future yet to live  
this present moment...has no space to breathe...

this present moment is just one vertical pulse  
just a single moment

this single moment is becoming available to you in the present  
it has no reality...

absolutely none whatsoever...

it is not even part of your imagination  
so much past you are carrying  
so much future you are projecting into  
you have no present moment  
hence you are not even living  
can you understand ?

all the past in the mind

all the future in dreaming and desire

who are you ?

where is this present life within you ?

this present life is moving in the mind and in your dreams

and the present moment is so thin and so narrow that you completely miss it...

you do not even know that there is the present moment

this is why the masters speak continuously

about coming back to the present moment...

can you see how complicated it is ?

unless you can drop the past and the future

and learn to live in this very small pulsating moment

you have missed life completely...

what a joke !

life is in the present  
one moment at a time  
you do not even have time for this moment...  
this is the misery  
that you are not even living  
but there is a clue...what is in the present ?  
mind is in the future and the past  
heart is in the future and the past  
but what is in the present moment...is this body

this body can only live here

this body can only be now

hence the whole effort of masters is to bring you into the present  
herenow

to bring you back into this physical body...

your body is not projecting...not dreaming...not desiring...not imagining...

how to come back to this body and be present to this form ?

shock yourself into the sense of being herenow

then at least you have a chance to live herenow...

this is the effort of dynamic meditation...

ho ho ho ho ho

deeper...deeper...deeper...deeper...into the body

the moment keeps pulsating in this body

and you begin to feel this body and its aliveness

the whole effort of vipassana meditation

brings you herenow...to conscious actions herenow...

each and every movement of yours is filled

with a meditative herenow

walking meditatively...

moving meditatively...

you are bringing the body to this standstill moment

you can bring the body to the herenow

the more you understand it

the more the stillness appears in this body and its movements



the moment you have come to the stillness in this body  
you are experiencing the present moment  
because stillness stops the mind  
if your body can be utterly still  
this pendulum of mind moving...tick tock...tick tock...tick tock...  
past future...past future...past future...  
this movement stops  
and you are here...  
stopping this body into a state of stillness...  
stops the mind...  
mind stopped...  
the projection stops...  
the dreaming stops...  
you have come to live in the present  
    this is a beautiful revelation  
    that if you can bring this body into stillness  
    you can stop the mind from wandering around the universe  
    if you are living in the past you are living in the dead  
    if you are living in the future it is dead  
    life is this present moment...  
    living totally means living in this vertical moment...  
    living this life...  
    this one drop of life...  
    vertically deep...  
    because you have only one moment at a time...

in fact you are running around horizontally into the world  
and all that movement is creating more mind  
slowing down the body  
this whole body is coming to a standstill  
and you are living totally...not a single movement  
but you are living totally...not a single ripple  
you are in the present moment perfectly herenow  
what a strange experience

when people say...i am living totally...  
they are running here and running there...  
they are living in their projection  
you cannot live in the projection  
it is simply an illusion  
you need to experience real life and real life is here  
so strangely...slowing down...is living more totally  
utterly still...and you have lived totally  
not a single movement...you are on that hairline of life  
and you are complete...

many times i hear people say  
i am living life totally moment to moment  
they can misunderstand the masters words very easily  
they are not living their lives moment to moment  
they are living their dreams...far away !  
they are not living their lives moment to moment  
they are living in the past...dead memories...and future projections...  
running around horizontally...the centre has no life pulsating  
the vertical centre has no life strength  
    come to this vertical centre in you  
    and your body will become like a pillar of light  
    your body will radiate stillness and presence  
    that presence of being present here...totally here  
    nomind...no desire...just physically utterly still  
    and you are living totally

totality brings you to a stop...  
you have to understand the nature of mind  
mind is a clock...the body is a clock  
the moment it pulsates to the right it creates a movement to the left  
the left creates a movement to the right  
right to left...click clock...click clock...click clock...  
this is the clock  
it keeps the mechanism alive

actually that is the whole secret for the mind  
tick tock...tick tock...tick tock...tick tock...this is the mind  
generator of life  
you need two sides to create the pulse  
it is doing a beautiful job  
but you do not know how to get out of this click clock...click clock...click clock  
let this click clock continue  
it is keeping the body alive...  
but our search is not for the body  
our search is for the state when this click clock stops...

who is left behind ?  
bring this body to stillness by moving away from this click clock  
come to the centre...  
the centre has no movement and that is the power  
it is watching both sides in motion  
hence stillness is the key to stopping the mind...  
mind will continue...  
you are not going to die so easily...unfortunately...  
the mechanism has been set in motion for this body to live to a certain age  
it will continue...left right...left right...all its life  
but while you are living  
you are becoming a master of the centre  
and you are watching who you are  
without this mind...without the emotion...without the body...

hence i say again and again  
that if you do not know the art of living meditatively  
slowing down your movements...  
you can never know the source of life  
you can never come to that standstill moment within you  
and fall into the great abyss  
a deep tunnel  
the well of your life...

this experience of mind stopping  
everything becomes still  
and suddenly you fall...fall...fall...fall...fall...fall  
and you are free of this movement of mind  
the mind will continue  
you can see it functioning from a distance  
but you have found your eternal presence...

once you learn the knack to come to the vertical present moment  
this present moment will become more and more settled  
your body will be utterly frozen  
utterly still in that stillness  
you can see through the illusion of mind  
mind moves...  
that is its function to move continuously  
you are not the mind  
learn the art of stillness...  
deep meditateness...  
and the door will open

if there are any questions or anybody wants to say something  
you are welcome...

i am sorry about today  
sometimes i dance too much  
the kundalini becomes on fire and i forget completely  
my whole body is on such a fire  
and it is very hot and dry here...  
even when i was living in the mountains and there was six feet of snow  
i used to walk around like this...sweating  
there is too much fire in the kundalini when it is awakened  
just to move a hand and perspiration

it is very hot for me today so please i am sorry  
i know so many people are here  
i feel a little sad that i cannot give you my totality...  
and be present with you  
so many beautiful people are here  
and i am sorry that i did not come today  
i try my best to be available as much as possible  
because i know you are waiting  
and you have specially come here  
but for me it was too hot today  
just putting wet towels on my body and just evaporating  
i thought i will come ukraine camp and be total with people  
but it is just too hot...my temperature is double  
so sorry again

**question** *osho used to say if you want to get rid of ego first  
you must attain a very mature ego...the other day  
during this camp you told that the best way  
to bring up children was to totally let them go...  
to leave them alone...no education... no desires for  
them...so how can they get this mature ego and then  
later drop it ?*

this is a very funny word ego  
perhaps people think the word ego means  
i feel i am better than somebody else...  
like a superior ego...  
the feeling of superiority or the feeling of inferiority...  
these are only labels  
the feeling...i am better than you...is ego  
i am richer than you...is ego  
i am stronger than you...is ego

that is simply individual ego  
a sense of i am better or i am worse  
the word ego used by masters like osho or buddha  
do not use it in this little sense...  
the sense that i am greater or lesser or stronger...  
these are all personal egoistic ideas  
when they use the word ego...it means the identification with who am i  
the identification...not the who am i

identification is blindness  
you are who you are  
if you are the president of ukraine  
it is not ego...it is simply that you have that function  
everybody has a function and the identity of that function  
but to be attached to it...that is ego !  
unconscious attachment to an idea...that is the issue  
to be attached and identified to a thought

let the thought remain where it is  
ego is perfectly beautiful...nothing wrong in ego  
i am not against the word ego  
ego is perfectly perfect where it is  
the machine is the ego  
your body mind is the ego  
but are you that ego ?  
is your identification...living within that ego ?  
can you live separate and watch it ?  
then it is perfectly perfectly okay...

the ego does not need to be dropped  
how will you drop this body and its identification ?  
you cannot throw your body out of the universe  
the issue is not the ego...but the identification...  
that you think that you are that



you should know that you are not that  
and that is a healthy ego  
the supermind...that osho speaks on...  
is a mind that has dissolved itself  
and knows perfectly well that it is not the ego  
that is the super ego...knowing

osho stated clearly that the mind can become supermind  
once you attain to perfect stillness  
you have attained to superconsciousness  
it will filter through this bodymind  
now it has become supermind  
it is above this mind  
and yet filters through the mind

osho as a master dissolved his ego into the super ego  
hence he is a master  
his mind has become so sharp  
because of the quality of stillness  
so he is a super egoist !  
you see !  
it is not an ugly word  
detach and watch and it is a beautiful word  
be identified and you are living in misery...

so i do not understand what you felt i implied  
because i say something...  
but you can translate it anyway you want  
i am not against the ego  
you can refine the mind...make it so intelligent...  
but the tool for that mind is stillness  
when you can stop the mind perfectly  
then you can watch the mind  
and the mind becomes your friend

you will use that mind to speak...to express... to dance...to celebrate...  
the master osho uses that perfect state of nomind mind to speak  
hence his intelligence is superfine...  
but he has to use the mind  
he has not got a separate computer that he is speaking from  
he is using this body mind  
this emotion...translated into compassion  
this mind...to the buddha mind of insightfulness  
and he is speaking with utter clarity

mind can be used and should be used intelligently  
and ego simply means identification with a process  
disengage from the process then it is not ego...  
but nomind...supermind...  
do you understand ?

that is one part of the question you asked me  
though i did not understand how it related  
to children and children growing up

**questioner** *i have already received an answer*

ha ha ha i never gave you anything !  
you can use everything  
just a source of how to use it  
from what state of consciousness you are using it  
that is the real question  
if you have the state of vertical awareness  
everything can be used as a device  
everything !

this mind is very beautiful...it is a very delicate mechanism  
do not deny the mind...become a supermind  
then that word is not egoistic...it is pure intelligence

this mind has five senses  
the i receives and perceives the world through five senses  
those senses come inward and play with the mind  
but there is a super sense...the sixth sense...that unites the five senses  
that oneness is a state of awareness within you...the sixth sense

there is a higher sense...the seventh sense  
the seventh sense is a pure sphere  
it is not a circle...  
they call it a circle but it is a sphere  
the sphere is very very complex  
you need to find the centre of the sphere...  
the centre has a million directions spreading all around  
just like a dandelion...  
millions of threads going in all directions at the same time  
you are at the centre of this sphere  
whatsoever your five senses perceive horizontally  
and that too in a divided manner  
you can experience it in a united way  
in a circular manner...in a circular dimension  
and once you have the seventh sense  
you are not only in a circle...a sensory circle  
but at the very centre of the centre  
it becomes multiplied...multidimensional

sound is no more sound...  
you can hear mono sound...dual sound...quadrophonic sound...  
imagine ten thousand speakers all around you  
and you are listening from the very spherical centre...  
sound is collapsing on the centre from all directions...  
taste is collapsing from all directions...  
sight from all directions...touch from all directions...  
so many dimensions of sensitivity...  
is the sixth and the seventh dimension  
and the mind can also comprehend it

once the buddha nature in you is perfect  
slowly slowly this body transmutes...  
becomes acquainted with all these spaces...it takes a time...  
many buddhas have had the experience but have taken ten to twelve years...  
to allow this experience to filter through the bodymind and its mechanism

it is like this computer that is a hundred years old  
and suddenly you get the master chip and you put it into the computer  
the computer will take time to figure it out !  
many people have become enlightened  
and have been unable to express these states  
i am such one myself !  
after my first experience i became totally dumb...dumbfounded !  
it has been twenty some years now

slowly slowly i am speaking to people using this bodymind  
bringing the state of nomind  
and creating a new synthesis within my body  
truth is what it is...

that i have experienced the black hole and death...  
that is a totally separate matter  
that i am in the state of enlightenment...  
that is a totally different matter

my skills of communicating will take time to slowly define  
these rays of light are slowly slowly penetrating  
and settling back into the body mind...  
slowly coming back to this body mind and its form

and if you listen to me in the next few years  
you will see a new transmuted being  
a being that aligns the vertical and the horizontal together  
absorbing the world of nomind  
drawing it into the world of mind and making a perfect balance

my skills of communication will slowly slowly find ways...  
to translate the inexpressible into expressions through words and gestures...



mind...nomind...  
supermind is one who has created a fusion between mind and nomind  
that is supermind...  
do you understand ?  
mind alone is a madness...just a common man...  
nomind alone is a meher baba...a sai baba...a ramana...a mystic...  
combining mind with nomind...  
allowing them to merge...settle and become familiar with one another  
and you have created supermind...the enlightened mind...

hence buddhist masters say  
that this mind can be enlightened  
and they also say that this mind cannot be enlightened  
the mind that can be enlightened is the supermind...  
you need some time...some patience after enlightenment  
to allow this fusion to happen naturally

i am blessed because i am guided by my master  
i reached the state of nomind...  
my body was not ready...  
and my master has been gently working on me...day and night...  
with his compassion and he creating me slowly slowly  
i am watching his miracle  
of how he is bringing this nomind experience to this little body of mine

and remember again...  
you have been listening to the greatest master osho  
who has been speaking for twenty years  
i have just started speaking not even two years  
so let us wait and see what happens with me twenty years hence  
in these three years i have moved ahead  
because i have him as my master...guiding me...  
protecting me...sheltering me under his wings  
i am the creation of the greatest master osho  
and again and again i tell people...just give me time...be patient...

i am patient  
but they are impatient to judge me  
and it is to their peril  
to me it does not matter at all  
i only have compassion for these people...  
who are in a hurry and haste to judge me  
because if they do not understand this fusion  
that is happening around me now  
they will miss something important for their own future...  
not to understand what is happening to me...  
is to miss their future potential

if you are watching carefully  
you can see what is coming along the way  
and you are also creating me...  
wherever i go i thank the people  
who are willing to listen to me  
because you are inspiring me to speak  
on my own i am not going to speak to the walls  
i am not going to tell the walls  
which is the way back home  
i am mad...but not that mad !  
i do not speak to myself

sitting with you  
you are giving me the opportunity  
and you are creating me also...  
that is why i am always grateful to people...  
thank you for coming and listening to my rubbish  
and maybe slowly slowly  
it will become more intelligent  
as i will continuously grow deeper and deeper  
hmm ?



more silence today  
nice...  
more settled...

what do you want to do ?  
listen to my rubbish ?  
you have to ask me some stupid question  
i was telling my friend samudra...where is he hiding ?  
no questions from you !  
i am just joking...my friend...  
who i love i say...no questions from you !  
the people i love i always tease them...no questions from you !

**samudra** *no questions...*

sure ?  
come on...come on...

**samudra** *i have a question  
if i get disturbed by something how do i respond to it ?  
today i met some people and i was disturbed by their attitudes...  
how do i respond ?*

enjoy getting disturbed !  
accept !  
just accept...  
life is not perfect  
things are always going to be disturbing  
sometimes it is too hot...sometimes too cold...  
sometimes this...sometimes that...  
nothing is perfect  
you are still young...enjoy being disturbed !  
be grateful somebody is coming to disturb you

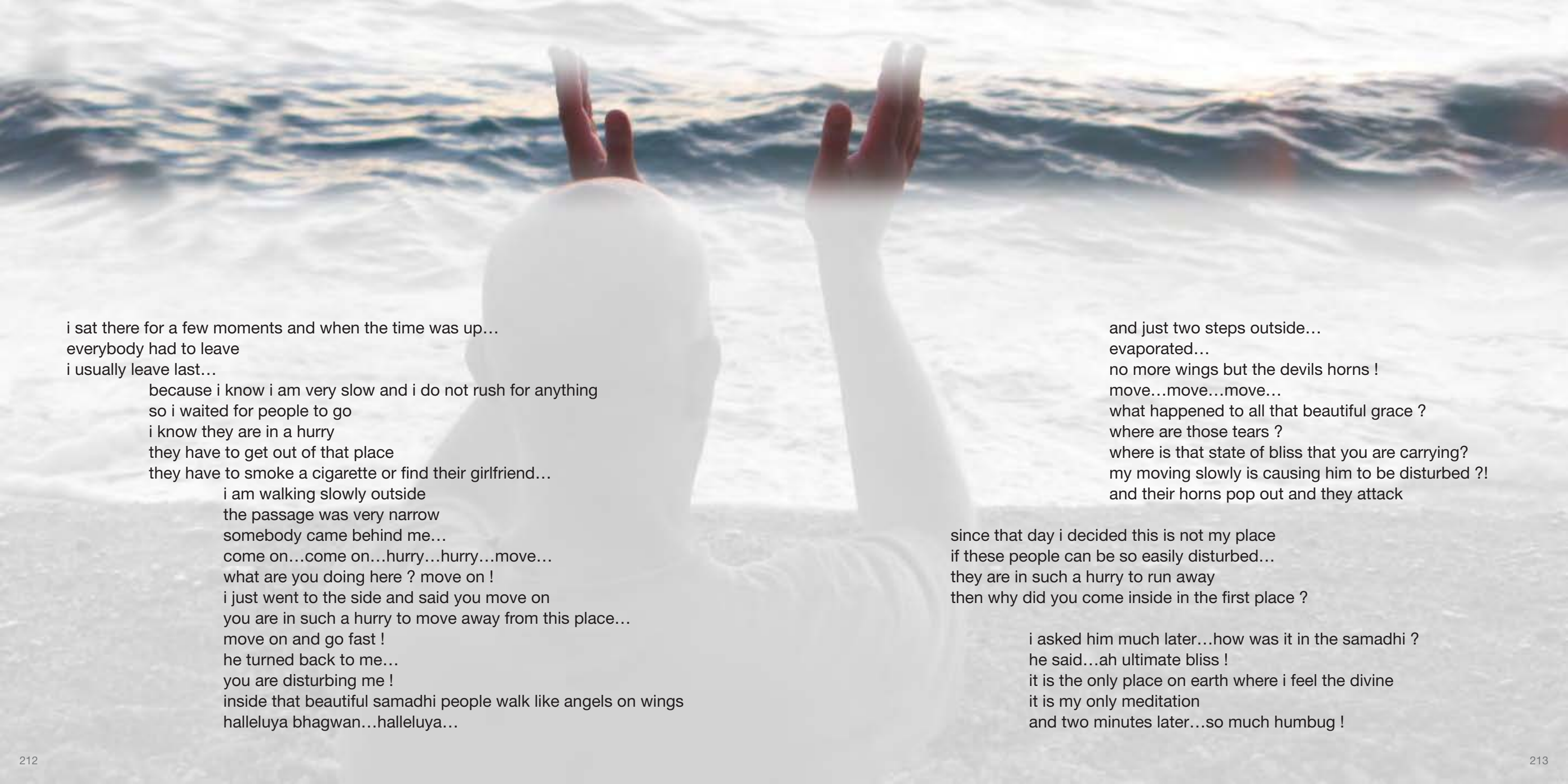
in my room nobody disturbs me  
and i am waiting for somebody to come and disturb me...please !  
at least somebody is coming to disturb you  
you are lucky man !

let them disturb...enjoy...  
say please come disturb me more  
whenever somebody comes to disturb you say...  
that was very interesting...please come again  
engage with me...come engage...a little bit more...go deeper...  
and the person will run away

it reminds me of poona...  
sitting in the pyramid buddhahall they feel so spiritual...  
eyes closed...white robe brotherhood...  
they are smelling the fragrance of their master in their imagination  
perfect air conditioning...  
beautiful white robe...crisp and clean...  
and somebody sneezes and they get all disturbed...

what happened to that heavenly space that was surrounding you ?  
that sneeze can disturb you ? they are disturbed !!  
perfectionists are always disturbed...  
they are disturbed themselves !

it reminds me of one beautiful day  
i only went to bhagwans samadhi once in my life  
i only went once in my life !  
i entered the samadhi...very slowly...the way i walk...  
even more slowly than i ever walked...  
i wanted to take the total essence of my stillness to this sacred spot...  
leaving the mind behind outside...  
no movement to disturb the beautiful stillness...  
taking the perfect state of nomind...  
carrying it gently...slowly...into the samadhi



i sat there for a few moments and when the time was up...  
everybody had to leave  
i usually leave last...

because i know i am very slow and i do not rush for anything  
so i waited for people to go  
i know they are in a hurry  
they have to get out of that place  
they have to smoke a cigarette or find their girlfriend...  
i am walking slowly outside  
the passage was very narrow  
somebody came behind me...  
come on...come on...hurry...hurry...move...  
what are you doing here ? move on !  
i just went to the side and said you move on  
you are in such a hurry to move away from this place...  
move on and go fast !  
he turned back to me...  
you are disturbing me !  
inside that beautiful samadhi people walk like angels on wings  
halleluya bhagwan...halleluya...

and just two steps outside...  
evaporated...  
no more wings but the devils horns !  
move...move...move...  
what happened to all that beautiful grace ?  
where are those tears ?  
where is that state of bliss that you are carrying?  
my moving slowly is causing him to be disturbed ?!  
and their horns pop out and they attack

since that day i decided this is not my place  
if these people can be so easily disturbed...  
they are in such a hurry to run away  
then why did you come inside in the first place ?

i asked him much later...how was it in the samadhi ?  
he said...ah ultimate bliss !  
it is the only place on earth where i feel the divine  
it is my only meditation  
and two minutes later...so much humbug !



nothing should disturb you...  
in fact disturbers are good people  
do not be so easily disturbed  
i did not mean that ashram story for you  
this is for the hypocrites who live there...  
who think they are in deep meditation...  
just push a little and you will see their grace becomes disgrace  
they do not even carry a shadow of that blissfulness  
i love to disturb people  
just to see how much is real...how much is unreal...

second part was not for you...my friend  
that was a message for some very holy people sitting in some resort...  
somewhere on this planet earth...

i never go to the samadhi  
the wings of the master cannot be locked in such a small place  
i went there only once to bow  
if you cannot see the master in the trees and the birds...  
and the butterflies and the earth...  
then why you go into that stupid samadhi looking so holy ?  
if you cannot enjoy the stroll outside the lao tsu house...  
and enjoy the grace...floating by his residence...  
seeing that beautiful swan floating through...  
then you have not been in the samadhi  
once you have entered the samadhi of a master  
your whole being...wherever you will go...will be floating  
why not create this into the samadhi ?  
we are in the samadhi of the master here !!  
this is a living samadhi  
the outer is simply a device  
this whole world carries his fragrance  
if you have touched it once you can touch it anywhere

if you can experience the experience of bliss and grace in the samadhi  
you can experience on your toilet seat !  
i am not joking !  
i say i experience more samadhi on my toilet seat than in the samadhi  
because my toilet seat is real

just imagine when you have to take a shit  
and it is not coming out...  
you have to take that shit and it is stuck  
just sit on the pot and you will know samadhi !  
if it does not come out you will know hell...  
my toilet seat is my samadhi !!  
it has got a real function  
it is taking the misery out of you...  
just imagine one day it does not come out  
you will know who is god and who is not god  
you will be praying to god  
do anything but get this shit out

i love the pot story the most  
your pot has to become your temple...  
i am not joking !  
you have to have great reverence for your pot  
it is really serious  
you can eat food...you can nourish your body...  
and when it comes to taking out what is not required by you  
you have no reverence for it !  
you put delicious food in your mouth  
and then you complain when it is coming out !  
be thankful it is coming out  
if it does not come out you wont be eating anything !!  
ha ha ha ha  
i was considering this subject many times  
so i declared it once before  
that is where my samadhi will be created...





ukraine  
pusha voditsa  
15 august 2010

sitting in deep stillness...unmoving  
just one pulse...settle  
another pulse...settle  
not drawing it up to the heart  
not drawing it up to the mind  
not moving

just one pulse entering you...settling  
not drawing it upwards into dream...desire...thought...action...  
simply sitting at the very source !  
this the whole knack of the meditator  
just sitting at the source...  
allowing it to settle...  
no ripples...just a pool of stillness  
a vast lake of life force  
settling like a lake

now is the time to celebrate this pool of stillness  
slowly slowly raising it up  
higher and higher and higher and higher  
this whole pool of power  
taking it higher and higher and higher and higher  
focused vertically...the highest possible  
and you peak to that orgasmic stop  
everything becomes to a stop

silently...  
the window is open  
this state of nomind slowly filters  
and settles deeper and deeper and deeper...  
into the still centre

this is the earth...  
this is the sky...  
when this earth meets the sky  
in this vertical moment  
all gravity simply disappears  
lightening suddenly strikes  
and shows you your reality  
the door simply opens  
the mind collapses  
and this vertical reality is open  
earth and sky meet...

but you need the power of stillness  
a vast pool of stillness  
gather it  
and then explode it vertically into the sky  
just like an arrow  
it will touch that orgasmic state  
that is the state of nomind...

just remaining pulsating  
in this excited awakened state of alertness  
the kundalini is awakened  
stop  
let it filter through and settle deeper  
the deeper you will go into the earth  
the higher the ability of the next peak to happen to you

this is the whole journey  
from here to herenow  
but an extraordinary difference  
you are going deeper vertically down into the earth  
and you are lifting higher vertically into the sky  
you see ?

this moment can be stretched  
keep stretching it higher and deeper and higher and deeper  
your peaks will become ecstatic  
and your settled state will be deep and relaxed and calm  
a heightened state of awareness  
relaxed and settled  
this is the taste

settled into the earth  
like a deep anchor into the ocean  
and flying in the sky...alert...peaked...heightened  
but so relaxed  
this tunnel...this vertical here now...is the journey

it is not of thinking  
you do not need to think about it  
you need to live it energetically  
when you are total...  
you are climbing within your inner sky...  
and creating higher and higher peaks within you  
and you are learning the way to settle deep  
there will come a moment  
when you have gone so high and so deep  
that these two windows will open and meet  
the mind on the side will simply evaporate  
it does not know that there is a vertical centre  
your mind has two sides...like the brain...  
in the very middle there is a very thin passage  
this is the search...this silent vertical passage within you



now you understand why every evening we just dance ?  
first create stillness...  
then go to the peak crescendo...  
stop...  
come back  
if you can be total...  
if you can open that window within you...  
you will know what is happening here  
but unless you are total you will not reach that window  
you can reach this far or you can reach that far...  
but you need to reach here...to the crown...  
hence totality is the key  
be total  
dancing...be total  
sitting...be total  
and the experience will explode within you

nothing is preventing you  
many times i hear people ask  
why am i not experiencing this peaked moment ?  
i must they have block somewhere...  
there is no block just you are not at that height of consciousness  
you are looking at the world from a lower level  
you are projecting the world from the space you are at  
just go higher and higher within you  
it is very simple  
the initial experience of enlightenment is so easy  
because the pillar is so thin  
all you need is ten or twenty grams of explosive energy  
just a little hit and pulse the crown

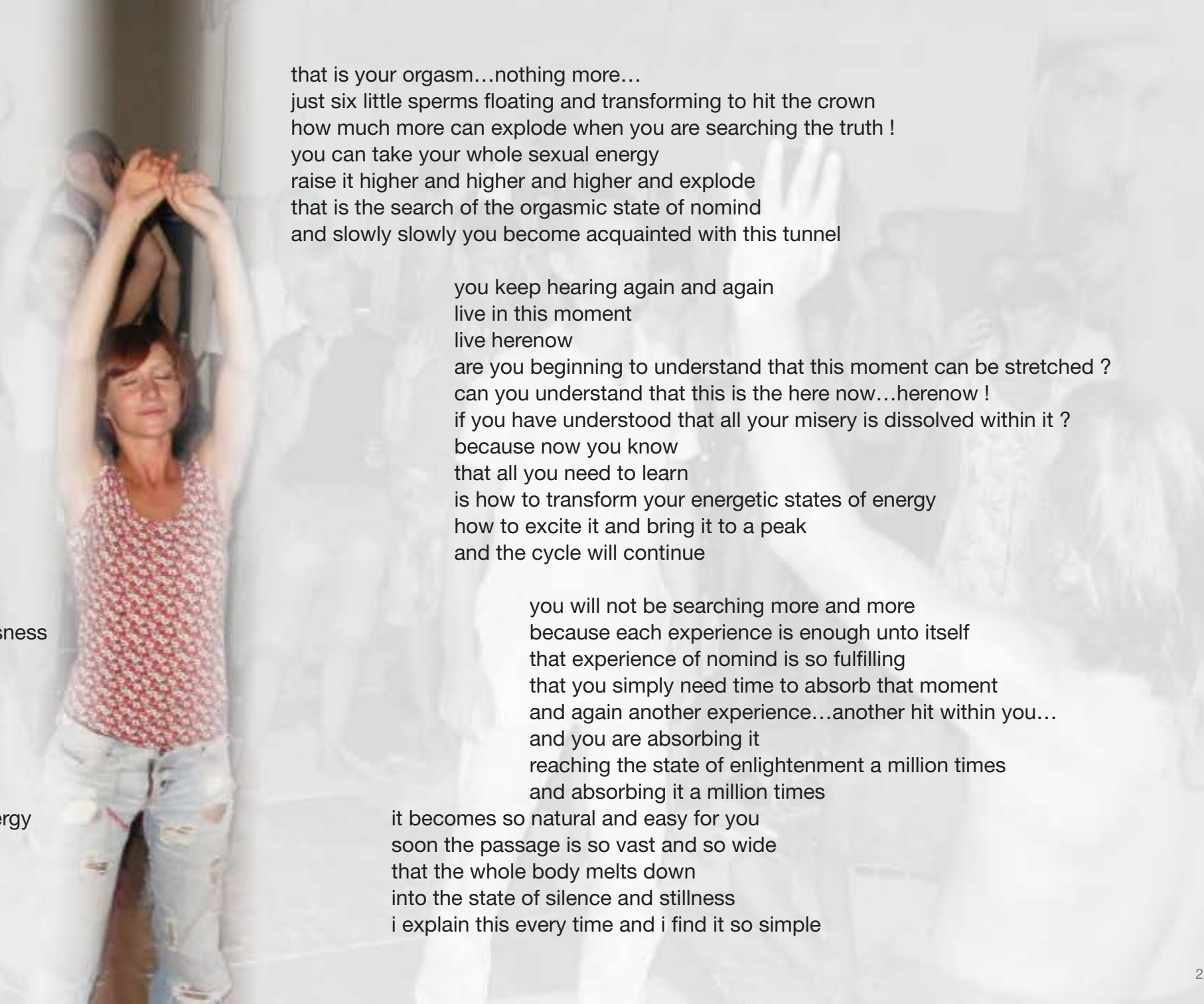
that is what you experience in orgasm  
one million sperms ejecting  
five or ten sperms hit the crown...aahah

that is your orgasm...nothing more...  
just six little sperms floating and transforming to hit the crown  
how much more can explode when you are searching the truth !  
you can take your whole sexual energy  
raise it higher and higher and higher and explode  
that is the search of the orgasmic state of nomind  
and slowly slowly you become acquainted with this tunnel

you keep hearing again and again  
live in this moment  
live herenow  
are you beginning to understand that this moment can be stretched ?  
can you understand that this is the here now...herenow !  
if you have understood that all your misery is dissolved within it ?  
because now you know  
that all you need to learn  
is how to transform your energetic states of energy  
how to excite it and bring it to a peak  
and the cycle will continue

you will not be searching more and more  
because each experience is enough unto itself  
that experience of nomind is so fulfilling  
that you simply need time to absorb that moment  
and again another experience...another hit within you...  
and you are absorbing it  
reaching the state of enlightenment a million times  
and absorbing it a million times

it becomes so natural and easy for you  
soon the passage is so vast and so wide  
that the whole body melts down  
into the state of silence and stillness  
i explain this every time and i find it so simple





the inner journey is so simple !  
i do not understand why people cannot understand it  
it is as easy as this  
very simple !  
i say it again because today many people missed dancing with me  
whenever i see people sitting and not dancing that evening  
i feel sad for them that they are missing something

to experience the peak with a mystic  
you have to dance with that person  
when you dance with that person  
and you are lost in the dance  
something like a flame simply jumps on you  
we are like one ocean  
if the ocean goes higher and higher and higher  
you can simply float on top and bring it down  
you can lift each other higher and higher in the dance  
and each one gathered here can feel the same orgasmic height  
that is why we sit together in one buddhafield of energy

we can raise that one pool of energy higher and higher  
it is not an isolated experience  
when you disappear you merge with me  
when i disappear i merge with you  
merging together there are no people here left anymore  
just a heightened state of oceanic energy

if one person knows the secret...  
he is alert and aware and watchful...  
that transforms the whole experience  
you just need one person to know the secret  
how this stillness peaks everybody together  
the energy rising higher and higher  
when few people are sitting...  
they are not lifting the whole space like one fabric

you meet a mystic  
this is what you have come here for  
i can give you words...a hundred thousand words every day...no problem  
if you cannot go home drunk with the experience of some blissfulness  
then all you have learnt is rubbish  
you just filled your head with some nonsense  
and you go home more depressed and more confused

i am dancing with you  
when i am dancing...dance totally please !  
i am with you all...i am total !  
i am floating higher...higher...higher...higher...higher...  
sometimes going so high you miss the whole point  
i need you as much as anyone else  
i depend on you too  
i am not isolated from you people  
please understand the experiment  
do not sit...you will become dead  
explode into totality and you will understand

especially some young people sitting here  
i can imagine a sixty five year old...no juice...just sitting  
young people sitting ? my god !  
i am fifty and i am still dancing like the wind...  
this is the only way i know how to transfer the experience easily  
that you can have a sudden glimpse of it  
and you can carry home a certain experience

you may not know it there and then  
but something will filter in you  
and one day when you are just walking by the river  
just vacant...empty...for no reason...  
suddenly it will be there because you are absent  
and that energy is so powerful and gripping  
it will catch you unaware

**question** *this question is about my mothers dreams*

bring your mother here !!

**questioner** *she has terrible dreams since many years  
and she dreams of being killed and when she wakes up  
in the morning she does not feel relaxed...  
every night she has a nightmare that she is being killed  
every night in different ways...i am concerned...  
how can i help her...could you give some advice ?*

first you should bring her here...  
we will kill her and finish the question altogether !!  
that is the only answer for everything  
everybody wants to kill their mother...so...

**questioner** *but i want to help her...*

do not help her...  
bring her here...that is the way to help her  
why you are asking questions for her ?  
you live your life  
let her die...go where she wants...  
she is here...she can come and see me...  
you have come so often here  
let her come and ask me this my question

sometimes you come in front of a madman like me  
maybe the dream will disappear !  
it has happened many times

this fear of death all the time...  
and if old people do not fear death what else will they fear ?  
all old people are dreaming about death only

their whole fear is about death  
they have not lived their lives  
so fear is knocking on the door...death is coming  
and the mind will find a hundred ways to release this fear  
this dream that dream  
it is finding ways to release this fear in different ways  
people are living in fear  
and there is only one fear  
the only fear is of death  
other fears are smaller fears  
and if you look deeply into it  
the fear is not of death  
it is because they have not lived  
not living your life totally creates the fear  
and that fear translates into the fear of death...  
one who has lived his life totally...in that total state of living...  
experiences the very nature of death

when you are totally in love  
when you are total in anything in your life  
you get the taste of death  
because death is of the ego...of the mind...  
the moment you are totally in your love  
what is dying within you is your ego...your mind...  
your sense of separation...your isolation...  
you have merged with the other  
this is the experience of the deathless within you

those who live totally  
experience death and deathlessness in the same moment in their totality  
those who do not know how to live totally  
shadows and shadows surround them  
you do not know what death is...how can you fear it ?  
but you know what life is and what you have not lived  
that is the fear...the fear of an unlived life



so look deeper  
she does not fear death at all  
and the unconscious that is surfacing in her dreams  
is telling her life is too short...i have not yet lived...  
when you are dancing totally you can experience death that moment  
you disappear into the dance and you can taste death  
and know at the same time  
that if you are freed from this form in that dance...  
if this wall evaporates and disappears in the dance...  
that experience is of death  
and it is an orgasmic experience  
when all the boundaries disappear  
the weight of this body mind simply disappears into a total dance and vibration  
your whole body becomes orgasmic and you merge with the sky  
that is death...what else is death ?  
if you want her to get rid of this fear  
tell her to come and dance with us  
just come and dance and dance and dance and dance  
and this little ghost in her...this little shadow which is fearing death...will disappear  
it will taste something of deathlessness  
bring her here next time

people like me just looking at them...something triggers  
either the fear will become more compounded  
that is why they are afraid to see people like me  
or they will be released once and for all  
people like me remind you of death  
because i have died...  
i am a dead person speaking here  
i am no more...i am dead...  
but i am not dead in the ordinary sense  
i am totally alive  
and you can see those moments happening around me

when i am no more here  
and something else is present  
and you can feel the hovering energy  
this is freedom  
it has the same taste as death  
hmmm ?

people never learn to relax  
this body...this mind...is dreaming continuously...like an undercurrent  
there is an inner bioclock...always ticking  
you never even get sleep  
you are so afraid to sleep  
if you have to wake up in the morning at six o'clock  
without the alarm you are awake at five thirty  
why ? because you have an alarm within you  
it is like an undercurrent working in your sleep

if you have no dream no desire like on a sunday  
at twelve o'clock you are still sleeping in the bed !  
what happened ?  
your inner clock...dreams desire and mind...  
had nothing to do that day so you had a nice sleep  
all your dreams and desires and projections for tomorrow...  
are working as an undercurrent in your muscle and your bio system  
they keep this body moving like a machine  
you are never resting in the zero state of relaxation

you have never known sleep and its restful quality  
because other than dreams you are living in the future  
they are pulling you constantly...invisibly like threads  
how to come to the state where all dreams and all thoughts simply evaporate ?  
this is the search of the mystic  
the moment you experience it you have a deeper sleep  
no search...no desire...no tomorrow...no past...



your body goes into a deep sleep  
dreamless...  
into the turiya state  
your body is in such deep rest but you feel you are awake  
you are not sleeping...you are not awake...  
the body is so rested...there is no rush...no anxiety...  
this dreamless sleep is one step closer to samadhi  
ordinary sleep is of the mind  
deeper sleep is of dreaming  
dreamless sleep is turiya  
totally deep sleep is death...samadhi

if you can sleep totally you will become enlightened  
this is what happened to gautam buddha  
searching...searching...searching...eighteen years of search...  
he could not fall to that absolute zero state  
the dream of enlightenment...the search to attain...continued  
like an undercurrent...an alarm clock...  
whenever he came close to the zero point to fall into the black hole  
that dream must have pulled him back to the body...  
i need to achieve enlightenment...just a single thought...  
i need to achieve and complete this journey...  
i did not complete my search...  
and while something was pulling him into a total black hole  
this alarm clock continued  
the momentum of the mind of the future search  
did not allow him to fall in

understand this  
the deepest experience of truth...  
can only be found when you are not present  
you are the hindrance  
how to attain to the state where you are not present ?  
you are in the way !

learn the art of sleeping in deep let go  
if you can sleep deep  
you will slowly slowly learn the restful states within your being  
it is like a deep tunnel  
you can go deeper and deeper into the well  
the deeper you go into the well the vaster the pool of energy  
the darker and relaxed the state  
till you reach the black hole within you  
the black hole is called the hara  
when you fall into that everything disappears  
it is below sleep...deeper than sleep  
hence i respect sleep as the greatest door to enlightenment

people wake up at six o'clock...  
to do meditation in search of enlightenment  
i say...go to sleep first  
learn how to sleep  
when you are going to find something outside you...  
your eyes are open...you are already in the mind  
you cannot master your sleep  
and you wish to master awakening...  
waking up and awakening are two different worlds  
i use the word awakening  
someone who falls into a deep restful state of stillness  
that pull...that magnetic pull of silence...  
is so deep and relaxing and rejuvenating  
that it awakens you from within !  
you are not waking up...you are awakening...  
feel the difference...i am repeating it again for you  
you do not wake up...you awaken !!  
waking up is from outside...awakening is from inside  
buddha never woke up to the truth  
he was awakened to the truth





whenever i hear people saying wake up...wake up...  
i say...this person is an idiot  
go to sleep...go to sleep !  
do not wake up please !  
go to sleep...have a deep sleep  
go into a coma...go anywhere...simply disappear into a deep sleep  
do not get up...  
there is nothing to do...nowhere to go  
no dream...no desire...  
go to sleep and forget about tomorrow  
just sleep and die !

this has been one of the meditations i have loved the most  
when you are going to sleep at night  
just imagine that you are going to die  
just close your eyes and in deep sorrow and say bye bye world  
close your eyes...say...okay...bye world  
you can start crying of course  
not for yourself but for others  
you have a nice deep cry...ha ha...gone

just see how four friends find you dead  
they pick your body...take it to the funeral...burn it  
just watch the body burning...  
momma crying...children crying...wife crying...  
enemies are happy...he is gone !!  
watch the whole scene...  
just go into sleep and die totally  
just imagine you have died  
you cannot be anything any more  
with it all your tomorrow problems evaporate  
all problems are solved with death  
because you are no more there  
no one to answer to...  
no more telephone bill...

every night go to sleep...die  
and pray to existence...  
do not knock on my door to bring me back tomorrow  
say...please do not bring me back tomorrow  
i have already disconnected from this world  
i have no business tomorrow morning  
i am dying...thank you...bye bye  
and go to sleep..never to wake up

every night follow this like a routine  
die to the world...  
if you can follow this death meditation every night for one month  
you will see suddenly a new pool of energy arising in you  
because all your worries are projections about tomorrow...  
they are sucking your blood !  
your whole energy and investment is sucking your energy  
go to sleep...die...in the morning you will feel you have wings  
so light...what happened ?  
i have become so light...i can fly !

so the death meditation at night...  
for fifteen minutes before sleeping...close your eyes  
settle your breath and consciously go into a deep sleep  
go to death...die...go to sleep  
you will have such a deep quality of sleep  
whatever you think for the last fifteen or twenty minutes before you fall asleep...  
continues all night  
if you can fall asleep in meditation...you are sleeping in meditation

six to eight hours you are adding meditation to your life  
what you cannot do with all your dynamic and kundalini and all your stupid meditations  
you can attain it simply by sleeping in a meditative state  
when wake up in the morning  
do not wake up and start running straight away

you have just come from the unknown  
from this magical unknown space of sleep  
from the state of samadhi  
wake up slowly  
feel the energy enter your heart...slowly  
and come to your head  
feel it enter you again...

if you can feel it entering gently into your form again  
something of that invisible quality of samadhi  
will slowly enter the heart and reach the head  
and you will feel a new mystical quality  
in the morning...just remain hanging in that state  
just be this invisible presence that is surrounding you  
you will feel something like feathers around you in the morning  
very soft...a feather like tranquillity...  
feel its presence  
you can carry it throughout the day  
bring it into the waking consciousness

going to sleep...go to sleep meditatively  
let six hours become a deep meditative sleep  
wake up in the morning...carry the thread through to your head  
feel its presence...let it move you slowly  
and you have learned the key to create a cycle of mysticism  
then you do not need any meditation  
because sleep is far deeper than your meditation  
far deeper !  
master sleep and awakening

the first half an hour in the morning is so valuable  
if you cannot be sensitive to the life that has entered the body again  
now what are you talking about meditation ?  
you are a hypocrite !

wake up in the morning...accept life into the body again...  
feel gratitude...feel its life force awakening you  
and carry it gracefully throughout the day  
and again when you come to the night...drop the day completely  
have a nice tub bath...candlelight...lie down...prepare to die...  
if you wake up tomorrow beautiful  
if not...adios !

this is so beautiful to live the day for the day  
fifteen minutes before sleep  
and half an hour after you wake up...  
just complete the cycle and i promise you  
if you can follow this simple meditation  
you will not need anything else...  
you have become so sensitive  
to the life in the morning reaching you  
and sensitivity is the buddha within you flowering

buddha is not a tank...a russian tank...  
he is your sensitive presence that is silently invisibly all around you  
how you can become sensitive if you are not sensitive to sleep and waking up ?  
i find it to be the most sensitive moments of your life  
because you are not yet here  
something is present...  
you have a great opportunity to see life enter  
then you will learn to respect your sleep

create a beautiful space for your sleeping  
my suggestion is to create a nice dark room  
the reason is that light makes you aware of the body  
in darkness you disappear  
light wakes you up...  
male energy is light touching the body  
female energy is the black womb





if you want to disappear into a deep rest  
create a dark room with no light entering  
light touching the body wakes you up  
it is a beautiful experiment

this is a vast subject  
far vaster than what you can learn in the day  
all the meditations that you can understand from me  
really are not comparable to this darkness  
the essence of nothing where everything disappears

in my book i have spoken about the black hole  
read carefully...no taste...no touch...no sound...  
what will remain ?  
you cannot destroy it  
you cannot create it  
you cannot uncreate it  
you cannot destroy the dark  
you cannot create the dark  
it was always here

the whole mystery of this existence lies within the black hole  
in the absence of any object  
pure emptiness is the black hole  
the black hole is linked to your sleeping  
just master the black hole and you will understand truth  
all mystics...when they see light...  
they have fallen into a deep dark space  
all around them is light  
the seeing eye...the buddha nature...is the black hole  
it sees all...knows all...perceives all...  
because it is behind the innerness of all outer objects  
it is a very unknowable subjectivity...hidden...  
but present everywhere  
so much more available at night

i used to joke...  
all group leaders and therapists are working very hard to wake up this humanity  
i am going to go to one camp telling them...go to sleep...bye bye !  
everyone go to sleep...bye bye !  
collect the money and run !!  
next camp...collect the money...  
say...goodnight...go to sleep  
i can do thousands of groups just putting people to sleep  
why waste time waking up people and talking to them  
and then there are people have these nightmares of death also !!  
just put them to sleep...question is gone !!  
just keep sleeping  
everything can be attained in your sleep

**question** *very often in our events you say we are going higher and higher and higher and then we are settling settling settling into the earth but practically what do you mean ? we should have some realisation of this process or it is like some kind of feeling of our body ? how to understand this up up up and this settling to the earth down down down ? about going up i can understand it better but about settling down is absolutely not understood...what is it about settling down to the earth ?*

women ask very difficult questions !  
she says i can understand going up up up  
but i cannot understand the coming down down down  
perhaps you are right  
it is actually a very intelligent question...  
the womans energy is earth  
a woman is down down down

woman is the womb...woman is earth  
she is naturally understanding the earth  
and whatever goes higher and higher and higher  
she roots the energy deeper deeper deeper  
it is very natural  
but the woman can experience the higher flow  
the kundalini moving up  
because that is what she is searching for  
when she looks for a mystic...  
the woman is searching upward energy  
and she will miss the down  
because she is already there...

the man is high  
he needs to feel the down down down  
so it is very natural what you are asking  
and it is strange you asked the question  
but it is really true...

if you are feeling the upward pull  
and you do not understand what is down  
you have already understood it...  
there is a different taste of an upward pull  
and a different taste of settling  
you have already come to a very wise understanding of the energy  
you understand !  
women are already enlightened...

this is what i have been saying again and again  
the woman is the egg...the female energy is the womb  
the womb needs to see the light  
she is already home  
she needs the sperm  
she needs the male energy...the plus  
she has the womb  
and the womb is an enlightened state

women do not experience enlightenment easily  
because they are already enlightened !  
strange...but to know you are enlightened you need to see the opposite  
if you write with black chalk on a black board  
you do not see any message  
only when you write with white on a blackboard  
male energy shows the woman her enlightened state  
that is why so many women are attracted to a master like osho  
because his male energy is pure fire...pure light  
and the womb of the woman can see herself  
through the light that he is radiating  
the man needs to settle into the womb...  
he misses his enlightenment  
because he is the sperm running here and running there  
sperm is always chasing something or the other  
its tail is moving...always running after some achievement...  
he needs to settle down and understand the egg within him...  
the black hole that he is carrying

the male can find the settled state  
because running and running and running...  
he gets tired of this running...  
and he is searching for the settled state  
he is searching for enlightenment constantly  
woman is not searching enlightenment  
because she does not have the sperm to run around  
she is already in the enlightened state

this is the mystery of the woman  
she always says...oh men...always looking for enlightenment  
she cannot believe the man is running for enlightenment  
why is he searching for something ?  
come home...i am cooking dinner !  
this is woman



she is already enlightened but she does not know...  
if you can taste the difference between height and depth  
you have already attained to a certain sensitivity  
so your question looks strange but not for me  
i understand what you are saying  
and i hope you understand what i am saying to you !

**question** *what is gratitude for you ?*

the greatest mystery of wisdom is a teardrop...  
a deep thankfulness for this miracle of life  
without gratitude we have not become human  
this is the sky of humanity  
i am not speaking about buddhas  
i am not saying this is a sky for buddhas  
gratitude is human and it brings such a grace to your life  
you can be grateful for everything that you have received  
just look at what you have received  
look at this body...these eyes...  
the ability to hear...to smell...to taste...  
to have this beautiful form  
to have the ability to respond and meet and share and love  
such a vast treasure has been given to you

you did not even ask...  
what is this treasure that i am going to receive ?  
you simply come to this world  
such a vast opportunity to live your life  
without gratitude...  
how can you be sensitive to your heart and its wonderful treasure ?  
how to find the way to your eternity ?  
hidden within this body and this mind is a treasure of immortality...  
a being of light

if gratitude is missing in your human life  
that window to fly into the sky can never become available  
the moment your heart opens you are simply mystified  
you cannot imagine how you lived your life till now  
it moves you so deeply...  
the word gratitude becomes your very aura  
it simply becomes your very life breath  
because you realise what you have received  
it is such a vast gift and you feel so humbled  
what did i do to deserve even this body...this mind...this heart...  
this ability to live and love...

i cannot translate this word gratitude...it is too deep...too sensitive  
a teardrop would answer it perfectly well  
and i am not speaking about buddhahood and enlightenment...  
remember...just natural human gratitude...  
whatsoever or whosoever or whatsoever it is  
this source of life...wherever this source of life is...  
i bow to it !!

and i am grateful for whatsoever i am receiving every moment  
this heart...with this expression...becomes the soil for your inner search  
this vibration of consciousness will become the new man within you  
gratitude is the window to the new sky around you  
because you cannot be grateful about something you do not know  
you cannot be grateful for the buddha that is hiding within you

when you will experience that  
you will not be grateful...you will die utterly !  
it is utter death !  
but as a human being...  
you can be grateful for what you have

your question has caught me by surprise  
whenever anybody asks me such a question  
i simply become silent



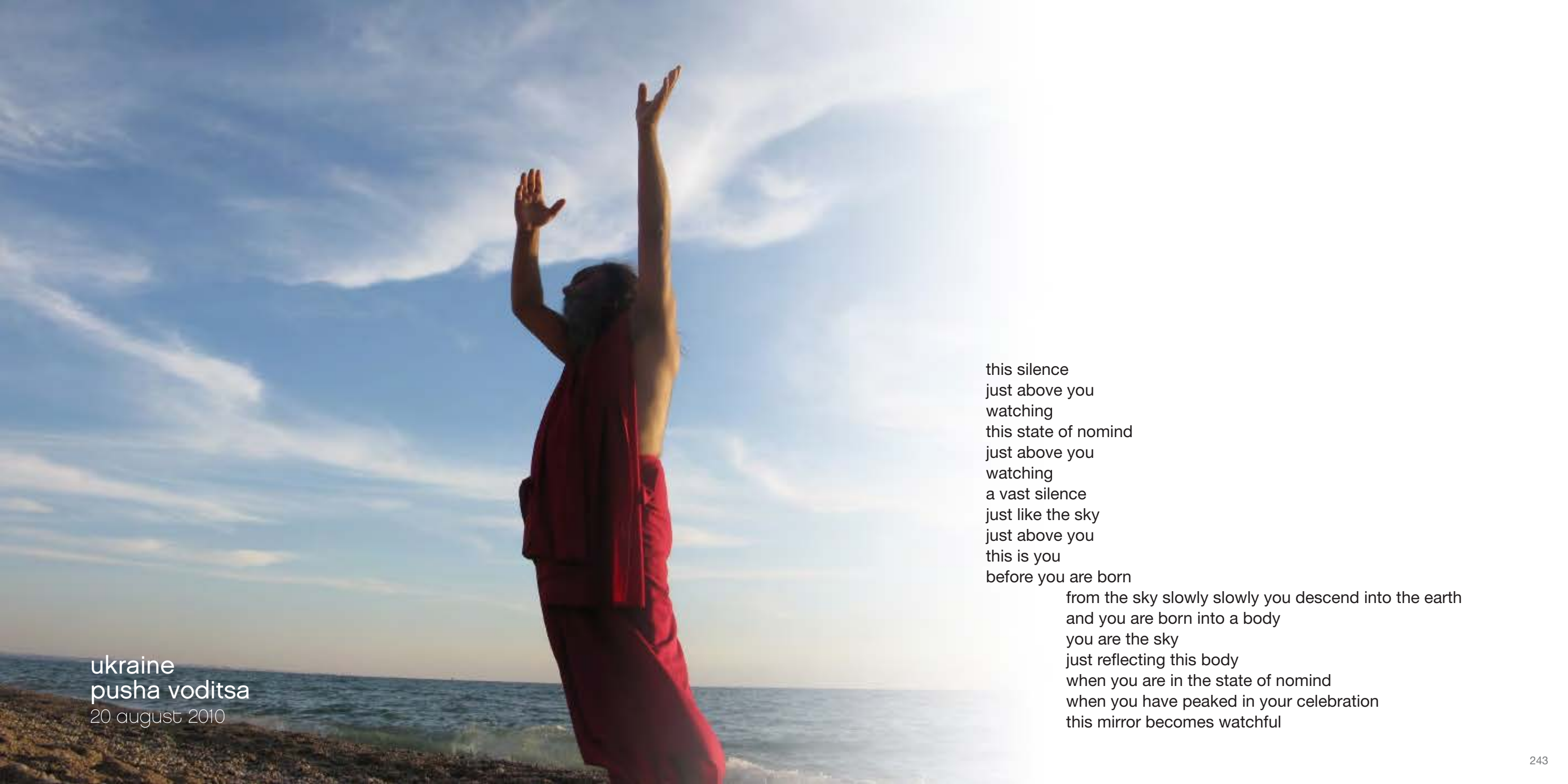
**question** *i want thank you for the mysticism of what is happening here  
for that what has touched me...*

joking...in the future i will take mens questions first !

strangely i have been noticing that men are becoming very sensitive  
when a man becomes sensitive he flies far ahead  
if a man can harness the female energy...  
and release his fragrance in his femininity...  
you see a new miracle

i thank you my friend  
i am grateful you are receiving whatever you are receiving  
i am grateful to you too  
everybody is not capable to receive  
people do not have time to receive  
very few men come to meditation events  
it is mostly women who are coming  
men are too busy  
he is a sensitive man who has come

and i am thankful to all the people who have come from kiev  
and who may not be coming with us physically to karpaty  
but we have met here...  
and something has entered you and me both  
and wherever you will go or i will go we will be carrying something within us  
so all those beautiful people who have come for a few evenings here  
i am grateful for you coming  
and when the time will come again  
we will meet and dance and celebrate again  
and if you feel you are missing something...  
just find out where we are and jump there  
i am staying ukraine for another two weeks  
hmm...okay ?

A person wearing a red robe stands on a beach, their back to the camera. Their arms are raised high, reaching towards a vast, blue sky filled with soft, white clouds. The ocean is visible in the background, meeting the horizon. The overall mood is serene and contemplative.

ukraine  
pusha voditsa  
20 august 2010

this silence  
just above you  
watching  
this state of nomind  
just above you  
watching  
a vast silence  
just like the sky  
just above you  
this is you  
before you are born

from the sky slowly slowly you descend into the earth  
and you are born into a body  
you are the sky  
just reflecting this body  
when you are in the state of nomind  
when you have peaked in your celebration  
this mirror becomes watchful

we are searching this vast mirror of consciousness  
unclouded...pure...crystal clear  
whatsoever passes in front of this mirror gets reflected  
and slowly slowly these reflections start becoming identified with the mirror  
a man passing by  
and the image reflects in the mirror  
a woman passes by and her image reflects in the mirror  
whatsoever passes the mirror reflects  
slowly slowly the mirror starts getting identified with these passing clouds

these become your thoughts and the mind  
slowly slowly...that woman passing by is no one but your mother  
the man passing by is your father  
now the thought has become the mind and its attachment  
when the mirror is watching any woman passing by...  
there will be no reaction  
because there is no emotion connected to that image  
but let your mother pass by and somebody abuses her  
suddenly you will come out of the mirror and attack that person !


when you have got an attachment...an identity...  
the mirror is no more mirroring but has become the mind  
this is how the mirror slowly starts attaching to the world  
all your experiences...good or bad...  
all the emotions...good or bad...  
are all in the past

all these past thoughts and emotions start clinging to the mirror  
and now you are not looking at existence directly  
but filtered...conditioned by your experiences of these past reflections  
your whole mind is nothing but past experiences gathered  
like dust...clouding the mirror of clarity  
you are not looking at anything directly

you are looking at everything coloured...  
predetermined from your past experiences  
you see a certain kind of woman  
she reminds you of your mother  
you see a certain kind of woman  
she reminds you of your past girlfriend  
you will react to all the new images that come to you  
according to your past experiences  
these are what we call conditionings  
your illusion of mind and emotion  
and you are become connected to that

all you have lost is that mirror like clarity  
slowly slowly the mind becomes denser and denser  
so clouded and so heavy that you begin to feel the body  
the baby is born without the sense of body  
just tabula rasa...pure sky...  
the first two or three years the baby does not have a sense of i  
he does not have a sense of the body  
it is just a little cloud of energy  
soft...vibrating...sensing its sensitivity  
becoming acquainted with this new presence of the body  
the baby does not know it has a body yet  
it has just come from the sky  
pure lightness...just a reflection...  
slowly slowly the body starts gaining a new reality  
this is how mind enters into the baby  
but if you go back...deep into your childhood  
this experience of weightlessness...just feather lightness...  
with no sense of body...always surrounds you  
in a way the mystic is searching his childhood once again  
just that innocent silent state...  
where everything was simply buzzing  
and truth was showering



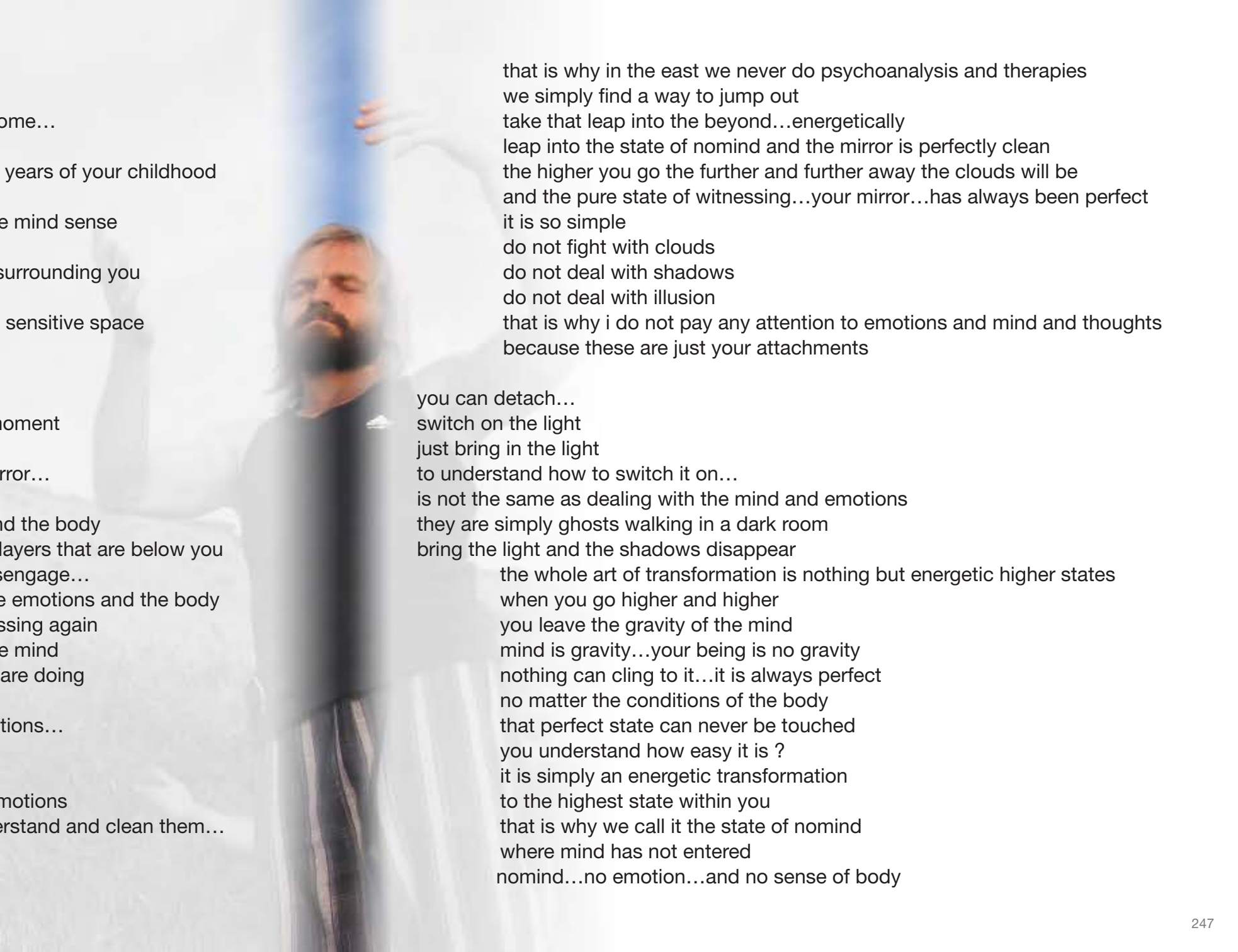


there was no fear for the child...  
no mind...no future...no responsibilities...  
nothing to do...nowhere to go...not to become...  
just breathing...enough unto itself...  
you cannot remember the first two or three years of your childhood  
because the mind had not begun yet  
there was no mind...no understanding in the mind sense  
all you were was sensitivity  
using your sensitivity to feel the existence surrounding you

the mystic goes backwards into this sensitive space  
just become sensitive again  
with a clarity...  
with pure open eyes...  
and go deeper and deeper to that moment  
where mind had not entered yet  
just try to understand...you are a mirror...  
if you are becoming attached  
to the thoughts and the emotions and the body  
you are simply identified with these layers that are below you  
the whole way of the mystic is to disengage...  
to disidentify from the thoughts...the emotions and the body  
and to become a pure sky...a witnessing again

there is no way you can clean the mirror with the mind  
these are what all the therapies and the groups are doing  
what psychoanalysis is doing  
they are analyzing these shadows...these reflections...  
and trying to figure them out  
these are just clouds !

there is no way you can figure out these thoughts and emotions  
because what you are using to figure them out and understand and clean them...  
is the mind itself  
using the mind to clean the mind !



that is why in the east we never do psychoanalysis and therapies  
we simply find a way to jump out  
take that leap into the beyond...energetically  
leap into the state of no mind and the mirror is perfectly clean  
the higher you go the further and further away the clouds will be  
and the pure state of witnessing...your mirror...has always been perfect  
it is so simple  
do not fight with clouds  
do not deal with shadows  
do not deal with illusion  
that is why i do not pay any attention to emotions and mind and thoughts  
because these are just your attachments

you can detach...  
switch on the light  
just bring in the light  
to understand how to switch it on...  
is not the same as dealing with the mind and emotions  
they are simply ghosts walking in a dark room  
bring the light and the shadows disappear  
the whole art of transformation is nothing but energetic higher states  
when you go higher and higher  
you leave the gravity of the mind  
mind is gravity...your being is no gravity  
nothing can cling to it...it is always perfect  
no matter the conditions of the body  
that perfect state can never be touched  
you understand how easy it is ?  
it is simply an energetic transformation  
to the highest state within you  
that is why we call it the state of no mind  
where mind has not entered  
no mind...no emotion...and no sense of body

that orgasmic point is the very peak within you  
mind simply cannot stand there...it evaporates  
lower you are...denser the mind  
and the lowest is the body  
the body is earth...  
mind can move  
emotions and dreams can fly  
but body remains here

how to connect this body to the state of no mind  
so it stops dreaming and desiring and thinking  
and sees its face in the mirror  
it is like a lion seeing its face in a pool of water  
no mind no emotion  
the body here...the mirror above  
and suddenly the realization of this present reflected state

i think i have brought it in a very complicated way today  
normally i speak very simple things  
but today my throat is not so good  
i feel very bad that i could not be with you all  
my throat is not good  
the body is becoming more sensitive...weaker in a way  
but the weaker my body becomes the stronger my being  
in a way it is letting go of the identification  
i become so strong...vertically

but this body is suffering  
with each layer i disconnect i get lighter and lighter  
and the body gets weaker and weaker  
because there is no more identification with this body  
there is no energy going into this body mind  
in a way i am getting weaker  
but i am becoming far more alert and stronger in the other way

i am just going to speak a little informally today...okay  
because i do not want to stress my throat  
when i speak i like to speak totally  
i like to express totally and move totally  
but because of my throat i have to subdue it  
sorry...okay  
i hope i will be better tomorrow

**question** *my question is about this mirror...  
the mirror quality of consciousness...  
what is the difference between this witnessing  
consciousness of a mystic and of an ordinary human  
being ? ordinary people who just began to practice...  
what is the difference in their quality of witnessing ?  
and in what way does the mystic see this quality  
in other people ?*

in essence there is no difference  
everybody has the same source of witnessing  
the difference lies in attachment  
and knowing how to disconnect  
to the enlightened one everybody is enlightened  
to the one who knows everybody has that mirroring quality  
it has come with their very birth  
this mirror came with you when you were born  
different people...different societies...  
different educations...different situations...  
different sets of identifications  
but you cannot write on the sky  
it is like taking a pen and writing on the water  
you can keep writing on the water...it will disappear  
you are writing and it disappears

as far as the mystic is concerned there is no difference whatsoever  
just a difference in knowing and the depth of clarity  
the mirror is simply a mirror  
if you do not know that there is a mirror  
you cannot go and see your face in the mirror  
you can have a mirror in your room and turn off the light  
and you say i cannot see my face in the mirror

    this is the difference...  
    in the room of the mystic there is light  
    he can see the face in the mirror  
    for the ordinary man there is no light in his room  
    but the mirror is there  
    turn on the light and see your face  
    that is the difference...  
    but the mirror is there in either case  
    both the rooms have the mirror  
    one can see and one cannot see  
    as far as i know that is the only difference

i will give you one little hint  
before this light entered me  
when i used to go to sleep at night i just closed my eyes...  
everything became dark and i fell into sleep  
now when i fall asleep  
everything becomes blue light in my head  
and i sleep in a nice temple...a blue room

that is the only difference  
and i do not let out secrets very quickly  
because it just becomes part of knowledge  
the light within the mystic never goes to sleep  
but that blue light is so restful  
that even in the dark night one can see

there is not much difference  
the one who has light acts through light  
the one who has mind acts through mind  
the actions have a different quality  
you act through mind and illusion  
and the whole world is your enemy  
you are using the mind  
this sense of perceiving the world through this instrument the body

you are using some instrument to perceive the world and its reality  
you are using your eyes and your five senses to sense the world  
but this mind is not an instrument to see the truth  
because truth is not matter...it is light...  
it is not something present but absent...  
in fact the other day i was saying  
that whatsoever you are seeing you are blind  
because your right eye is connected to your left brain  
and the left side is connected to the right brain  
in a way you are seeing cross eyed...  
you are not seeing the world straightforward  
that is why you are seeing matter  
you need two intersecting points to see the dot...

have you seen a camera ?  
just more and more pixels...more and more pixels  
all these pixels put together...all these dots put together  
become the perception of objects

your eyes are seeing criss cross...  
and each thing it sees in criss cross  
like a scanner it sees images  
and you understand that to be the object  
you are not looking at reality directly  
that is why it needs to be called the other eye...the third eye



the third eye does not see objects  
it sees the light and the world made of light...  
when you open your eyes you see the objective reality  
when you close eyes you see the light and its reality  
the mirror is your seventh sense  
the third eye is the state of awareness where light enters  
it shows you a new universe  
the new universe is perfect...absolutely perfect  
it is so and always remains so

once your third eye is open light enters  
and you begin to see the mirror above you  
the third eye is not the last sense  
it only allows you to see the next possibility  
when light filters through inward  
your inner being gets filled with light  
the window outward and inward becomes one  
now the next step is to be it...  
not to perceive it but to become it

third eye to see...  
seventh sense to be...being  
being and seeing  
that is the difference between third eye and seventh centre  
the mystic sees  
the master is being

there is the one unifying fact between all human beings  
whether you know it or not...you are all enlightened  
nobody is unenlightened  
maybe in an unenlightened state now  
but the moment you leave this body and its illusion  
this illusion that you are here  
you will see your mirror once again

there are few instances how to arrive to this state of nomind  
we use dance as our way  
it is one of the easiest ways to reach the state  
of peaked orgasmic silence and stillness  
that is the mirror  
and you are always perfect when you are in that state  
if you can taste it one minute that is enough proof the mirror is there  
you have the glimpse...

**question** *is the mind just something that covers the mirror  
and is this dust that covers the mirror the hindrance  
to living our life ? for example the habit of smoking  
or the need to always be right...any advice how to deal  
with those parts of the mind ?*

do not believe in the mind  
that is the best way to deal with it  
simply ignore it...that is detachment  
if you want to deal with the mind...  
you have already acknowledged that it exists  
when you say...i must deal with this mind  
you have said it is real !  
i am saying it is a shadow and an illusion  
ignore it...it disappears

the mind is not coming from nowhere  
you are supporting the mind  
because it fulfills a certain need and a certain function  
and definitely the mind has a function  
and the mind has a need  
and you are giving it energy to continue functioning

the car needs petrol to drive  
the mind is drawing energy from you  
half mind half nomind  
it is a good balance  
when you need to use the body to do something functional  
to speak...to communicate...to act  
you need the mind  
but becoming aware that speaking...acting...doing is not you  
you are the watcher  
watching the body...watching the emotion  
it is a simple knack

meditation does not need the mind at all  
dealing with mind means psychoanalysis or therapy or groups  
i am not against mind at all  
it is a beautiful mechanism  
but how to use it like a master ?  
how to switch it on when you want...off when you do not want...

if you are totally identified with the mind  
you think that is the sum of you  
body mind emotion is mind  
mind is a collection of the body...the emotions...  
the thoughts...the doings...  
how to get rid of it ?  
you cannot get rid of it !  
you can transcend it !!

you can go to a layer above it...your mystical being  
you have auras  
you have an etheric body  
you have a soul...the being  
the being has to be the master  
this body mind just a good functional servant

the witness will become stronger  
even the body mind will become more alert  
because when you switch it on...it will be clarity  
when you switch it off...it will be in deep relaxation  
but you have to understand from the beginning  
you cannot deal with a shadow  
you are light !  
recognizing it the shadow disappears...

this is one of the most beautiful stories of osho  
someone went to complain to the sun  
that hello my friend you are the king of the universe...  
you are the sun and this darkness is haunting me  
and giving me much trouble  
i cannot sleep anymore...i cannot rest...  
wherever i go this darkness is attacking me  
please can you get rid of this darkness for me ?  
the sun said no problem  
i go and help you any way you want  
just take me and show me where darkness is  
so he take the sun to show him darkness  
but wherever they took the sun...there was no darkness  
the sun says...where is darkness ?  
show me i will solve it !

that is why the zen masters say...there is nomind  
he says your mind is simply illusion  
you are living in illusion  
live in the light and show me the mind...  
bring it here...this instant...i will remove it !  
and how does he remove it ?  
just one hit on the head and the mind stops  
and he says...where is it now ?

he creates an energetic state in you  
that energetic state stops the mind  
you get a glimpse  
that glimpse is the light  
you have seen the possibility  
you have seen the potential

now you know it is there...present  
this is satori  
to wake you up to your reality...to show you the truth  
and then you know the way  
you just make different methods  
to arrive to the same moment again and again  
to peak again...stop...watch  
and let that watchfulness settle  
peak...reach...stop...watch  
nomind

let that watchfulness settle into the body  
and the slave will understand the master is watching  
it is a very simple process  
you have just come today  
all the other people sitting here they already know what i am going to say  
they have already understood the inner simple mechanism  
the mind is used to looking at complex things  
the more complex things the mind looks at  
the more the sense of achievement and satisfaction  
the mind has been trained to look for satisfaction  
it is like a game of chess...it must achieve  
you say you always want to be right  
that is the function of the mind  
mind is a perfectionist  
always trying to negate one

if something is right...  
then you have already created the wrong  
the right is creating the wrong  
the moment you are finding the right  
you have already decided what is wrong  
you have already made a judgment  
you have already made a division  
you have divided the whole source of life  
now you think it is right  
but what about what is not right ?  
now that is wrong

who is going to deal with the wrong when the wrong will come to you ?  
and it is bound to come because with the right comes the wrong...  
they come together  
do this...it is right  
you do this...it is right  
mind has enough of right every day  
now let us do something wrong

right always looks for the wrong  
there is more attraction for the wrong...not for the right  
you understand ?  
we have no rights and no wrongs at all  
just a divided way of looking at existence

existence is not divided  
it finds balance in two things...  
to find balance in the opposite is understanding life and the wisdom of living  
the bird cannot fly with one wing  
it flies with two wings  
and the two wings takes the centre forward  
exactly like this !  
higher and higher and higher  
you got to keep finding balance at each and every step  
you understand ?



**question** *you told that children are already enlightened beings  
so how to help the children to remain in this  
enlightened state ?*

my god...when i speak about children i speak for one hour  
i am passionate about children !  
i fight for children...  
i fight for the innocence of these new beings  
who are coming to this earth  
i am not going to speak today  
another time...okay my friend ?

it is something i am very passionate about  
i am very passionate about innocence  
to me innocence is the greatest treasure  
forget all kind of stupid achievements...  
enlightenment...or whatever you want to call it...  
innocence is by far the greatest treasure on this earth  
not knowing...that innocent state...  
just a waiting heart...  
that is truth itself

the baby may not know how to say a single word  
it may be just mumbling jumbling  
this is the sound of truth !  
those sounds coming out of the babies mouth  
they are the ultimate sound of truth  
they are so primitively rooted in the very being of the child  
just listen to the sound of a child  
whether it is crying or laughing or giggling  
it is so authentic !  
it is a sound of existence  
that is why i say innocence is by far the greatest treasure

you see socrates  
he says...now i know that i know nothing at all  
he has defined the ultimate truth to be such an unknowable mystery...  
such an unknowable mystery that there is no need to know  
your knowing is so deep...so profound

only in an innocent state can that profound experience be revealed  
it is so multidimensional  
mind can only rest on certain things  
it cannot rest on a million directions at once  
truth is taking care of this whole existence in millions of life forms  
no words can even come close...no knowledge...  
nothing known can defines the ultimate reality of this buzz of existence

whenever i remember the space...innocence..i think of children  
they are my passion...  
not that i want to have children...no thank you  
always go back to the innocence of the child

**question** *i am a newcomer here...i get disappointed when i hear that our evolution  
of our higher consciousness does not go in the same direction as our  
body...is it possible to make them go in the same direction ?*

you are asking for the impossible !  
you are fortunate...  
you are fortunate that you have a body of this calibre  
that existence has brought you to this physical reality  
that itself is a miracle...one of the greatest miracles ever

so be grateful to its achievements...to its presence  
we have to learn to be thankful for whatever we have received  
do not deny the body  
it is beautiful that it has certain limitations  
otherwise today you will start flying  
it has limitations...it has to walk

limitations make us humans  
but the beauty is that hidden within these limitations...  
there is a hidden treasure  
now that is the wonder  
that hidden in this mud there is a diamond  
is that not even more spectacular ?  
through the mud...through the water...  
and long stem and flowers above into the sky  
you are the lotus !

respect the mud  
live the mud so deeply...that the lotus will awake  
in fact the body is a protection for the soul  
the soul is bound in this beautiful body  
whatsoever actions you see from the outside  
the innerness...the inner form...is a perfect circle  
the perfect circle is opening itself  
so that it enters the world...becomes your body  
    you will find the perfect circle within the form  
    carrying within this form is a perfect being  
    how to hide a priceless treasure in the mud ?  
    actually that is quite a genius !  
    the softest thing in nature is life  
    life is protected with harder objects  
    in that sense the body is a perfect protector...the perfect soil...  
    for you to grow and experience your inner reality

the body is not against you  
no master has spoken against the body  
they are only making you alert and aware  
that you are identified with mind and emotion  
mind is not real...emotion is just fluctuating  
depending on condition to condition  
the reality knows the body  
just becoming the body...then you are perfect

that is why people who live in the jungle and are more primitive...  
less intellectual...they have a direct sense of truth  
their body can sense the truth directly  
their dance...their rhythm...their movement...  
everything gestures truth  
so body is a great blessing

hmmm ?  
and you are not new at all !  
nobody is new here  
in a way it is good that you are new  
because there is dracula looking for new blood  
be careful at night when you go to sleep  
dracula knows new blood has come  
all the draculas will come to suck the fresh blood

do not let anybody bite you tonight !  
you see samadhi is in front of you ?  
he is very happy...his ears opened...his eyes opened...dracula ?  
all vampires...be careful...  
we are a secret vampire circle  
it is a very secret cult  
you got warned !!  
i am count dracula  
that is why i do not come out in the day !!

hello again !  
i remember you very well  
poor guy came to see us in moscow  
he is dancing...dancing  
i said just dance...peak...stop...still...  
come down and you will be okay  
poor guy is dancing dancing dancing  
nothing...no stop...no peak...nothing

he said to me after two days i do not know what i am doing here  
he just asked me what am i doing here ?  
i looked around  
i said...yes what am i doing here ? i also do not know  
i never forgot him since that day  
i thought now he will be running away tomorrow  
but he did not go anywhere  
he said okay...there is no reason to be here so let us be here  
now that is perfectly good reason to be here  
so welcome once again...for no reason

**question** *i feel like i did not see you for a few years...  
during this period i tasted different kinds of drugs...many different emotions  
arise...i got something like a distraction from my emotions...disattachment  
from the emotions...a quality that i can watch these emotions  
so the question is the following...it is told that it is harmful to take drugs  
everywhere we get fear that it is prohibited...it is harmful and things like that  
but in my case i do not have bad experiences with drugs  
i would like to understand what are these experiences...*

i am in favour of drugs  
i am not against drugs at all  
it is nothing but a chemical you are introducing into the body...  
to have another kind of experience  
there is nothing harmful in the drug  
it is giving you an altered state...another window...  
so you see the same world in a different way  
your body has all these chemicals within it  
even things like heroin are within the body in various endorphins  
whenever you come to a deep relaxation  
many different drugs are released within the body to relax you deeper  
drugs are not necessarily harmful

for example  
alcohol is permitted by the governments  
but alcohol is harmful...definitely !  
they are allowing you to drink any amount of alcohol  
you are putting fire into the body to rush the blood...  
so that you are feeling high

when you drink any spirit or alcohol  
it is entering your bloodstream  
it makes your blood rush faster and faster  
your heartbeat goes faster and you feel like superman  
you are tiring the blood so you drink more alcohol  
the next day you are getting so tired...it is called a hangover  
a hangover is nothing but the blood getting tired  
of running faster than normal  
next day you feel tired because the blood was rushing  
faster and faster...you understand ?

drugs are not as dangerous as the drug of ego and power  
people in position of power are also releasing a certain adrenalin...  
a certain high...  
the power trip releases a certain chemical in their bodies  
if you go to a boxing match the boxer is releasing  
many toxins into the body...such a high !

poor person who is taking a drug  
is only harming the body a little and relaxing  
and any drug that relaxes you allows you to have an experience  
the whole path of meditation is relaxing  
and the way the society is today  
those who are not taking drugs are idiots !  
only intelligent people are taking drugs  
because they find no meaning to what they are doing



nothing wrong in drugs at all  
your whole body is a drug  
all chemicals are within the body  
induce it correctly and try to remove the toxic effects  
use it as an experience and a window and a glimpse  
perfectly okay

a meditator can use drugs very effectively  
anything that takes you out of the mind...  
and gives you a little window...a new kind of perception...  
is always valuable  
at least you are thinking out of the box !  
no harm as long as it does not become addictive  
in that sense i am not against drugs

ego is a drug  
power is a drug  
anger is a drug  
and they blind you and they harm others  
that is worse  
a politician on his power trip...  
subdues the world...dominates others  
now you are not harming yourself...  
but you are harming other people !!

drug addicts never harm others  
i have found them to be very humble people  
they just want their little dose and fall out of the mind  
you have to be intelligent  
because the world is very boring and monotonous  
it has no future...until you find the path inward

this body mind has no future but the grave  
and the intelligent person straightaway understands...  
same brushing the teeth...same going to the toilet...  
same wearing the clothes and same wife...  
how much different can this world get ?

you are an intelligent person  
enjoy the drug  
i am very happy !  
you are becoming intelligent  
but use it very consciously...  
prepare yourself for that experience...  
keep your body healthy...eat the correct food  
so that the toxins are removed  
gain the experience...flush the toxin...be healthy

prepare yourself for that experience and enjoy totally  
create the right atmosphere...  
then you will not become addicted...  
then you have created a device for that experience  
the moment you take a drug consciously...with a certain inner reason...  
you can become very intelligent  
do not take it mechanically  
use it like a deep spiritual experience and a meditation  
then you will respect it  
you can respect even poison and drink it correctly  
nothing is harmful

unconsciousness can harm you in a million ways  
any kind of thing that you are putting into the body consciously cannot harm you  
because you are watching the experience  
you will learn something out of that experience  
and you will become a much more colourful being

create the right atmosphere and enjoy it a deeply  
better than smoking a stupid cigarette  
certain drugs heighten your consciousness...they make you alert  
certain are depressant...certain are awaking  
so try those that are awakening  
if you feel depressed when you take a particular drug  
it is not working for you

take a drug that induces a sense of euphoria..  
a sense of well being...a certain calm...a deep relaxation  
then it is good for your body to tune into it  
use it intelligently  
use everything intelligently  
that is what i am saying

i am not taking any drugs  
but i understand and realize the reason for its appeal  
when i had my first samadhi i suddenly realised...  
that such drugs are being released in the body  
and i realized that my experiences were the same  
as the ones i read about in books  
but with no after effects !  
and these experiences did not shut down  
they opened and became more colourful  
more psychedelic...deeper rooted in its reality

the world is a psychedelic drug experience  
when you will die you will know...  
the greatest psychedelic explosion of drugs in the body  
and there is a reason...  
you are dying...your soul needs to leave the body  
so the body will start releasing so many drugs into you...  
so that you relax and the soul can be removed  
when i had my experience of samadhi...this is what i realised  
i was getting so drunk...  
my eyes were getting so heavy  
such deep ecstasy i could not even have imagined  
i have to use the word ecstasy for this particular reason  
the word bliss is so far away  
the whole body was dancing like molecules in explosion of light  
that was a state of samadhi...

i realised later on that samadhi was just a cover up  
it was just a way of the body to put me to sleep  
the state of samadhi is not the ultimate state  
it is the state before  
then existence pulls you out of the body  
and that is going to be painful

awareness is beyond samadhi  
knowing is far above samadhi  
samadhi is way below the state of awakening  
and in awakening...there is no bliss...  
it is simply a shock  
before they shock you...they give you some drugs in the body  
that body drug is called samadhi  
such bliss...heaven...bliss...bliss...bliss...  
and then they cut your head off

you will laugh the day you become enlightened  
you will be in such a heavenly state of paradise...  
this is what bhagwan was speaking about  
you cannot utter a word...you are just in a deep trance  
your whole body is flowing like honey  
and then it comes...  
and you are dead !!

you see the value of the drug ?  
what i am indicating to you is that some soft natural drugs  
may be good for the body mind and relaxation  
but you cannot attain to consciousness  
remember that carefully !  
you can attain to a deep bodily relaxed state  
a few windows may open to give you a glimpse of outer body experiences  
but very few...very small windows...  
do not think that this is the real thing

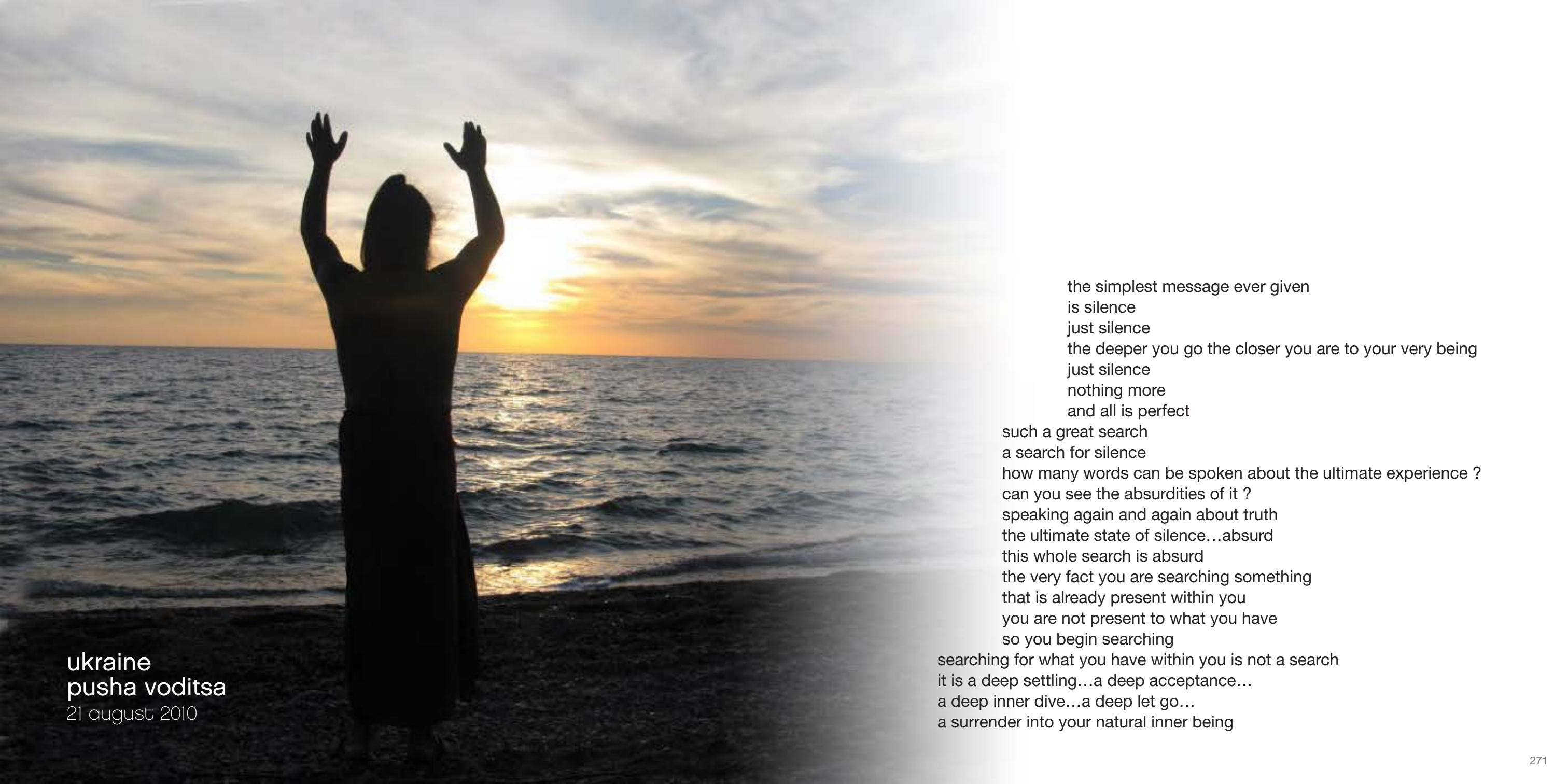


all these people like aldous huxley...  
they thought that they had found nirvana  
he thought he found nirvana because of these drugs  
that is where he missed...  
they got addicted to drugs

do not think it is the real  
with the drugs within your body you may have a small glimpse  
a tiny window  
it is worth but do not think it is the sky  
drugs are bodymind  
everything to do with drugs is bodymind  
nomind is beyond any drug  
it is the source of life...  
it is not asleep but totally awake and alert  
do not forget the second part of it

we are searching higher states of consciousness  
for meditation you need a healthy and clean body  
your body is your temple  
keep it clean and detoxified  
hmmm ?





ukraine  
pusha voditsa  
21 august 2010

the simplest message ever given  
is silence  
just silence  
the deeper you go the closer you are to your very being  
just silence  
nothing more  
and all is perfect

such a great search  
a search for silence  
how many words can be spoken about the ultimate experience ?  
can you see the absurdities of it ?  
speaking again and again about truth  
the ultimate state of silence...absurd  
this whole search is absurd  
the very fact you are searching something  
that is already present within you  
you are not present to what you have  
so you begin searching

searching for what you have within you is not a search  
it is a deep settling...a deep acceptance...  
a deep inner dive...a deep let go...  
a surrender into your natural inner being

all search is moving...becoming...doing...  
searching is moving away  
it is so easy to move away  
because mind wants movement  
mind wants to search anything  
it may be material...it may be power...it may be money...  
it may be truth...it may be enlightenment...  
it is the same movement of mind  
this whole search for truth is utterly ridiculous  
it indicates that you do not trust your inner being  
that you have not listened deeply to your inner silence  
that you have not drowned into what you already carry within you


first understand this fundamental key  
all search is of the mind  
how can you search what you do not know  
it is not objective...it is not a commodity...  
something that you can get and find  
you can find everything but truth is not a finding either  
there is nothing to find  
there is something to be dissolved into  
that is the beauty of the word being  
not desiring...not dreaming...not doing...  
just be...in no movement  
utter acceptance of the treasure deep within you  
find ways to dive deeper and deeper into this still moment  
the moment you understand this you stop running outside  
you stop pulling yourself out  
and something within you...deep within you...understands  
whatsoever the search is...  
whatsoever i am looking for is so deep within me  
that everything and anything that i will do will take me away  
it is not just a thought

your whole inner being has to absorb this message  
your whole inner being has to drop this conflict  
this inner struggle that i have to attain something  
all attainment is of the world  
you have been trained to attain and to do and to achieve  
you are not to achieve anything  
you are not to improve anything  
the moment you feel i need to improve myself  
you are denying yourself  
you are dividing yourself  
you are creating guilt  
that this is not right...i need to improve  
this is not right...i need to change  
i am not perfect...i need to become  
i am not enough...i need to prove

all this starts creating a division within you  
what you are and what you wish to be  
and this wish is not yours  
it is others projection what they wish you to be  
that you are not right...  
you are not perfect...  
you need to improve your life...  
you need to change...  
you have to become better...  
you do not deserve anything

these are the voices that surround our heads  
totally not accepting ourselves for whatsoever we are  
this division becomes the judge within you  
this division becomes the guilt within you and you are divided  
this division becomes an inner struggle...  
an inner fight...an inner conflict  
so you have no energy left to celebrate





all you need to do is live your life  
be yourself...whatsoever you may be  
you just be yourself  
fall deeper and deeper and deeper into your natural self  
and you will see that it leads you to a wholeness within you  
and it allows you to accept yourself the way you are  
how you can begin the inner search  
when you are divided ?  
who is searching for truth ?  
the one that is right or the one that is wrong ?  
who is searching ?  
there will always be people to judge you  
they tell you...improve yourself...  
become better...change...  
they are the spiritual egoists

this spiritual ego is far worse than a normal human being  
a normal human being is just normal  
he makes mistakes  
he is simply living his life totally according to his inner nature  
living your nature totally deeper and deeper and deeper  
with no guilt...no division...no judging yourself  
with a total inner acceptance...that this is the way you are  
and suddenly you will feel...  
such a beauty radiating from within you  
even your ugliness will start radiating a certain beauty  
everything is beautiful when it is totally accepted  
with no division

first thing...do not become your own enemy  
the whole art of transformation is living totally energetically your nature  
because that is the way you are  
living your nature deeper and deeper and deeper  
whatsoever your dreams are...your desires...your wants...your doings...  
you will feel a certain inner completion

it may not have happened  
but once you accept...an inner completion will be felt by you  
that you have not attained but there is no struggle  
you do not feel that you are worthless because you have not attained  
the moment you create an attainment and achievement as a goal  
and you do not achieve it...  
you have created the division  
you cannot end your goals...  
dreams are endless...you cannot achieve them all...  
but if you understand what i am saying to you  
you will feel you are not here to prove to anybody that you are worth breathing  
you are not here to prove to others your value and your worth  
you are alive...

if you did not achieve...no problem...you are enough unto yourself  
the seeker of truth is a warrior  
he accepts himself perfectly the way he is  
and i am saying this again and again because this is just the way it is  
this is the truth  
once you are not divided anymore...your energy aligns to you...  
and this helps you climb higher and higher...  
not fragmented into parts  
this energy peaks within you  
and you experience the ultimate peak  
because you have so much abundant energy...  
not dividing and fighting inside you  
the other part is a deep relaxation and acceptance of your being  
relaxation allows you to settle  
the pulse of life...settle it...  
another pulse...settle it...  
you are settling into the roots  
your roots become deeper and deeper and deeper  
when your root come to its very final bottom they start flowering



allow life to settle into the roots  
all that you are doing outside you...  
is always to prove...dream...desire...think...do...  
you do not need to do so much  
do what is necessary  
and the rest of the time just do nothing at all

you are so trained to work like a robot in a factory  
time is short...you have achieve so many things...  
keep doing something...keep doing something...keep working...  
gain something material...gain something spiritual...  
do some meditation...do something...  
because without doing what sense of achievement can you have ?  
this sense of achievement has been forced into you  
it has been forced by your education...your parents...the society  
they force the person to achieve...  
so that you can achieve for them to build roads and railway stations  
you are just a number...a robot in their factory


you are not here to achieve anything  
but society is very clever...  
give him some reward...  
try dollars...euros...money...  
house...car...power...prestige...  
make him the president !  
achievers...  
all getting some reward  
this is the lure...the trap  
achieve and we will fulfill your dreams and give you a reward

and where are all these rewards going to go ?  
you can enjoy these so called rewards for twenty thirty years...  
then you can die miserable  
because where is your future after you leave the body ?

meditation is not any form of achievement  
it is dropping out of this vicious circle...  
of trying to become somebody and achieving something  
find the perfect moment within you...  
in the deepest silence...  
in the deepest celebration...  
and if you can taste that inner achievement  
then you have understood that life is a goal within itself  
living life vertically...totally living life itself...is the answer

how to intensify every act...every gesture...every movement ?  
how to squeeze life in its totality ?  
how to breath deep into your being ?  
how to relax deep into your presence ?  
how to peak high into the sky ?  
for this you do not need to achieve anything  
live life totally  
create a flame of life so total in you...  
that you know you have arrived to the very peaks of consciousness  
it is a very simple understanding and a very simple phenomenon  
and each arrival needs understanding and time to settle  
that is why meditation needs some time  
experiences need to settle...  
settle deeper and deeper...  
and the deeper you will settle  
you will grow higher and taller and vaster

like i was saying today...  
the deeper you will go into the roots...  
the higher you will climb naturally into the sky  
the tree is not climbing...it is settling into the earth  
and naturally there is going to be an equal and opposite force  
push into the earth...  
and the equal but opposite force will be the result



the tree does not struggle...  
it simply relaxes in the spring  
and the rain comes and the air becomes fragrant  
the overflowing energy turns into flowers and fruits and fragrance  
it is so utterly naturally settled into being  
just taste what i am saying  
if you understand it...just drink this silently  
it is a taste of utter acceptance of yourself

please do not try to do anything additional  
whatsoever you will do  
you will be working with the branches  
you cut one leaf...this branch you do not like...  
this twig is a little bit bent...that leaf is getting yellow...  
this one is too big...that one is a bit small...  
some leaf is going to get brown...some is going to die...  
what can we do ?  
that is not the source of life  
the source is so deep within...  
the source is creating so many different forms and leaves  
the mother of being is not complaining  
existence is not complaining

we are looking at each other  
because we have been taught to achieve...judge...and condemn  
and that is the way people are fighting in the world  
they are teaching you how to fight with others  
slowly you start fighting within yourself  
the moment you start judging others and comparing with others  
that same quality comes within you  
you start judging yourself and comparing with others...  
it is bound to happen  
you will be filled with that same poison

it is so beautiful to see so many different people  
and everybody has the right to be the way they want to be  
just accept that everybody is so beautifully unique  
i am not just saying it...  
i just find the beauty in every person so unique...so colourful...  
just imagine a thousand people exactly the same  
just imagine a thousand nishkams singing the same song  
you will die !

when nishkam met me for the first time he asked me  
i have to achieve these goals  
how do i achieve my goals ?  
i have to get this job...i must do this job...i must get it...  
he had very penetrating questions  
i need to achieve this...i have to attain  
all these futures...what do i do about it ?

he asked me in moscow  
i said...listen i have achieved nothing...i am a loser  
if you want me to reply you how to lose your job...very easy for me !  
i can show you all the ways to lose your job  
i myself have no job  
but i can find you ways to lose all your jobs  
perhaps that can become a new qualification...  
you become an utter loser...like me !

and utter losers have a great value today  
so few people in the world are utter losers  
very few people are utter losers and totally accepting...yes i am a loser  
even the loser is not accepting...he is afraid of the word loser...  
he feels guilty about it...i am celebrating it  
i am a loser  
job...no job...i cannot even find a job anymore !  
an utter loser and totally content  
i do not want to be good for anything in this world



so i said if you can become utter loser...  
with no complaint  
accept that quality as one of the greatest treasures  
the world needs all kinds of people  
just imagine ten losers who are good for nothing  
they will be very interesting people...really juicy people !  
there is no anxiety anymore...  
they have no tension...  
they are not worried what society will say...  
they are not worried what their friends will say...  
they are not worried about what their parents will say...  
they will just rest and say...i am totally useless  
i am not going to improve myself for anyone  
what to do ?  
i am made like this

if you can achieve that...  
total acceptance that you are good for nothing  
perhaps you might find a new career  
that is what i told nishkam  
new job...i gave him that option  
now i heard he has started singing instead !!  
give up singing  
do not even try to sing  
do not do anything  
singing is too difficult...  
you have to achieve a great voice...  
just become a loser

he has started singing  
now he has a singing career !  
but i have heard him singing when i was in bed...oohhh noooo !!  
*(everybody laughs)*  
i told him...do not do anything  
achieve nothing...no career...now what to do

he is so beautiful  
he is so totally different this man  
he came all the way to india  
no job...no work...no future...  
now he has come here  
you see !  
yes nishkam...welcome

life has so many possibilities  
just imagine what i am saying  
seven billion people on this planet  
do you not think that at least a thousand losers are needed ?  
just imagine what can spring out of their inner being...  
just doing nothing...eating and sleeping...eating and sleeping...  
no dream...no desire...just eating and sleeping...  
where is all that energy going to go ?  
it is going to gather and gather  
nice and comfortable...sleep and eat  
no worry no tension nothing  
his skin will start glowing like light  
so much energy is going to radiate out of his inner being  
and it will start flowing into the body naturally

this is the whole secret of meditation  
eat...sleep...relax...  
eat...sleep...relax...  
eat...sleep...relax...  
once in a while shake a little bit  
you will be so filled with energy  
and then suddenly one time you explode  
peak and just stop...  
and go to sleep



the meditator is a hibernator...  
a deep sleeper  
people usually fall asleep when i am talking  
i am a very boring person  
if you listen to me one month  
the same old buzz...buzzzzzzz...  
i have nothing else to say !  
i am not osho  
he spoke six hundred books to keep you awake  
i am not going to make so much effort like him  
i am not a master achieving any mastery  
i am just a stupid disciple enjoying...  
just gossiping with my friends  
i repeat the same words  
this way...that way...this way...that way...

i am saying everyday the same thing...  
what else i am going to say ?  
i am trying from this way...from that way...  
nothing new you will hear from me...  
i never did anything interesting in my life  
i just went into the same old stillness...stillness...stillness...stillness...  
it was so beautiful  
what was the need to do anything else ?

when you drill a well drill one well  
i keep telling...why sannyasins have missed the truth ?  
when you drill one well...drill in the same spot...  
you find one spot  
for example...kundalini meditation  
drill...drill...drill...drill...drill...drill...drill...  
just one meditation...  
soon the mind will get tired...so boring

you try another meditation...you drill ten metres...  
and you go to another hole...you start digging there...  
you find no oil...  
you say no...maybe sufi whirling is better...  
bhagwan said dynamic...try dynamic...  
all meditations have not worked  
i drill but there is no oil  
you try some groups...some therapies  
nothing is working...tantra may work...  
find a girlfriend...find another girlfriend...  
girlfriend not working ?  
get a bottle of wine drink it...

this is what is happening in the resort  
they have done all the meditation methods...  
they gave up  
then they started doing all the groups...  
they gave up  
then they started doing all the therapies...  
they gave up  
then all the new kinds of girlfriends...all the tantra groups...  
they gave up  
now they are hitting the bottle  
they are all drinking wine

this is a logical way ! from spirit to spirit !!  
you have to hit the bottle in the end  
the spirit is in the bottle !  
the tenth bull is a bottle of wine !!  
yes it is...remember ?  
the tenth bull is a bottle of wine  
you know the ten bulls ?  
that is what the management of the resort is doing  
drinking one bottle of wine...they have found the truth !

when you find one meditation...just drill  
keep going deeper ...  
keep it a constant factor...  
something in your life on the path must be constant  
if witnessing and the presence can be constant  
then at least be a witness  
in my life vipassana was constant  
everything happened  
but my inner watchfulness of movement never failed  
just one hole...keep drilling...drilling...drilling...  
and you will find the bottom  
you will find the oil...

when you do too many types of meditations it destroys you  
because you find nothing in the different meditations  
you give up meditation  
you have found nothing...you do not continue on the path  
because everything is bitter now  
for all osho disciples the path has become sour...bitter  
complaining...judging...jealous  
the grapes are sour  
they have become bitter  
that is the worst

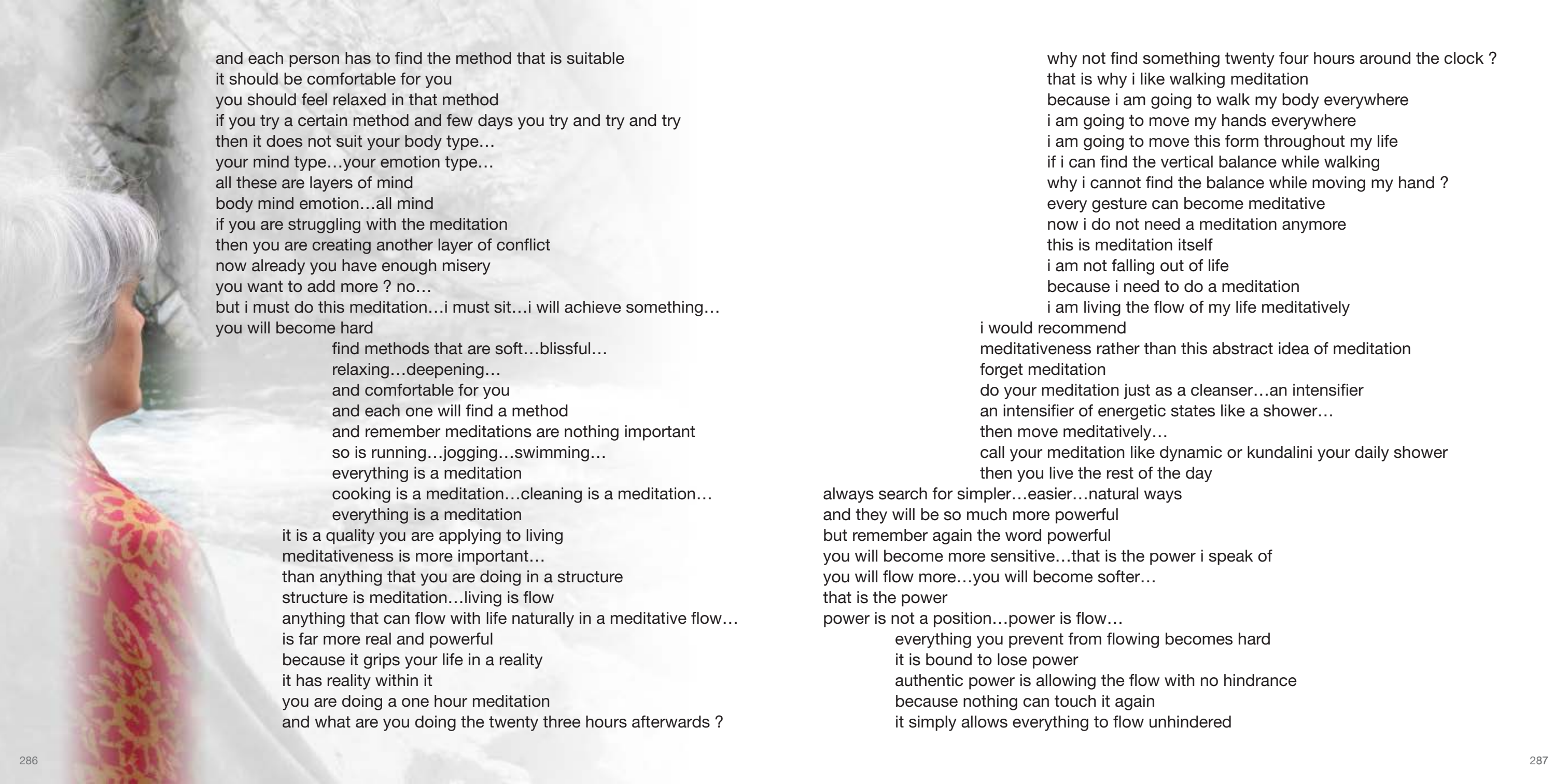
you will become bitter if you try too many methods  
remain sincere with any one method  
and find the totality within that method  
the moment you find totality within any single method...  
the method falls away...and you understand totality !  
the method was just to teach you totality  
every method given by osho is condensed into a certain time frame  
because you cannot be total twenty four hours  
but one hour you can be total

so when you are total in any single method...the method disappears  
what is left in your hand is the experience of totality...  
so you do not need the method anymore !  
you have attained to the method and you dropped it  
you do not need meditation  
your very lifestyle becomes a way of living totally in every gesture  
then the meditation has helped you  
otherwise the meditation will become a handicap  
you start depending on it  
and you can depend on a master...a guru...a teacher...a method...  
all dependence means you are not yourself  
you need the other to be total  
you have to understand this  
that you do not need the other to be total  
and you become free of all outer forms

the master is the last outer form  
there is no difference between a meditation device and a master  
it is easy to fall out of the meditation device  
but to fall out of a master ?  
impossible !  
you have to learn and understand that you are searching your inner being  
and all outer is a symbol to bring you to yourself  
do you understand what i am saying ?

understand the meditation methods more deeply  
i always say that you need to be scientific  
a mystic is not an idiot  
if you are going on the path of mysticism...  
you have to be a genius  
you have to have a certain sense of alertness...a deep sensitivity...  
a sensitive way of questioning...what am i doing ?  
where will this lead ?  
dig deeply into the method





and each person has to find the method that is suitable  
it should be comfortable for you  
you should feel relaxed in that method  
if you try a certain method and few days you try and try and try  
then it does not suit your body type...  
your mind type...your emotion type...  
all these are layers of mind  
body mind emotion...all mind  
if you are struggling with the meditation  
then you are creating another layer of conflict  
now already you have enough misery  
you want to add more ? no...  
but i must do this meditation...i must sit...i will achieve something...  
you will become hard

find methods that are soft...blissful...  
relaxing...deepening...  
and comfortable for you  
and each one will find a method  
and remember meditations are nothing important  
so is running...jogging...swimming...  
everything is a meditation  
cooking is a meditation...cleaning is a meditation...  
everything is a meditation

it is a quality you are applying to living  
meditativeness is more important...  
than anything that you are doing in a structure  
structure is meditation...living is flow  
anything that can flow with life naturally in a meditative flow...  
is far more real and powerful  
because it grips your life in a reality  
it has reality within it  
you are doing a one hour meditation  
and what are you doing the twenty three hours afterwards ?

why not find something twenty four hours around the clock ?  
that is why i like walking meditation  
because i am going to walk my body everywhere  
i am going to move my hands everywhere  
i am going to move this form throughout my life  
if i can find the vertical balance while walking  
why i cannot find the balance while moving my hand ?  
every gesture can become meditative  
now i do not need a meditation anymore  
this is meditation itself  
i am not falling out of life  
because i need to do a meditation  
i am living the flow of my life meditatively

i would recommend  
meditativeness rather than this abstract idea of meditation  
forget meditation  
do your meditation just as a cleanser...an intensifier  
an intensifier of energetic states like a shower...  
then move meditatively...  
call your meditation like dynamic or kundalini your daily shower  
then you live the rest of the day

always search for simpler...easier...natural ways  
and they will be so much more powerful  
but remember again the word powerful  
you will become more sensitive...that is the power i speak of  
you will flow more...you will become softer...  
that is the power

power is not a position...power is flow...

everything you prevent from flowing becomes hard  
it is bound to lose power  
authentic power is allowing the flow with no hindrance  
because nothing can touch it again  
it simply allows everything to flow unhindered



this is the mistake of people in power  
they think power is the thought that they can obstruct somebody  
they can...but they are creating a wall  
nature does not like walls  
you obstruct one...you obstruct another...you keep obstructing...  
you are creating a great wall of china  
now to maintain that power of obstruction you need more power  
then you need to keep guards at every point...  
and then you need more power to see that those guards behave  
power is being distributed all over the world just to maintain the obstruction

real power does not create walls  
it is so powerful  
it says welcome everybody i do not create walls  
i have no energy because i am above it all  
anybody who knows he has ultimate power is not afraid of anybody  
what is the fear ?  
that is why i say softness is power  
invisible power is what the mystic attains to  
this power is so invisible  
that nothing can prevent him from reaching anywhere he wants  
because neither he obstructs neither he understands obstruction  
he does not create any obstruction...  
whosoever he will meet there will be no wall  
it is simply flowing through and through...  
and this is the real mystery...  
what osho calls love...the power of love...  
invisible...silent...never obstructing...soft...silent...present...

when you will fall into that state and attain to your inner being...  
you will understand how truth can be transmitted  
it is very silent...so invisible...  
you do not know the secret  
it is unimaginable...unimaginable !

**question** *what does it mean to take sannyas ?  
what is the meaning of this process taking sannyas ?*

madness !  
just falling out of the mind  
everything is making sense...  
do not make any sense out of this  
just dive into the unknown  
do not make any sense out of sannyas  
it is senseless madness  
then the pull will come  
you will not know why...what is the reason...  
you just want to die  
it is so overwhelming  
the moth is flying...the candle is burning  
it knows it is going to die but the light is so pulling  
and the moth is dancing around the light  
and the flame is burning  
the moth goes into the flame...burns and dies  
sheer madness !  
absolute death !  
insanity !  
that is the real explanation

the moth and the flame !  
this is the word osho was saying once  
that the word mauth in hindi is like moth  
mauth means death...moth and mauth...  
the moth is searching for death

just die !  
no need understand what is going to happen  
be mad  
not enough mad people in this world

if nothing happens it does not matter  
you enjoy a moment of madness  
but at least you did it !  
you had the courage...  
you leaped into the flame  
burn and see if you are consumed or you are still present  
at least you will pass through the fire  
something is bound to transmutate within you  
you can never be the same  
never !!

**questioner** *you said you could not be the same person after sannyas  
in any way ? the person would not be the same without sannyas ?*

impossible ?  
it never happened !  
you have to jump and do not make logic out of it...why it happened  
you know the body...you know the mind...  
but you do not know death  
if you know death you do not need sannyas  
just knowing that death does not exist you know your eternity  
then you are sannyas itself...  
the deathless in you...that which will remain is sannyas

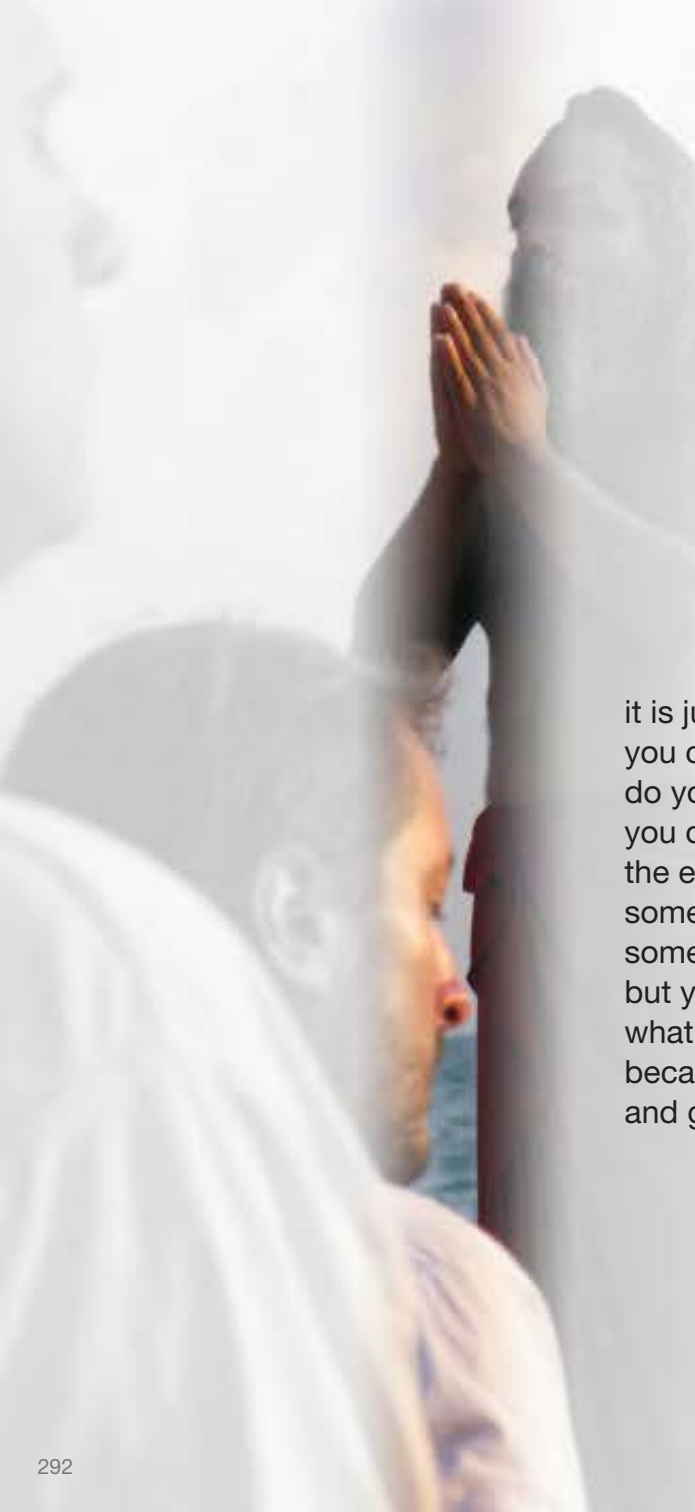
if you know death  
you will laugh...there is no death  
knowing that you are deathless  
knowing that nothing can kill you  
it is the truth  
let us look at the truth...  
omnipotent...omnipresent...omniscient  
all powerful !  
it is so powerful

what is the power of truth ?  
it is invisible...no taste...no touch...no sound...no smell...  
it is present everywhere...  
it knows all...  
look at the qualities of truth...  
something is present everywhere and yet it is invisible

how are we seeing objects ?  
all we need is light  
light falls onto some something and you will see the object  
just remove the lights...remove the sun...remove the moon...  
remove all sources of light...  
and you will see no objects anymore  
how will the object appear  
when there is no light to show you the object ?

leaving things in the absolute void of darkness...  
that which is material will start to disintegrate  
it will start falling apart because light is needed to create its reality  
light is matter...a certain vibration of matter that creates light  
light touching any object shows you the object  
shows you that within the object is hidden the subjectivity  
something invisible in the visible

it is present everywhere but it is invisible  
nothing can destroy it...nothing can create it...  
if you can create something...  
certainly you can destroy it  
and the creator needs to be there to create it in the first place  
who made the creator ?  
something has been present in the existence before  
and was always there before  
if you see creation to be material  
then you have not understood the source of creation



the absence of matter is creation itself  
unmanifest in matter...  
that is the black hole...  
the black hole has always been present...  
with no object...  
it can enter any object...  
it does not enter...  
it is the very subjectivity of matter  
to see the black hole in substance  
you put the light  
and you are seeing the outer sense of bodiness  
the inner sense is emptiness  
all objects are infused...merged...  
with a flowing power of the black hole

it is just like feathers  
you cannot feel it  
do you feel the gravity on you ?  
you do not feel the gravity  
the earth is spinning and moving around  
sometimes you are on top of the earth  
sometimes you are on the bottom of the earth  
but you do not fall of the earth somehow  
what is keeping you sticking to the earth ?  
because the earth is turning around  
and gravity is pulling you to the very centre

but you do not feel the gravity on the body  
you can go to the moon...  
and suddenly you will realise  
that there was gravity on earth  
what will happen to you on the moon ?  
your body will start floating...

you take an apple and it starts flying away...  
you will just push with the little finger and it starts floating around  
there is no gravity  
same way you cannot feel the weightless presence...  
of this black hole that surrounds us  
it has always been present  
but you cannot see it because it is the inner sense of everything

it is so dark and black...  
it is an invisible presence...  
you cannot destroy it...  
because it was never created in the first place...  
it was always present...  
it knows all...  
because it is within everything that lives  
it knows the rocks and the trees and the plants  
and the animals and the ocean  
because it is present within everything that is living

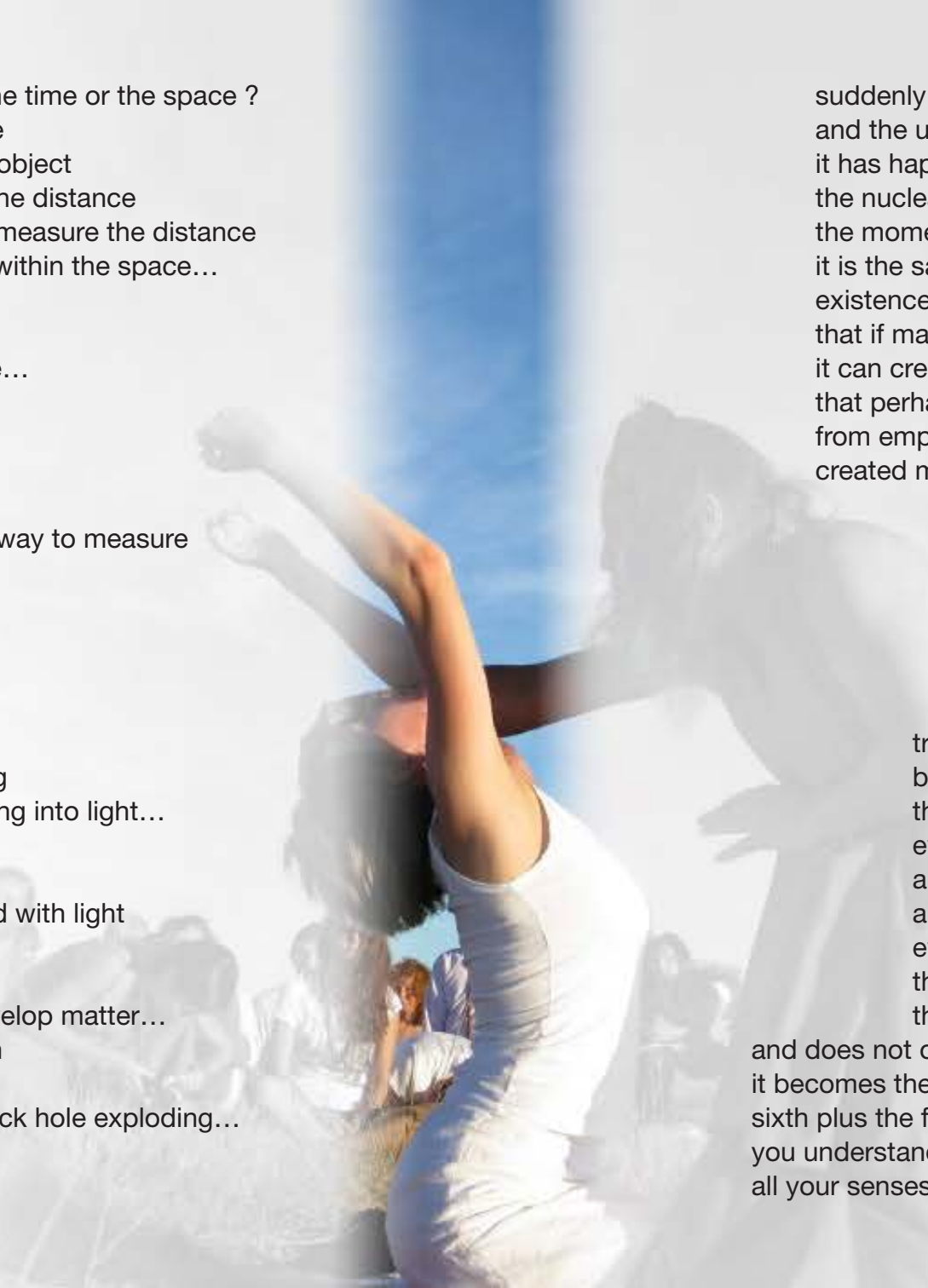
this force of life...of emptiness...  
is the very inner of the outer object that you are seeing  
it is all powerful because we cannot kill it  
your inner being in a condensed way is your very centre of life  
what we call the hara  
and it is far more condensed than normal energy  
the hara in a human being is not the normal black hole floating in existence  
it is a more mature form...a more dense form

that point within your body...that is the black hole...the hara  
when you go into meditation you fall into the dark night of the soul  
you are falling...falling...falling...falling...falling...  
and suddenly you fall into this black space...  
you are lost in the unknown...  
there is no matter there...



where you can sense the difference or the time or the space ?  
there is no time...no space...no distance  
to measure distance you need a certain object  
you need light...something to measure the distance  
you need two objects and now you can measure the distance  
when there is no objectivity within the space...  
it can be one millimetre...  
it can be a thousand miles...  
there is no sense of distance...  
there is no time...  
for time you need to measure movement  
anything changing in time  
time needs a certain movement to measure  
there is no sense of time because there is no way to measure  
there is no space...no light to gauge...  
it is a very strange phenomenon  
when you fall into it you do not know the size of it...  
you do not know how big it is...  
but it is as vast as the universe  
because the black hole has no boundary either  
the moment you fall into this black hole it is shocking  
everything around you...outside you...starts exploding into light...  
you see all forms of light  
because now you have fallen into such a dark space  
that even the darkness around you has become filled with light  
that is why it is called the black hole  
no light can enter in it...it is perfectly dark...  
if any light enters soon it will develop matter...  
and the whole world will come in  
perhaps that is the big bang  
the big bang is nothing but a black hole exploding...  
emptiness exploding...  
it creates matter

suddenly matter enters into this life source  
and the universe is created  
it has happened in the nuclear bomb  
the nuclear bomb is nothing but separating the electron and the proton  
the moment you separate electron and proton the nucleus explodes  
it is the same in existence  
existence has so many floating black holes  
that if many black holes gather  
it can create enough force to explode one black hole  
that perhaps is the way the origins of life came  
from emptiness and explosion and the light filtered in...  
created matter...and here we are  
it is very difficult to explain this  
but i can understand the inner experience of this  
all that i am speaking is from the view of the mystical  
i know what i am speaking from the inner  
i have died  
i have gone into the black hole  
i have seen the universe in a totally different light  
trying to translate it into the world is a little complex  
but it is not a complicated experience  
the moment you will fall in the black hole  
everything will be light  
and in such a dimension that it cannot be explained  
all the senses that you are using are so small and isolated  
even the sixth sense within the body is far more intricate  
than the first five senses  
the sixth sense combines all the five senses  
and does not only become the sixth sense  
it becomes the sixth plus the fifth...  
sixth plus the fourth...sixth plus the third...  
you understand ?  
all your senses become multiplied...multidimensional



what happens in the seventh sense is unexplainable  
rather it is so mysterious that you are simply baffled  
whatsoever you think is light today is dark  
and whatsoever you think is dark is light  
everything is opposite...  
this indicates that the absence surrounding you is life  
and the life that you think you are seeing is death...strange !  
that what you think is living is actually dead  
what you do not see as living...the invisible...is your life

you ignore life for death  
you ignored the emptiness  
and you are attached to what you see as form  
this is the illusion !  
just think of yourself in reverse  
what you do not see is you...what you see is not you...  
and that is perfectly true...  
the life around you is settling into the form  
the moment it settles it becomes body  
it settles more...it becomes bone  
the bones are the deadest part of you  
you are more living outside the body than within the body  
just look reverse !  
your skin is nothing but empty dead past cells  
and you keep decorating it and polishing it  
that this is me...it is not you !  
it is what has died  
it is the past in you  
it is not you !

too much confusion...  
okay i will not speak more today  
is it late ?  
too much talk...



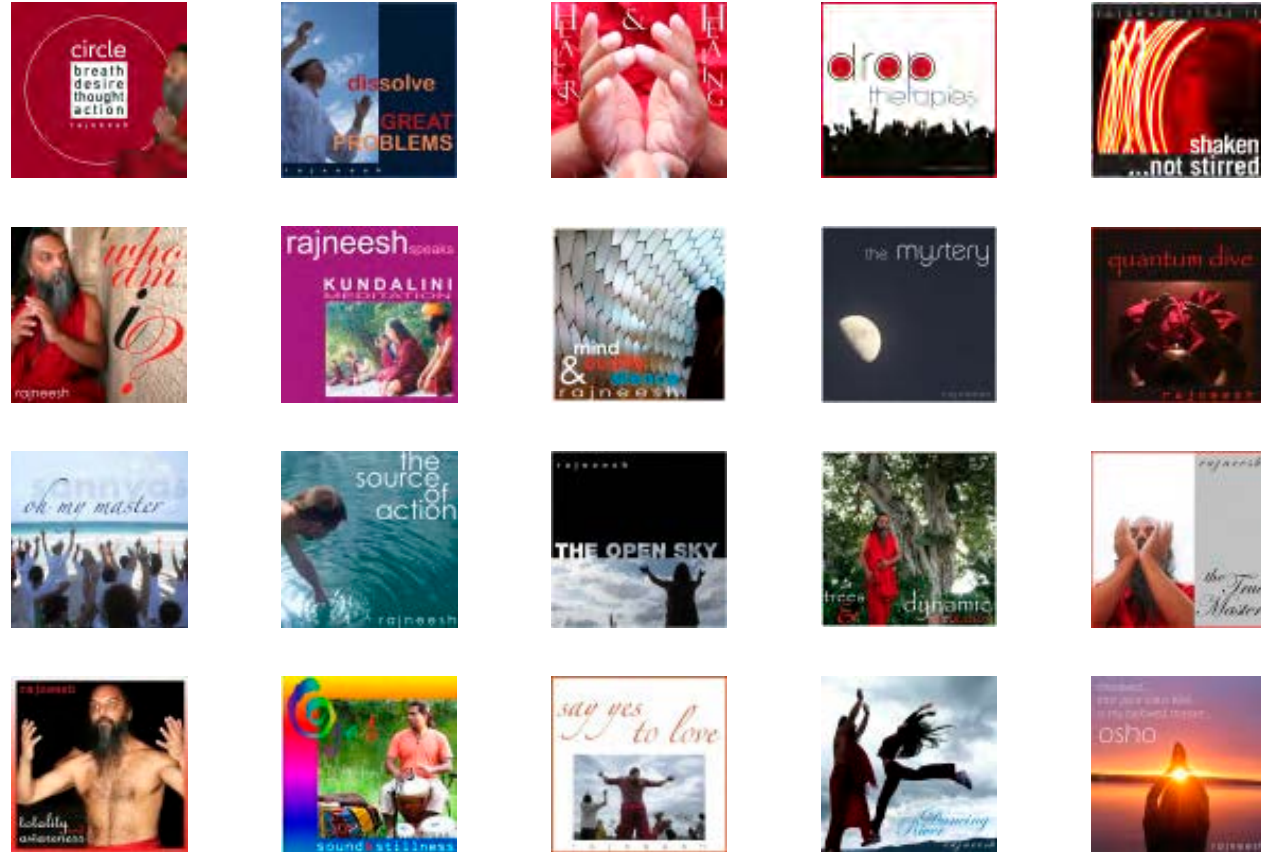


transcription dhyanraj  
photography min  
design soma

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